



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Awakening

The righteous path is to perfect ourselves and reach awakening,
Gossiping and slandering others only cause sorrow,
Void of agitation, we release our karmic worries,
Rejoicing together, we clear our sorrow and evolve spiritually.

Luong Vi Kien

Baby Tam Talking To You

from 19 December, 1999 to 25 December, 1999

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

Questions

1. *Does the path of spiritual evolution involve any burden?*
2. *Why does a Vo-Vi practitioner always remember his spiritual Master?*
3. *Does spiritual love remain constant?*
4. *Does the chaos on earth bring any benefit?*
5. *Why does one love and remember a stranger?*
6. *How does the pure energy of Heaven and Earth help humanity?*
7. *Why do those who practice charity encounter misfortune?*



<p>Atlantic City, 19 December 1999, 12:25 PM Q: <i>Does the path of spiritual evolution involve any burden?</i></p> <p>A: A soul that evolves by practicing a spiritual method to release the impure energy will attain a brilliant aura.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practice till you reach the goal to regain inner calm, Loving the noble Heaven, we turn within to perfect ourselves, Abandoning our greediness, we follow the heavenly will, Understanding both social and spiritual duties, we advance in a righteous manner.</i></p>
<p>Atlantic City, 20 December 1999, 4:00 AM Q: <i>Why does a Vo-Vi practitioner always remember his spiritual Master?</i></p> <p>A: A Vo-Vi practitioner always remembers his spiritual master because they both practice the same method, and they both advance on the right path.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The energy that flows freely only lifts upward, Thinking of the same path, we keep a serene heart, Gaining pure energy, we remember to analyze our progress, Our mind develops deeply and gains a thorough knowledge.</i></p>
<p>Atlantic City, 21 December 1999, 9:45 AM Q: <i>Does spiritual love remain constant?</i></p> <p>A: Those who advance on the same path understand each other and always love each other.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Love only exists within pureness, lightness, and harmony, A true spiritual adept opens a new path for himself, Loving each other, we turn within to correct ourselves, Developing our wisdom, we give a fine example to others.</i></p>
<p>Atlantic City, 22 December 1999, 8:10 AM Q: <i>Does the chaos on earth bring any benefit?</i></p> <p>A: After the period of agitation, everything will fall into place. The orderly vibrations of energy will harmonize with the original principle of Heaven and Earth, and people will continue to build for the common good.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>We continue to practice and evolve after the natural catastrophes, Heaven and Earth rejoice and open a new era, With the end of karmic relations, we devote ourselves to spiritual perfection, Now awakened, the soul makes clear progression.</i></p>
<p>Atlantic City, 23 December 1999, 8:35 AM Q: <i>Why does one love and remember a stranger?</i></p> <p>A: One loves and remembers a stranger because the flow of his compassionate energy has created a special affinity. One feels happy and beams with joy when greeting that person.</p>	<p style="text-align: center;"><u>Psalm,</u></p> <p style="text-align: center;"><i>The heart naturally receives the energy of compassion, Feeling love and affection, one strives to purify oneself, The true soul feels the constant pull of affection, Both mind and body rejoice in a wondrous manner.</i></p>
<p>Atlantic City, 24 December 1999, 7:40 AM Q: <i>How does the pure energy of Heaven and Earth help humanity?</i></p> <p>A: The pure energy of Heaven and Earth works continuously to sustain life on earth and to bring peace and happiness to all living beings.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The soul advances constantly on the path of spiritual evolution, Loving The Lord, we appreciate His constant education, Born within serenity, we now evolve joyfully, Progressing with other beings, we radiate inner joy.</i></p>

Atlantic City, 25 December 1999, 6:25 AM

Q: Why do those who practice charity encounter misfortune?

A: Those who practice charity must encounter misfortune in order to truly understand the meaning of suffering and misfortune. Only then will they treat those in misfortune with a sincere and compassionate heart. They will see the value of spiritual cultivation, and will devote themselves to the regeneration of their mind and body, so that their soul and astral body may attain peace after death.

Psalm

*Only through suffering will we truly understand the
spiritual opportunity,
Contributing to the common good, we must work faithfully,
To receive the infinite guidance, we must bear adversities,
Seeking the return to emptiness, we cultivate our serenity.*



Translated by Xuan Mai

Please contact xuanmai00@hotmail.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
