

# The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

# Subtle Dharma

The subtle dharma expands the deep and noble philosophy,
Developing our true soul, we appreciate the spiritual wonder,
We now understand the lively love of the Lord,
Guided by His infinite compassion, we advance on the common path.

Luong Vi Kien

# **Baby Tam Talking To You**

from 12 December, 1999 to 18 December, 1999

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

# **Questions**

- 1. Is it difficult for spiritual adepts with a sincere heart to communicate with each other?
- 2. What does it mean when the aura of energy emanates from the pure and light mind?
- 3. How can we resolve the affairs of others?
- 4. What does it mean when one encounters the opportunity to regain one's spiritual energy?
- 5. Where does the human subconsciousness reside?
- 6. How can one touch people's hearts?
- 7. How does the original principle help the soul's progression?



# Atlantic City, 12 December 1999, 5:25 AM

Q: Is it difficult for spiritual adepts with a sincere heart to communicate with each other?

A: Spiritual adepts who sincerely devote themselves to spiritual practice have a pure and light energy. They can communicate with each other easily because they advance on the common path of spiritual progression.

# **Psalm**

Those who have achieved serenity communicate truly with their root of pureness,

With full detachment, we live in joy and build our spiritual virtue,

Those who regain their benevolent heart arrive at the same origin,

Through a diligent practice, we will harmonize with the pure energy.

# Atlantic City, 13 December 1999, 8:20 AM

Q: What does it mean when the aura of energy emanates from the pure and light mind?

A: When the aura of energy emanates from the pure and light mind, it will harmonize with the Great Naturalness of the universe, and advance toward the supreme order of the Great Serenity.

#### **Psalm**

With the brilliant aura, the mind develops infinitely, Understanding the pure origin, we turn within to perfect ourselves,

The spiritual mind comprehends the deep divine love and the opportunity to guide others,

With the awakening of our pure heart, we free ourselves of all delusion.

# Atlantic City, 14 December 1999, 4:50 AM

Q: How can we resolve the affairs of others?

A: We need to use our intuitive knowledge to resolve the affairs of others.

# **Psalm**

With our intuitive knowledge, we analyze things deeply, For the common benefit, we resolve the matters clearly, Living with the truth, we don't generate new karma, In silence, we understand ourselves and the generous dharma.

# Atlantic City, 15 December 1999, 7:55 AM

Q: What does it mean when one encounters the opportunity to regain one's spiritual energy?

A: The opportunity to regain one's spiritual energy occurs in an unexpected manner, and this cannot be predicted in advance.

#### **Psalm**

The sudden encounter awakens the mind and soul, We devote ourselves to spiritual practice to release our sorrow.

The spiritual mind advances on its path of progression, To revive the old spiritual opportunity, we cultivate our spiritual virtue and compassion.

# Atlantic City, 16 December 1999, 4:55 AM

Q: Where does the human subconsciousness reside?

A: The human subsconsciousness is hidden in the brain and nervous system. It stores memories of loving relations, and causes the mind's habit to turn outward and be misled by emotions.

# Psalm,

The human body is limited and the human mind obscure,
The karmic forces pull downward and cause
entanglements,

Thinking success, they continue to err unknowingly, Those with a serene heart can understand immediately.

#### Atlantic City, 17 December 1999, 9:40 AM

Q: How can one touch people's hearts?

A: People are touched by the flow of energy of compassion and serenity that harmonizes with the vibrations of one's inner mental order .

#### **Psalm**

The divine love illuminates the mind and heart,
We understand that our root comes from the Lord's love,
Tears flow continuously to touch the heart,
With an abundant love, we reach self-awakening.

# Atlantic City, 18 December 1999, 4:15 AM

Q: How does the original principle help the soul's progression?

A: The soul's progression is helped by the original principle of serenity of The Lord and The Buddhas.

#### **Psalm**

We cultivate serenity to elevate ourselves, With the development of our soul, we reflect upon ourselves,

Balancing social and spiritual duties, we advance with good progress,

Blessed by the divine Grace, we turn within to gain selfknowledge.



#### Translated by Xuan Mai

Please contact **xuanmai00@hotmail.com** if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

#### Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.