

# The Life Energy Development Weekly

(Published in concurrence with The Viet LED Weekly 236, on 09 January 2000)

*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation.*

## Preface

### How deeply touched we are!

How deeply touched we are  
By these words of truth that bring joy and harmony,  
With a sincere heart we receive the gift of Love,  
The gift of supreme Truth and Wisdom,  
Let's advance together as we cultivate our spiritual  
consciousness,  
In each community, the spiritual mind opens up,  
Deepening true Love and moral virtue,  
In close union with the universe,  
The true consciousness awakens and achieves  
enlightenment,  
With spiritual practice, we constantly widen the  
Path,  
With an awakened consciousness, we turn within  
for spiritual cultivation.

## Open Letter

### Spiritual Development

We develop the spiritual way to open up our mind,  
Working together, we build the spiritual foundation,  
Our consciousness awakens with the celestial  
transformations,  
Understanding the terrestrial world, we seek  
awakening and wisdom.

**Luong Vi Kien**

## Baby Tam Talking To You from November 7, 1999 to November 12, 1999

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

### **Questions:**

- 1) *What do a righteous government and faith mean?*
- 2) *How can our faith relate to The Lord and The Buddha?*
- 3) *Is there any benefit for a spiritual adept to hold to his ego?*
- 4) *Why do the celestial transformations help the spiritual adepts to detach themselves from many worldly matters?*
- 5) *How can the spiritual adept relate with the pure energy?*
- 6) *Who bears responsibility for one's own self?*
- 7) *What causes people to lose their wisdom?*

**Toronto, 07 November 1999, 7:00 AM**

*Q: What do a righteous government and faith mean?*

A: A righteous government and faith mean to practice righteousness and truthfulness to help the soul and have faith in one's innate abilities to correct one's mistakes and perfect oneself.

**Psalm**

*Returning to the true origin with a sincere heart,  
We perfect ourselves constantly to achieve clarity,  
Advancing in social life and spiritual training, we  
awaken our consciousness,  
Practicing with diligence and serenity, we turn  
within for self-knowledge.*

**Montreal, 07 November 1999, 3:05 AM**

*Q: How can our faith relate to The Lord and The Buddha?*

A: Our faith relates to The Lord and The Buddha when our true spiritual heart is fully detached and can relate to the constant flow of energy of the Great Compassion. We will have a bright mind and a wise heart.

**Psalm**

*We progress with the deep and noble principle,  
Infinite bliss resides in the sphere of purity,  
On the common spiritual path, we advance  
resolutely,  
With the development of divine love, we attain  
greater purity.*

**Montreal, 08 November 1999, 6:30 AM**

*Q: Is there any benefit for a spiritual adept to hold to his ego?*

A: A spiritual adept who still holds to his ego will only create numerous karmic debts and harm his own brain and nervous system.

**Psalm**

*Those who destroy the social affections must have to  
suffer,  
Misfortune follows from their numerous karmas,  
Losing insight, they become angry and worsen their  
fare,  
Lacking compassion, they have no joy and must  
suffer.*

**Montreal, 09 November 1999, 4:55 AM**

*Q: Why do the celestial transformations help the spiritual adepts to detach themselves from many worldly matters?*

A: The spiritual adepts clearly see the warnings of Heaven and Earth, and how people with greedy and lustful desires are being punished.

**Psalm**

*The Divine Law is teaching humanity,  
People turn to spiritual training in face of  
adversities,  
Releasing impurities, the true soul becomes less  
agitated,  
Practice with sincerity and diligence to advance  
naturally.*

**Montreal, 10 November 1999, 8:46 AM**

*Q: How can the spiritual adept relate with the pure energy?*

A: The spiritual adept relates with the pure energy when he perceives the divine blessings through the light of compassion and serenity.

**Psalm**

*The Great Compassion shines everywhere,  
Spreading pure energy to guide all living beings,  
With self-awakening, we practice sincerely to  
enlighten our consciousness,  
We practice with diligence and perseverance to  
attain goodness.*

**Montreal, 11 November 1999, 4:30 AM**

*Q: Who bears responsibility for one's own self?*

A: One's compassionate heart is responsible for one's own self.

**Psalm**

*The soul is free to learn and judge clearly,  
In social life and spiritual training, we have a way to  
release our own impurities,  
Returning to the true soul with a righteous  
consciousness,  
We serve others with a pure heart to see the path  
clearly.*

**Montreal, 12 November 1999, 8:30 AM**

*Q: What causes people to lose their wisdom?*

A: Greediness and lustful desires cause people to lose their wisdom. They follow an agitated direction which pulls them downward instead of lifting them up. They can no longer harmonize with the pure energy of Heaven and Earth, and they will have difficulty to understand the subtle spiritual dharma.

**Psalm**

*Without a spiritual practice to deepen their  
consciousness,*

*They feel ignorant and remain restless,  
Their mind is constantly assailed by agitation,  
Creating more agitation, they can never reach  
calmness.*

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Translated by Xuan Mai

Please contact [xuanmai00@hotmail.com](mailto:xuanmai00@hotmail.com) if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

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