



The Life Energy Development Weekly

18 June, 2000

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Published in concurrence with The Viet LED Weekly 259

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Sincerity

Practice with sincerity to distinguish good and evil,
Practicing sincerely the Buddha's dharma, we naturally develop our energy,
Learning incessantly, we discover our true self,
Returning to our true origin, we harmonize with everybody.

Luong Vi Kien

Baby Tam Talking To You

from 16 April, 2000 to 22 April, 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why do they appreciate what they see and start disliking it after a while?*
2. *What type of energy relates with the axle of progression?*
3. *Can one cut off romantic relationships?*
4. *Is there any benefit in being greedy and cheating others?*
5. *What should one do when one loses one's serenity, starts trembling and speaking erratically?*
6. *How does energy develop all over the world?*
7. *Is there any benefit in opposing the Lord and the Buddha?*



Psalm

*The wider the light spread, the farther it enters into the
sphere of energy,
As the inner light grows stronger, words are wiser,
Our heart is empty and content under the guidance of The
Lord,
Releasing intransigence and infatuation, we think of the
land of heaven.*

Sydney, 16 April 2000, 5:00 AM

*Q: Why do they appreciate what they see and start
disliking it after a while?*

A: They dislike it after a while because their own light is
limited, while the light capacity is infinite.

Psalm

*Full detachment relates with the energy of compassion,
The soul progresses constantly with the karmic evolution,
Questions are answered by the law of cause and effect,
To resolve worries is as necessary as eating and drinking.*

Sydney, 17 April 2000, 5:45 AM

*Q: What type of energy relates with the axle of
progression?*

A: The energy of compassion relates with the axle of
progression.

Psalm

*Romantic relations are deceiving and do not last,
Those who practice with determination harbor no sorrow,
Whether love or hate, one accepts the temporary lesson,
Love or hatred derive from pure or impure hearts*

Sydney, 18 April 2000, 6:25 AM

Q: Can one cut off romantic relationships?

A: If one knows that romantic relationships are
temporary, one can cut them off at any time.

Psalm

*Cheating and plotting only harm oneself,
Spirituality disappears as greediness develops,
Going in the wrong direction, the mind remains stagnant,
Social position brings new worries and hinders entering
the boat of deliverance.*

Sydney, 19 April 2000, 2:55 AM

*Q: Is there any benefit in being greedy and cheating
others?*

A: Those who devise plots to cheat and gain social
positions only harm their mind and body.

Psalm,

*Resolve your deep emotions to gain clarity and wisdom,
We only harm ourselves by following the agitated external
world,
Those who cling to the social world cannot advance,
With a sincere heart, we will receive the divine love and
guidance.*

Newcastle, 20 April 2000, 4:10 AM

*Q: What should one do when one loses one's serenity,
starts trembling and speaking erratically?*

A: When the nervous system loses its equilibrium, one
must turn toward emptiness in order to restore
tranquility. The more one wants to gain the upper hand,
the more restless one will become.

Psalm

*The pure energy flows freely and reaches everywhere,
With the Lord's guidance, we attain spiritual harmony,
As our soul evolves infinitely,
We learn about the divine love and advance timely.*

Newcastle, 21 April 2000, 7:55 AM

Q: How does energy develop all over the world?

A: Energy develops all over the world because of the
resurrection of thousands of living beings nourished by
the pure energy formed by Heaven and Earth.

Newcastle, 22 April 2000, 9:25 AM

Q: Is there any benefit in opposing the Lord and the Buddha?

A: Those who oppose the Lord and the Buddha only obscure their own minds.

Psalm

*We are responsible for obscuring our mind,
Greediness, lust, and ignorance pull us downward,
With an agitated mind, our soul remains restless,
We have difficulty eating, sleeping, and judging clearly.*



Translated by Xuan Mai

Please contact xnmai@netscape.net if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date
