



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Love and Respect

With love and respect, we advance with a pure heart and courage,
With efforts, we perfect ourselves and understand clearly,
That we bear the consequences of our actions under the divine guidance,
Comprehending the Truth, we accept with peace our destiny.

Luong Vi Kien

Baby Tam Talking To You

from 02 April, 2000 to 08 April, 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *When will a spiritual adept be able to receive a divine mission?*
2. *Is there any benefit in practicing with sincerity?*
3. *How does the serene mind judge matters?*
4. *What are the benefits of human love?*
5. *What does it mean when the mind loses its equilibrium?*
6. *How does the pure energy cause transformations?*
7. *What is connected with the pure energy?*



Psalm

*The enlightened adept radiates a brilliant light to help and guide others,
With wisdom and clarity, he advances on the righteous path to reach the Great Emptiness,
Progressing toward infinity, without ever stepping back,
He builds a lasting foundation for posterity and truly understands the Great Emptiness.*

Melbourne, 02 April 2000, 3:25 AM

Q: When will a spiritual adept be able to receive a divine mission?

A: A spiritual adept must reach the highest level in order to receive a divine mission.

Psalm

*Discovering our true nature as we elevate ourselves,
We discard our impurities, and advance swiftly with a prompt and serene mind,
Aware of the true soul, we return to our origin through spiritual training,
Practicing the dharma with perseverance and a true heart.*

Melbourne, 03 April 2000, 3:40 AM

Q: Is there any benefit in practicing with sincerity?

A: To practice with sincerity is very beneficial because this attitude is in harmony with the Truth.

Psalm

*With a clear and serene mind, our energy radiates brilliantly,
Turning within to understand ourselves, we balance our social and spiritual duties,
Our energy flows freely and communes with the Divine Love instantly,
As wisdom develops, our inner light shines brightly.*

Melbourne, 04 April 2000, 2:30 AM

Q: How does the serene mind judge matters?

A: The serene mind judges matters very clearly.

Psalm

*Developing our generosity, we advance with love,
Forging our spiritual faith, we overcome all obstacles,
Our consciousness awakens from our failure to maintain our vows,
Developing compassion and spiritual virtue, we live in peace and tranquility .*

Melbourne, 05 April 2000, 2:55 AM

Q: What are the benefits of human love?

A: Human love is the true basis for human rights.

Psalm

*Torn in four directions, their mind is never at rest,
Sowing agitation, it remains obscured by ignorance,
When the mind is agitated, the heart is troubled,
Lacking peace within and outward, they live in ignorance.*

Melbourne, 06 April 2000, 1:30 AM

Q: What does it mean when the mind loses its equilibrium?

A: A mind loses its equilibrium when it is constantly agitated by various thoughts, and never attains tranquility.

Psalm

*Opening our pure heart, we receive the divine blessings through spiritual practice,
Understanding both social and spiritual life, we know our limits,
Seeking to return to our true origin, we abandon all agitation,
Grateful for the Divine Grace, we practice with our own efforts.*

Melbourne, 07 April 2000, 4:15 AM

Q: How does the pure energy cause transformations?

A: When the mind is directed toward The Lord, the heart is pure, and both the heart and mind open up.

Melbourne, 08 April 2000, 4:19 AM

Q: What is connected with the pure energy?

A: The pure energy is connected with the vital energy of the whole universe.

Psalm

*To awaken the true consciousness, we focus on the vital energy,
Understanding all spheres, we avoid causing discontent,
With full detachment, we resolve both social and spiritual matters,
Developing our compassion and spiritual virtue to help ourselves.*



Translated by Xuan Mai

Please contact xuanmai00@hotmail.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date

**IMPORTANT NOTICE FOR THE VO-VI CONVENTION "Serenity" in Prague
from 16th July to 19th July, 2000**

1. We have only received the notifications from 150 participants over 450 for the pick-up times (arrival and departure) at the Prague Ruzyne Airport. Please notify us as soon as possible about your flight schedule if you haven't done so already. **Deadline is 15th June 2000.** We will only be able to accomodate VoVi friends who have sent their flight arrival/departure times in advance.
2. We will send the Convention Guide to all participants starting next week. Please read the guide carefully. Since the guide will be sent from California, USA, please expect some delay for overseas delivery.
3. We have paid a major deposit to the Hotel and we are sorry that we cannot refund any cancellation.
4. If you need to stay more days at the Hotel, please reserve early, since the month of July is a high season period.

THANK YOU,

Organization Committee of the VoVi Convention "Serenity"