

The Life Energy Development Weekly

(Published in concurrence with The Viet LED Weekly 239, on 30 January 2000)

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation.

Preface

How deeply touched we are!

How deeply touched we are
By these words of truth that bring joy and harmony,
With a sincere heart we receive the gift of Love,
The gift of supreme Truth and Wisdom,
Let's advance together as we cultivate our spiritual
consciousness,
In each community, the spiritual mind opens up,
Deepening true Love and moral virtue,
In close union with the universe,
The true consciousness awakens and achieves
enlightenment,
With spiritual practice, we constantly widen the
Path,
With an awakened consciousness, we turn within
for spiritual cultivation.

Open Letter

Revival

Revival comes from the guidance of the Lord,
Releasing our karma, we elevate ourselves to
become purer,
High and low are opportunities to develop our
nuances,
Learning from the transient material world, we keep
improving ourselves.

Luong Vi Kien

Baby Tam Talking To You from November 28, 1999 to December 4, 1999

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

Questions:

- 1) *How is compassion built?*
- 2) *When will people comprehend the love among human beings?*
- 3) *When does the compassionate heart appear in a spontaneous and natural way?*
- 4) *How is the law of equilibrium of the universal light being formed?*
- 5) *What changes will we experience in the new millennium?*
- 6) *How are moral laws established?*
- 7) *What causes changes everywhere?*

Montreal, 28 November 1999, 7:25 AM

Q: How is compassion built?

A: Compassion is built from a benevolent heart.

Psalm

*Compassion means an infinitely bright and fresh
mind,*

*We develop our origin of compassion with our own
efforts,*

*Abandoning agitation and passion, we cultivate
good thoughts,*

*Serving others with sincerity, we turn within for self-
improvement .*

Montreal, 29 November 1999, 4:30 AM

*Q: When will people comprehend the love among
human beings?*

A: Love among human beings will appear during the
period of emergency caused by the celestial
upheavals.

Psalm

Love will rise from the bottom of the heart,

We always strive to help each other,

*Realizing love and compassion within spiritual
virtue,*

*We build for the common good and prepare for
adversities.*

Montreal, 30 November 1999, 5:00 AM

*Q: When does the compassionate heart appear in a
spontaneous and natural way?*

A: The compassionate heart appears when we
engage ourselves in serving humanity with full
devotion.

Psalm

Compassion appears in periods of trials,

Restoring order, we regain our inner calm,

Awakening our true soul, we abandon all delusion,

With the divine aura, we'll dissipate our sorrow.

Montreal, 01 December 1999, 5:10 AM

*Q: How is the law of equilibrium of the universal
light being formed?*

A: The law of equilibrium of Heaven and Earth
comes from the existing energy, and it is realized in
a spontaneous and natural way. Rains and storms

can occur in an unpredictable manner. If people do
not turn to spiritual training to develop their serenity,
they will have difficulty in following the
transformations of the universal light.

Psalm

*Heaven and Earth spread their balanced energy
everywhere,*

*Receiving the constant divine blessings, our mind is
rested,*

*Remaining calm in spite of dangers and threats,
We turn to Heaven to restore our peace.*

Montreal, 02 December 1999, 5:25 AM

*Q: What changes will we experience in the new
millennium?*

A: In the new millennium, the climate will also
undergo new changes.

Psalm

*To restore the lost equilibrium requires noble
efforts,*

*With the deep spiritual evolution, the soul
comprehends the Grace of The Lord,*

Human destinies are in the divine hands,

*Those who practice sincerely will clearly
understand.*

Montreal, 03 December 1999, 6:35 AM

Q: How are moral laws established?

A: Moral laws are established according to the
needs of human life.

Psalm

*The celestial transformations wipe out all illusions,
Constantly, we devote ourselves to spiritual
perfection,*

*Awakened, the soul now avoids causing harm to
society,*

*Freed of delusion, we perfect ourselves to guide
others thoroughly.*

Montreal, 04 December 1999, 6:35 AM

Q: What causes changes everywhere?

A: Changes come from the development of the
divine love.

Psalm

With spiritual awakening, people will seek harmony,

*The world advances at a common pace, and our
heart is tranquil,
Reaching pureness and sincerity, we return to the
unique origin,
Detached of worldly matters, we lighten our karma*

and sins.

Translated by Xuan Mai

Please contact **xuanmai00@hotmail.com** if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
