



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Enlightenment

For the enlightened mind, Heaven bestows blessings everywhere,
The awakened consciousness remains serene as it progresses spiritually,
Devoted to spiritual practice, we slowly perfect ourselves,
Wherever we go, we remain enlightened.

Luong Vi Kien

Baby Tam Talking To You

from 5 March, 2000 to 11 March, 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What is covering the human body?*
2. *Does a meditation practitioner gain any benefit from calculating profits and losses?*
3. *What causes affectionate ties in a loving relationship?*
4. *How does the spiritual consciousness develop?*
5. *Where does the meditation practitioner receive the divine blessings?*
6. *What should one do in order to have an intelligent mind that is free of worries?*
7. *Why does everyone want to have freedom?*



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| <p>Cairns, 05 March 2000, 4:00 AM <i>Q: What is covering the human body?</i></p> <p>A: The human body is nourished by the pure energy of Heaven and Earth, and it is subject to the actions and reactions of the karmic forces accumulated since many lifetimes.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p><i>Quietly, we practice the spiritual method to awaken our consciousness, Fulfilling our social and spiritual duties, we make rapid progress, Grateful of the pure energy from Heaven and Earth, We practice with sincerity to purify our heart.</i></p> |
| <p>Cairns, 06 March 2000, 5:04 AM <i>Q: Does a meditation practitioner gain any benefit from calculating profits and losses?</i></p> <p>A: A meditation practitioner who still thinks about gains and losses proves that he meditates very little. He likes to accumulate unrighteous news which only hinder his spiritual advancement.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p><i>To spread rumors proves that the heart is still agitated, The restless mind lacks compassion and serenity, Those who harbor agitation stagnate and lose their tranquility, With an agitated mind, they no longer think clearly.</i></p> |
| <p>Cairns, 07 March 2000, 4:45 AM <i>Q: What causes affectionate ties in a loving relationship?</i></p> <p>A: The affectionate ties always linger when people in love meet each other, and the memories always linger when they are separated.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p><i>The karmic relations cause affectionate ties, The deep love and affection allow the soul to evolve, The karmic debts create lingering memories, We practice with diligence and sincerity to attain true love.</i></p> |
| <p>Cairns, 08 March 2000, 8:46 AM <i>Q: How does the spiritual consciousness develop?</i></p> <p>A: When the spiritual consciousness develops, the spirit of harmony opens up.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p><i>We develop our spiritual mind to gain self-knowledge, As our compassion grows, we acquire greater wisdom, Detached of all matters with determination and clarity, We cultivate our serenity to understand the divine love clearly.</i></p> |
| <p>Cairns, 09 March 2000, 4:35 AM <i>Q: Where does the meditation practitioner receive the divine blessings ?</i></p> <p>A: The divine blessings are always bestowed upon the cranial psychic center of all living beings. A meditation practitioner must open his cranial psychic center in order to receive the compassionate energy of The Almighty Lord.</p> | <p style="text-align: center;"><u>Psalm,</u></p> <p><i>We vow to develop our mind and compassionate heart, Respecting the truth, we become more compassionate daily, We love Heaven and Earth with a sincere heart, Practicing true compassion, we see our spiritual nature more clearly.</i></p> |

Cairns, 10 March 2000, 4:15 AM

Q: *What should one do in order to have an intelligent mind that is free of worries?*

A: If we want to have an intelligent mind, that is free of worries, we must turn toward the higher sphere and concentrate our energy at the cranial psychic center to harmonize with the universe. Only then will we know our true nature, and we will accept to correct our mistakes and perfect ourselves, and we will abandon our unrighteous ego.

Psalm

*With a serene heart, we understand our true personality,
Our wise mind sees our own errors clearly,
We diligently perfect ourselves to evolve further,
With serenity, we perfect our nature without rivalry.*

Cairns, 11 March 2000, 5:59 AM

Q: *Why does everyone want to have freedom?*

A: We are born and grow up thanks to the pure energy. We need the purity and lightness of Heaven and Earth, and the freedom to receive the pure principle of Heaven and Earth in order to overcome adversities.

Psalm

*The divine principle provides salvation readily,
Without spiritual cultivation, the soul cannot evolve and
progress,
To commune with the Lord and the Buddha, we practice
with sincerity,
Practicing with diligence and sincerity, we will achieve
success.*



Translated by Xuan Mai

Please contact xuanmai00@hotmail.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.