

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation.

Preface

How deeply touched we are!

How deeply touched we are
By these words of truth that bring joy and harmony,
With a sincere heart we receive the gift of Love,
The gift of supreme Truth and Wisdom,
Let's advance together as we cultivate our spiritual
consciousness,
In each community, the spiritual mind opens up,
Deepening true Love and moral virtue,
In close union with the universe,
The true consciousness awakens and achieves
enlightenment,
With spiritual practice, we constantly widen the
Path,
With an awakened consciousness, we turn within
for spiritual cultivation.

Open Letter

Destiny

Destiny is prearranged by the celestial scheme,
After destruction rebirth arrives in a timely manner,
The awakened consciousness turns within for self-
perfection,
With the divine guidance, the soul seeks
enlightenment.

Luong Vi Kien

Baby Tam Talking To You from November 13, 1999 to November 20, 1999

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

Questions:

- 1) *Should we sever the link to the deep spiritual love and spiritual knowledge?*
- 2) *Is there any benefit in waiting for the opportunity to criticize and oppose others?*
- 3) *Why do spiritual adepts often lose their loyalty and betray their master?*
- 4) *Why do compassionate love and spiritual virtue always aim at building goodness and harmony?*
- 5) *What benefits does the pure energy of Heaven and Earth bring?*
- 6) *What happens to those spiritual adepts who still hold to discontent and anger?*
- 7) *What are faith and a righteous government?*
- 8) *What is infinite love and guidance?*

Montreal, 13 November 1999, 7:45 AM

Q: Should we sever the link to the deep spiritual love and spiritual knowledge?

A: We should not sever the link to the deep spiritual love and spiritual knowledge. We will lose our insight and return to an angry state, which hinders our deliverance.

Psalm

*The spiritual mind practices with devotion and
sincerity,
Resolving our worries and sorrow, we advance
swiftly,
With a true spiritual heart, we understand our path
clearly,
With the blooming of the true heart, we ascend to
purity.*

Montreal, 14 November 1999, 8:05 AM

Q: Is there any benefit in waiting for the opportunity to criticize and oppose others?

A: Those who think about criticizing and opposing others only harm their mind and body. A true spiritual adept does not plan to criticize or harm anybody.

Psalm

*Those who seek to criticize others suffer innerly,
Loaded with agitated thoughts, they think constantly,
Failing to slander others, they cause their own
adversities,
With a serene heart, we awaken our consciousness
and turn within for self-analysis.*

Montreal, 15 November 1999, 6:15 AM

Q: Why do spiritual adepts often lose their loyalty and betray their master?

A: Those spiritual adepts who practice for the sake of practice and lack a strong faith, usually have a disloyal heart. Once they have attained a little bit of serenity, they wrongly believe to be better than their spiritual master.

Psalm

*Returning to their true self, they believe to be better,
Causing suffering and bad karma, they live in anger,
Modifying the spiritual method, they fall into
agitation,
Holding to their delusion, they revive their*

unrighteous character.

Montreal, 16 November 1999, 7:25 AM

Q: Why do compassionate love and spiritual virtue always aim at building goodness and harmony?

A: Compassionate love and spiritual virtue are the fundamental principle of The Lord and The Buddhas.

Psalm

*Love in unity is a much stronger love,
When the true heart shines, anger must dissolve,
We rejoice upon our reunion with a pure mind,
Advancing on the common path, we abandon all
passions and anger.*

Montreal, 17 November 1999, 6:50 AM

Q: What benefits does the pure energy of Heaven and Earth bring?

A: The pure energy of Heaven and Earth governs the law of constant karmic transformations through births and rebirths.

Psalm

*The soul must practice and evolve constantly,
The agitated terrestrial world is torn by fights and
rivalries,
Human love relations only last for a brief moment,
Goodness or evil result from one's deeds in the
human existence.*

Montreal, 18 November 1999, 3:05 AM

Q: What happens to those spiritual adepts who still hold to discontent and anger?

A: Those spiritual adepts who still hold to discontent and anger will suffer from a liver disease, and will have no way to liberate themselves.

Psalm

*The wise mind sees the true nature and realizes the
divine love,
Releasing our worries and sorrow, we are our own
witness for self-improvement,
Those who hold to an evil ego remain agitated,
Practice with diligence and serenity to clear all
blindness.*

Montreal, 19 November 1999, 5:10 AM

Q: What are faith and a righteous government?

A: Faith means that we believe in our own abilities to attain our spiritual goal with work and dedication. A righteous government means the collection of ideas of many people to realize the path of common progress.

Psalm

*Practice with your own efforts to see the Truth,
Practice with sincerity to ascend to pureness,
Awakened, our wise mind sees our true nature
better,
Those who worry about others' affairs will lose their
sincere practice.*

Montreal, 20 November 1999, 8:15 AM

Translated by Xuan Mai

Please contact xuanmai00@hotmail.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Q: What is infinite love and guidance?

A: Infinite love and guidance means that The Lord always let the light of compassion and serenity shine in the head of the true spiritual adept.

Psalm

*The Lord sends his infinite love and blessings,
The true soul awakens and accepts its existence,
Loving and respecting The Lord, we avoid all
destruction,
In silence, we practice and are responsible for our
own progression.*