



# The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

## Cause and Effect

Cause and effect alternate on the path of spiritual perfection,  
The true adept practices to resolve gratitude and resentment,  
Accepting the good and bad, he develops his compassion,  
With wisdom and true love, he perceives the pure philosophy.

*Luong Vi Kien*

## Baby Tam Talking To You

*from 09 April, 2000 to 15 April, 2000*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *Why is the existence of all things limited?*
2. *Why is light also limited?*
3. *Why do we follow the law of constant karmic transformations, and need to practice according to our level?*
4. *Will the conscience be torn by the law of cause and effect when one devises plots to cheat other Vo-Vi fellow practitioners?*
5. *Can people communicate with each other even if they are very far apart, when their heart is pure and sincere?*
6. *At what stage will the intuitive consciousness stop developing?*
7. *Is the benevolent conscience of people limited?*



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| <p><b>Melbourne, 09 April 2000, 3:02 AM</b><br/> Q: <i>Why is the existence of all things limited?</i></p> <p>A: The existence of all things is limited because of the natural law of birth, maturity, decay, and destruction. It follows the immutable order of Heaven and Earth, and one cannot extend one's existence according to one's own will.</p>         | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Beyond the material limits, the soul develops infinitely,<br/> Life energy provides lasting vitality,<br/> Progressing in all spheres to advance toward emptiness,<br/> The soul encounters a multitude of colors and brightness.</i></p>  |
| <p><b>Sydney, 10 April 2000, 2:10 AM</b><br/> Q: <i>Why is light also limited?</i></p> <p>A: The light moves because of the motion of the earth.</p>  | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The divine light and energy remain permanent,<br/> The sunlight is filled with benevolence,<br/> Shining upon humanity, it enables their progression,<br/> The awakened adept practices with perseverance to<br/> attain perfection.</i></p>   |
| <p><b>Sydney, 11 April 2000, 12:45 AM</b><br/> Q: <i>Why do we follow the law of constant karmic transformations, and why do we need to practice according to our level?</i></p> <p>A: Each person develops his life energy according to his abilities. All living beings, whether worms or insects, want to sustain their life according to their abilities.</p> | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The soul lives on throughout the karmic transformations,<br/> Planning to overcome hardship and sufferings,<br/> One defends one's rights and competes with others,<br/> The soul must learn incessantly to dispel ignorance.</i></p>  |
| <p><b>Sydney, 12 April 2000, 6:20 AM</b><br/> Q: <i>Will the conscience be torn by the law of cause and effect when one devises plots to cheat other Vo-Vi fellow practitioners?</i></p> <p>A: The law of cause and effect is the law of Heaven and Earth. No one can escape it.</p>  | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Greediness leads to building fame and self-interest,<br/> It only harms the spiritual heart and breaks the divine law,<br/> Torturing the heart, one builds bad karma,<br/> Throughout the agitated nights, one vainly calls The Lord.</i></p>   |
| <p><b>Sydney, 13 April 2000, 1:50 AM</b><br/> Q: <i>Can people communicate with each other even if they are very far apart, when their heart is pure and sincere?</i></p> <p>A: When our heart is sincerely turned toward the Lord, we can communicate with each other. This is called telepathy.</p>   | <p style="text-align: center;"><b><u>Psalm,</u></b></p> <p style="text-align: center;"><i>With the benevolent opportunity, we turn toward<br/> purity,<br/> Resolving our worries, we keep a benevolent heart,<br/> Our awakened mind appreciates the lively philosophy,<br/> The Lord dispenses true love without agitation,<br/> Releasing intransigence and infatuation, our energy flows<br/> freely.</i></p> |

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**Psalm**

*The intuitive consciousness develops incessantly within  
serenity,  
Beyond emptiness, one will acquire concrete results,  
Progressing toward infinity, the Yin and Yang unify,  
Freed of sorrow and worries, one turns within to perfect  
oneself.*

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**Sydney, 14 April 2000, 5:35 AM**

*Q: At what stage will the intuitive consciousness stop  
developing?*

A: The intuitive consciousness develops toward infinity.

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**Psalm**

*Everyone is affected by the principle of lust and  
greediness,  
Through spiritual practice, we can save ourselves and  
regain happiness,  
Returning to social life, we improve our mind and body,  
With an awakened consciousness, we remain serene with  
everybody.*

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**Sydney, 15 April 2000, 3:45 AM**

*Q: Is the benevolent conscience of people limited?*

A: The benevolent conscience of people is limited by  
the karmic forces that they have created since many  
lifetimes.



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Translated by Xuan Mai

Please contact [xuanmai00@hotmail.com](mailto:xuanmai00@hotmail.com) if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

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**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date*

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