



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Practice

We practice to develop our sincere nature and progress with our own efforts,
Dissolving worries and sorrow, we lift our blindness,
Agitated thoughts no longer burden our consciousness,
Releasing intransigence and passion, we advance on the right path.

Vi Kien

Baby Tam Talking To You

from 13 August 2000 to 19 August 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How does the center of energy of the universe radiate its pure vibrations?*
2. *How can love and compassion bring transformations everywhere?*
3. *What should we do to develop ourselves and achieve progress?*
4. *What benefits does the spiritual adept obtain from contributing to the spiritual work with a compassionate heart?*
5. *What will happen when the spiritual adept discontinues his spiritual work?*
6. *Why does one feel isolated from divine love?*
7. *If hatred and anger imprison the mind, when will it end?*



<p>Montreal, 13 August 2000, 7:10 AM Q: <i>How does the center of energy of the universe radiate its pure vibrations?</i></p> <p>A: When the cranial psychic center of the head has developed to reach the proper level of energy, it will be able to capture the pure vibrations of the center of energy of the universe.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The center of universal energy radiates clear and righteous energy, With a pure heart and clear mind, inner peace comes naturally, The soul shines as it progresses spiritually, With sincerity, we detach ourselves of worldly affairs to see heaven clearly.</i></p>
<p>Montreal, 14 August 2000, 4:45 AM Q: <i>How can love and compassion bring transformations everywhere?</i></p> <p>A: When our heart is full of noble love and compassion, we will be able to develop ourselves extensively in any place.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The noble compassion shines everywhere, Our worries and sorrow disappear naturally, The light of compassion provides equal progression, Aiming the return to heaven, we devote ourselves to spiritual practice with sincerity.</i></p>
<p>Montreal, 15 August 2000, 2:55 AM Q: <i>What should we do to develop ourselves and achieve progress?</i></p> <p>A: In order to develop ourselves and achieve progress, we must dedicate ourselves to spiritual training and accept the trials and adversities in order to obtain a solid experience and philosophy. This will help us to progress with confidence on the path of spiritual evolution.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Through practice, we see the progression of our true heart clearly, Releasing our sorrow, we overcome adversities, With happiness, we return to our spiritual root, Turning to benevolence, our soul discovers the Truth.</i></p>
<p>Montreal, 16 August 2000, 2:45 AM Q: <i>What benefits does the spiritual adept obtain from contributing to the spiritual work with a compassionate heart?</i></p> <p>A: Those who spontaneously contribute to the spiritual work with a compassionate heart will gain great benefits. Compassion will motivate the spiritual adept to complete his mission tirelessly, so that he can truly evolve further on the spiritual path.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Understanding the divine philosophy, we practice to liberate ourselves, We devote ourselves to spiritual training and progress rapidly, With the divine blessings, we develop our path of progression, Accepting the constant evolution, we turn ourselves towards purity.</i></p>
<p>Montreal, 17 August 2000, 4:35 AM Q: <i>What will happen when the spiritual adept discontinues his spiritual work?</i></p> <p>A: Those who discontinue their spiritual work do not keep their promise. They will have to distance themselves for a certain period of time, so that they can see their own disloyalty.</p>	<p style="text-align: center;"><u>Psalm,</u></p> <p style="text-align: center;"><i>Disloyalty leads to interruption, and they must now care for themselves, Lacking compassionate energy, they face difficulties and search blindly, Destroying the divine love, they commit additional sins, Without a righteous practice, they don't see their own selves.</i></p>

Psalm

*Without faith, one is isolated from divine love,
Anger and hatred burden the mind and body,
With an agitated heart, one cannot develop
compassionate relations,
When faith disappears, one only harms oneself.*

Montreal, 18 August 2000, 3:15 AM

Q: *Why does one feel isolated from divine love?*

A: One feels isolated from divine love because one lacks a strong faith and cannot make progress.

Psalm

*Without spiritual awakening, the heart cannot be serene,
One causes agitation and suffering for many lifetimes,
Without serenity, the true soul does not know the way of
liberation,
The soul stays in the circle of sufferings during its whole
evolution.*

Montreal, 19 August 2000, 12:05 AM

Q: *If hatred and anger imprison the mind, when will it end?*

A: When hatred and anger imprison the mind, one will always carry the burden in one's heart from one lifetime to another.



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date