



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Demonstrating their ignorance, they spread agitation,
Blocking their energy, they only harm their own body,
Not understanding social and spiritual life, their emotions are violent,
Lacking spiritual practice, they sink deeper into passions.

Vi Kien

Baby Tam Talking To You

from 23 July 2000 to 29 July 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why do we have to learn new lessons every day?*
2. *Does time represent order in the universe?*
3. *What should we do to attain tolerance within purity and lightness?*
4. *Why does a treacherous person always remain treacherous?*
5. *What consequences will people harvest if they take advantage of spirituality for their own profit?*
6. *Is there any way to help those whose nervous system is out of balance?*
7. *Why do people ignore that they have a soul and an astral body?*



<p>Karlovy Vary, 23 July 2000, 7:30 AM Q: <i>Why do we have to learn new lessons every day?</i></p> <p>A: We must learn new lessons every day so that our soul has the opportunity to evolve further.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Spiritual energy shines and evolves every day, With an awakened consciousness, we appreciate the divine blessings, Learning infinite flexibility to adapt to new changes, We are happy to practice and develop our sincerity.</i></p>
<p>Karlovy Vary, 24 July 2000, 7:20 AM Q: <i>Does time represent order in the universe?</i></p> <p>A: Time represents order and promotes the understanding between man and universe.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The World Above shines in silence, Rain and wind alternate with calmness, Order reigns with the four precious seasons, To understand the Lord, we should return to emptiness.</i></p>
<p>Karlovy Vary, 25 July 2000, 3:45 AM Q: <i>What should we do to attain tolerance within purity and lightness?</i></p> <p>A: In order to attain tolerance within purity and lightness, we should turn our mind toward the Lord and silently invoke the mantra Nam Mo A Di Da Phat at the cranial psychic center. Only then will our flow of energy be able to communicate with the pure energy of the universe so that our soul can advance within tolerance, purity, and lightness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Advancing within tolerance, purity and lightness, Our minds develop and understand near and far, When enlightenment comes in a sacred moment, We understand our true soul, and turn within for inner harmony.</i></p>
<p>Karlovy Vary, 26 July 2000, 7:22 AM Q: <i>Why does a treacherous person always remain treacherous?</i></p> <p>A: A treacherous person always cheats others again and again because they have built up a bad habit since many lifetimes.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Humans live like mad people on earth, Unable to learn life's lessons, they turn to treacherous plans, Without a balanced consciousness, they cause wicked deeds, Stagnating in ignorance, they wrongly believe to outsmart others.</i></p>
<p>Karlovy Vary, 27 July 2000, 2:50 AM Q: <i>What consequences will people harvest if they take advantage of spirituality for their own profit?</i></p> <p>A: Those who devise plans to collect monies from others and take advantage of charitable purposes to become rich are committing a major crime. Eventually, they will die of an incurable disease.</p>	<p style="text-align: center;"><u>Psalm.</u></p> <p style="text-align: center;"><i>Taking advantage of spirituality, they only harm themselves, With greediness and agitation assailing their mind, They turn to wickedness because of rivalries and intransigence, Hindering their spiritual progress, they weave their life in vain.</i></p>

<p>Karlovy Vary, 28 July 2000, 4:20 AM <i>Q: Is there any way to help those whose nervous system is out of balance?</i></p> <p>A: Those whose nervous system is out of balance should have a plan for rest and relaxation in order to recover their equilibrium.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With a restless nervous system, energy is in disharmony, The nerves hurt and blood can't flow freely, Spiritual philosophy can reduce the agitation, Without a smooth itinerary, one cannot reach harmony.</i></p>
<p>Karlovy Vary, 29 July 2000, 3:15 AM <i>Q: Why do people ignore that they have a soul and an astral body?</i></p> <p>A: People ignore that they have a soul and an astral body because they have not encountered adversities in their life. Therefore, they do not yet understand their innate potential. The more suffering they encounter, the better they will understand themselves.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>We understand ourselves better after the adversities, Accepting life's temporariness, we harmonize with the circumstances, The temporary scenes awaken our consciousness, Practicing with perseverance, we understand both evil and goodness.</i></p>



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking V6-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date