



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Common Joy

Rejoicing together, we harmonize with heaven and purify ourselves,
Devoting ourselves to spiritual practice, we release our worries,
Rediscovering the Tao in our serene and balanced nature,
We practice the true dharma, and overcome all obstacles.

Luong Vi Kien

Baby Tam Talking To You

from 18 January, 2000 to 24 January, 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

Questions

1. *Do karmic forces represent the karmic debts of a spiritual practitioner?*
2. *How can the light of compassion give us infinite guidance?*
3. *What will happen to those spiritual adepts who do not understand themselves?*
4. *How are the hours of Heaven and Earth regulated?*
5. *Where does the mechanism of divine creation originate?*
6. *Is the spiritual connection continuous or intermittent?*
7. *How does a true spiritual adept perceive the sphere of energy?*



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| <p>Fountain Valley, 18 January 2000, 4:30 AM Q: <i>Do karmic forces represent the karmic debts of a spiritual practitioner?</i></p> <p>A: Karmic forces mean constant debts and entanglements that are very hard to undo.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>To purify and understand ourselves is most important, With dedication, we slowly untie our bonds and lighten our debts, Now, we truly understand this world's temporariness, As transient guests, we vow to contribute our share of goodness.</i></p> |
| <p>Fountain Valley, 19 January 2000, 11:00 AM Q: <i>How can the light of compassion give us infinite guidance?</i></p> <p>A: The light of compassion provides infinite guidance to the souls who are truly devoted to the practice of serenity to develop themselves.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With inner balance, our mind is clear and wise, Awakening from our sorrow, we strive for self-perfection, We practice to purify our energy and enlighten ourselves , With calmness and serenity, we learn to see our true selves.</i></p> |
| <p>Fountain Valley, 20 January 2000, 4:25 AM Q: <i>What will happen to those spiritual adepts who do not understand themselves?</i></p> <p>A: Those spiritual adepts who do not understand themselves will turn outward and involve themselves in gossips and rumors. They will not have the opportunity to repent their mistakes and correct themselves.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Without spiritual awakening, the mind remains ignorant, Lacking wisdom and knowledge, they only harm themselves, The suffering soul is unable to evolve, Lacking insight, they cannot distinguish between the good and bad.</i></p> |
| <p>Fountain Valley, 21 January Q: <i>How are the hours of Heaven and Earth regulated?</i></p> <p>A: The hours of Heaven and Earth are regulated by the radiation of the universal light.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The law of lighting regulates the hours, The spiritual energy flows in an orderly manner, The five elements evolve in harmony, Changes alternate with the pure and impure energies.</i></p> |
| <p>Fountain Valley, 22 January 2000 Q: <i>Where does the mechanism of divine creation originate?</i></p> <p>A: The mechanism of divine creation originates from the sphere of emptiness.</p> | <p style="text-align: center;"><u>Psalm,</u></p> <p style="text-align: center;"><i>Actions originate from the sphere of emptiness, With the deep spiritual evolution, we conform to the divine destiny, With an awakened consciousness, we fulfill our social and spiritual duties, Nurturing benevolent thoughts, we naturally attain self-knowledge.</i></p> |
| <p>Las Vegas, 23 January 2000 Q: <i>Is the spiritual connection continuous or intermittent?</i></p> <p>A: The spiritual connection is always uninterrupted. This is the reason for the existence within the non-existence.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The clear divine energy brings transformations everywhere, A true spiritual adept always remembers the Lord, We no longer cause agitation and calamities, With a clear mind and a bright heart, we analyze the words of Truth.</i></p> |

Las Vegas, 24 January 2000, 6:05 AM

Q: *How does a true spiritual adept perceive the sphere of energy?*

A: A true spiritual adept perceives a very close relationship between the human being and the sphere of energy.

Psalm

*The sphere of energy clearly differentiates the pure and impure,
The noble Heaven bestows blessings to the invisible world,
With spiritual practice, we comprehend the lively love of God,
With a serene heart, we turn within to attain purity.*



Translated by Xuan Mai

Please contact xuanmai00@hotmail.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
