



The Life Energy Development Weekly

27 February, 2000

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Published in concurrence with The Viet LED Weekly 243

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Dedication

To release all sorrow, we help ourselves and others with dedication,
With a clear and wise mind, we advance in harmony and union,
Awakened, our soul progresses infinitely,
Regaining equilibrium and serenity, we understand matters thoroughly.

Luong Vi Kien

Baby Tam Talking To You

from 26 December, 1999 to 01 January, 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

Questions

1. *Does the earth with its constant cycle of rebirths present anything new?*
2. *Do the strong upheavals of Heaven and Earth harm mankind?*
3. *Why are spiritual adepts encouraged to return to emptiness?*
4. *Is there any benefit in practicing complete piety and loyalty?*
5. *Is there any benefit in returning to one's true nature?*
6. *Why do humans always encounter misfortunes?*
7. *Is there anything special at the beginning of Year 2000?*



<p>Atlantic City, 26 December 1999, 8:20 AM Q: <i>Does the earth with its constant cycle of rebirths present anything new?</i></p> <p>A: The earth with its constant cycle of rebirths always contains activities from Heaven and Earth. The gradual transformations educate humans and help them in their stepwise spiritual evolution. Rain and sunshine are also part of the heavenly will to educate human beings.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Protecting ourselves from rain and sunshine, we turn within to learn, The natural events lead us to the deep spiritual meaning, To our humane and compassionate nature, we instantly return, With a serene heart, we analyze ourselves for greater understanding.</i></p>
<p>Atlantic City, 27 December 1999, 9:15 AM Q: <i>Do the strong upheavals of Heaven and Earth harm mankind?</i></p> <p>A: The transformation of the pure energy of Heaven and Earth serves to warn humans to release the authoritarian character in their inner consciousness. They should devote themselves to spiritual cultivation within purity and lightness, so that their soul may evolve in harmony with the celestial mechanism. The liveliness of Heaven and Earth will be restored as in the original times.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The constant cycle of deaths and rebirths has a purpose, We should awaken and evolve spiritually to understand the wondrous cause, The heavenly will is perfect and free of agitation, The Lord provides to all human beings equal progression.</i></p>
<p>Atlantic City, 28 December 1999, 8:48 AM Q: <i>Why are spiritual adepts encouraged to return to emptiness?</i></p> <p>A: Spiritual adepts are encouraged to return to emptiness so that they can release their karmic worries and their soul may become pure and light when leaving the physical body.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Aiming at emptiness, our soul progresses easily, Releasing our profane heart, we advance perfectly, We resolutely abandon all attachments on the path of spiritual perfection, Practicing with diligence and sincerity, we do not hold to any expectation.</i></p>
<p>Atlantic City, 29 December 1999, 7:05 AM Q: <i>Is there any benefit in practicing complete piety and loyalty?</i></p> <p>A: Those who practice complete piety and loyalty bring great benefits to their soul and body. A spiritual adept should realize this Way in order to reach equilibrium and resolve entanglements in the future.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Rivalry and self-interest bring neither gain nor respect, Those who perfect themselves spiritually will reach profound intelligence, Eradicate all greediness to avoid harmful consequences, Practice with sincerity to see your true luminance.</i></p>
<p>Atlantic City, 30 December 1999, 7:15 AM Q: <i>Is there any benefit in returning to one's true nature?</i></p> <p>A: It is very beneficial to return to one's true nature. One will understand thoroughly why mankind is subject to the law of birth, maturity, decay, death, and rebirth.</p>	<p style="text-align: center;"><u>Psalm,</u></p> <p style="text-align: center;"><i>The philosophy of a true adept relies on pure energy, Releasing sorrow, joy, and dispelling all blindness, We attain self-awakening and avoid agitation, Purifying our bodily prison with spiritual virtue and compassion.</i></p>

Atlantic City, 31 December 1999, 7:27 AM

Q: *Why do humans always encounter misfortunes?*

A: Humans are attracted by money, love, and fame without a way to escape. Therefore, it is usual that they encounter misfortunes once they come to a dead end, as a result of the law of cause and effect. For the soul, misfortune enables spiritual progress. In adversities, the soul will have the opportunity to practice full detachment and will progress more easily.

Montreal, 1 January 2000, 3:25 AM

Q: *Is there anything special at the beginning of Year 2000?*

A: The beginning of Year 2000 is like all other years. No special event has occurred. The pure energy of Heaven still exists. What is light belongs to Heaven, what is heavy belongs to Earth. The natural cycle runs harmoniously.

Psalm

*Troubled times awaken the true nature,
With a serene heart, we see our path clearly,
Returning to our true consciousness, we advance with the
divine opportunities,
Developing our true soul, we understand the righteous
destiny.*

Psalm

*A restless mind brings worries and agitation,
With an agitated mind, they seek personal protection,
Heaven and Earth remain quiet, the divine love shines
brightly,
With a benevolent heart, we strive to liberate ourselves
both inward and externally.*



Translated by Xuan Mai

Please contact xuanmai00@hotmail.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
