

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation.

Preface

How deeply touched we are!

How deeply touched we are
By these words of truth that bring joy and harmony,
With a sincere heart we receive the gift of Love,
The gift of supreme Truth and Wisdom,
Let's advance together as we cultivate our spiritual
consciousness,
In each community, the spiritual mind opens up,
Deepening true Love and moral virtue,
In close union with the universe,
The true consciousness awakens and achieves
enlightenment,
With spiritual practice, we constantly widen the
Path,
With an awakened consciousness, we turn within
for spiritual cultivation.

Open Letter

Evolution

Each evolution stage helps to develop the
consciousness,
Understanding comes after the matter is past,
The celestial transformations lead to awakening of
the consciousness,
We must practice to become generous and help
humanity.

Luong Vi Kien

Baby Tam Talking To You from November 21, 1999 to November 27, 1999

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

Questions:

- 1) *Is there any benefit in developing the spiritual consciousness?*
- 2) *What will happen when we are reunited within love?*
- 3) *Where does the power of The Lord reside?*
- 4) *Is there any benefit in utilizing human love?*
- 5) *What benefits do we obtain from Great Joy and Great Charity?*
- 6) *What are karmic relations?*
- 7) *What are the benefits of learning compassion and practicing compassion?*

Montreal, 21 November 1999, 5:05 AM

Q: Is there any benefit in developing the spiritual consciousness?

A: The spiritual consciousness develops to harmonize with Heaven and Earth. The more we devote ourselves to spiritual perfection, the more we will understand the Truth in order to evolve further.

Psalm

*The truth is in our spiritual heart and we should
perfect our nature,
Reaching lighter spheres, we truly understand
spirituality,
With time, we will advance with true knowledge,
We practice to purify our mind and perfect our
nature.*

Washington, 22 November 1999, 12:40 AM

Q: What will happen when we are reunited within love?

A: Our heart will rejoice innerly when we are reunited within love.

Psalm

*We rejoice within the Divine Grace and see our path
clearly,
With deep love and affection, we understand our
relations thoroughly,
Abandoning passion, blindness, and bad temper,
We develop our spiritual consciousness to become
better.*

Washington, 23 November 1999, 1:30 AM

Q: Where does the power of The Lord reside?

A: The power of The Lord resides in all forms and states.

Psalm

*Spiritual challenges show the evolution path clearly,
The power of The Lord continues to shine brightly,
The awakened consciousness is wise and righteous,
A sound judgement comes from a sincere heart.*

Atlantic City, 24 November 1999, 6:45 AM

Q: Is there any benefit in utilizing human love ?

A: We should use human love to awaken our spiritual consciousness and develop our true knowledge. Doing the opposite is to behave like

senseless objects.

Psalm

*Lacking spiritual training, we constantly face
challenges,
With rivalry and intransigence, we burden ourselves,
Our spiritual consciousness overflows with suffering
and karma,
Assailed by constant worries, we remain on the
wrong path.*

Atlantic City, 25 November 1999, 9:40 AM

Q: What benefits do we obtain from Great Joy and Great Charity?

A: Great Joy and Great Charity(Great Detachment) mean to eradicate all suspicions, worries, and sorrow.

Psalm

*Returning to pureness and lightness, the mind
regains its intelligence,
Releasing karmic debts, the heart attains wisdom,
Awakening our true soul, we return to our true
origin,
With self-awakening, we return to self-knowledge.*

Montreal, 26 November 1999, 7:05 AM

Q: What are karmic relations?

A: To have relationships means to bear karma, i.e., to worry about unnecessary things.

Psalm

*Karmic relations cause worries and sufferings,
Mutual blame and critics only lead to the grave,
Heavy karma hinders spiritual awakening,
Worries and sorrow prevent the practice of the Nam-
Mo mantra.*

Montreal, 27 November 1999, 7:00AM

Q: What are the benefits of learning compassion and practicing compassion?

A: To learn compassion and to practice compassion are very beneficial for both the mind and body.

Psalm

*We sincerely develop our compassion to make
progress,
Widening the spiritual path, we lighten our sadness,*

*The terrestrial world only brings agitation,
Peace will come for those with true compassion.*

Translated by Xuan Mai

Please contact xuanmai00@hotmail.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
