



# The Life Energy Development Weekly

01 October, 2000

Email: [maioro@yahoo.com](mailto:maioro@yahoo.com)  
[www.vovi.org](http://www.vovi.org)

Published in concurrence with *The Viet LED Weekly 274*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Losing their equilibrium, they destroy the spiritual work and fall in deeper  
ignorance,  
With their wickedness, they imprison themselves in misery,  
Harming others, their hearts turn to malevolence,  
With a sincere heart, we perfect ourselves to attain tranquility.

*Vi Kien*

## Baby Tam Talking To You

*from 30 July 2000 to 05 August 2000*

Copyright © 2000 by Lương Sĩ Hằng & VoVi Association of Canada. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *What will happen when a nerve in the body does not function properly?*
2. *What results will one obtain from being loyal?*
3. *Why is the body in great pain when it is hurt?*
4. *What should one do to attain salvation at the moment of death?*
5. *Where does survival come from?*
6. *What should we do when remembering each other within the deep spiritual love?*
7. *What will happen to the surface of the earth when its center is too hot?*



<p><b>Karlovy Vary, 30 July 2000</b>  Q: <i>What will happen when a nerve in the body does not function properly?</i></p> <p>A: When one single nerve of the head is out of balance, one will feel burning pain and great discomfort.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>When the system is out of balance, the mind is agitated,  The soul does not progress and cannot listen,  Unable to practice, one cannot restore order,  As the disarray grows, one loses spirituality.</i></p>
<p><b>Karlovy Vary, 31 July 2000, 11:52 AM</b>  Q: <i>What results will one obtain from being loyal?</i></p> <p>A: Being loyal will bring success in the future. One will fear neither error nor infatuation. To keep a sincere heart is the way of progress.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Success awaits those who advance with loyalty,  By devoting ourselves to spiritual perfection, we use our  talent fully,  Developing ourselves with gratitude and loyalty,  We keep a sincere heart to reach our goal with certainty.</i></p>
<p><b>Karlovy Vary, 01 August 2000, 2:40 AM</b>  Q: <i>Why is the body in great pain when it is hurt?</i></p> <p>A: The body is in great pain because the nervous system has been hurt, and one must endure the burning pain.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The nervous system relates to the body,  The pain is pounding continuously,  The mind is sad and increasingly restless,  The nervous system truly affects the whole body.</i></p>
<p><b>Karlovy Vary, 02 August 2000, 2:10 AM</b>  Q: <i>What should one do to attain salvation at the moment of death?</i></p> <p>A: At the moment of death, one can only try with one's best efforts.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>At the last moment, one only knows to implore and  pray,  Humble, the awakened consciousness realizes grief and  suffering,  One cannot save anyone but oneself by taking a new  direction,  To attain self-salvation, one must abandon fighting and  competition.</i></p>
<p><b>Karlovy Vary, 03 August 2000, 4:15 AM</b>  Q: <i>Where does survival come from?</i></p> <p>A: Survival comes from self-awakening.</p>	<p style="text-align: center;"><b><u>Psalm,</u></b></p> <p style="text-align: center;"><i>The world continues with the constant cycle of  reincarnation,  All existences eventually return to emptiness,  We remain serene to save ourselves without agitation,  With perseverance, we practice to gradually progress.</i></p>
<p><b>Karlovy Vary, 04 August 2000, 3:15 AM</b>  Q: <i>What should we do when remembering each other within the deep spiritual love?</i></p> <p>A: When remembering each other within the deep spiritual love, we must devote ourselves to a more diligent spiritual practice to awaken our consciousness and repent our past mistakes.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Perfecting our spiritual heart, we truly understand the  sublime dharma,  Awakened, we understand the true soul and our  preconceived ideas,  Developing our true soul, we return to oneness,  When energy shines brightly, gone are worries and  sadness.</i></p>

---

**Karlovy Vary, 05 August 2000, 3:00 AM**

Q: *What will happen to the surface of the earth when its center is too hot?*

A: When the earth center is too hot, wild fires will occur on the surface.

**Psalm**

*Too much heat causes restlessness on earth,  
The inner heat causes fires and disruption everywhere,  
The temporary world is in constant agitation,  
Like a fire waiting to consume colonies.*



---

Translated by Xuan Mai

Please contact [maioro@yahoo.com](mailto:maioro@yahoo.com) if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date*

---