



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Sincerity

With sincerity, we devote ourselves to spiritual training for self-salvation,  
We no longer imprison ourselves in passion and agitation,  
Our soul is pure and light, and returns to oneness,  
We practice with sincerity to truly experience divine love.

*Vi Kien*

## Baby Tam Talking To You

*from 20 August 2000 to 26 August 2000*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *Is there any benefit in performing the divine mission?*
2. *What lessons does a human being learn from his existence on earth?*
3. *What will happen when the sexual and vital breath energies are fully depleted?*
4. *Can we relate with the energy of the universe by practicing the silent invocation of the mantra Nam Mo A Di Da Phat continually?*
5. *What kind of problems can a flow of light and pure energy resolve?*
6. *What benefits does one gain from practicing the silent invocation of the mantra Nam Mo A Di Da Phat continuously?*
7. *When will the burning pain end?*



<p><b>Montreal, 20 August 2000, 1:15 AM</b>  <i>Q: Is there any benefit in performing the divine mission?</i></p> <p>A: To perform the divine mission is very beneficial, and the spiritual adept will have the opportunity to develop his spiritual virtue.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>We carry out the divine mission without any worries,  Awakened, we practice to perfect ourselves and advance continually,  Our mind is open, clear, and wise,  We serve others with calmness and truly enjoy serenity.</i></p>
<p><b>Montreal, 21 August 2000, 2:45 AM</b>  <i>Q: What lessons does a human being learn from his existence on earth?</i></p> <p>A: A human being will learn the lessons of greediness and lustful desires from the profane world during his existence on earth.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Living with greediness, we die in suffering and exile,  Learning about pain and suffering, we evolve temporarily,  After greediness, passion, lust, one must return to the true nature,  Eventually all roads must lead to spirituality.</i></p>
<p><b>Montreal, 22 August 2000, 11:45 AM</b>  <i>Q: What will happen when the sexual and vital breath energies are fully depleted?</i></p> <p>A: When the sexual and vital breath energies are fully depleted, one faces death.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>We live happily in this transient world and accept its constant transformations,  Returning to our true soul, we build our noble position,  The pure heaven is omnipresent without boundaries,  We achieve inner peace from breathing the pure energy.</i></p>
<p><b>Montreal, 23 August 2000, 2:00 AM</b>  <i>Q: Can we relate with the energy of the universe by practicing the silent invocation of the mantra Nam Mo A Di Da Phat continually?</i></p> <p>A: When we practice the silent invocation of the mantra Nam Mo A Di Da Phat continually, we will be able to relate with the energy of the universe in a natural and spontaneous manner.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>To lift our sorrowful heart, we practice the mantra continually,  Building our spiritual future, we advance rapidly,  Dissolving our worries instantaneously,  We follow the righteous dharma and understand our body.</i></p>
<p><b>Montreal, 24 August 2000, 6:55 AM</b>  <i>Q: What kind of problems can a flow of light and pure energy resolve?</i></p> <p>A: A flow of light and pure energy can resolve matters without being limited by boundaries, and it can overcome all obstacles.</p>	<p style="text-align: center;"><b><u>Psalm,</u></b></p> <p style="text-align: center;"><i>Serenity brings light to all five continents,  How wonderful to return to spiritual energy and serenity,  Overcoming all obstacles, we progress without interruption,  The harmonious flow of energy allows us to work constructively.</i></p>
<p><b>Montreal, 25 August 2000, 3:05 AM</b>  <i>Q: What benefits does one gain from practicing the silent invocation of the mantra Nam Mo A Di Da Phat continuously?</i></p> <p>A: One feels isolated from divine love because one lacks a strong faith and cannot make progress.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>From mental invocation to constant invocation, we return to the heavenly homeland,  Our heart is widely open and free of sorrow,  Our determination will result in good opportunities,  Developing the great mind, we surmount all adversities.</i></p>

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**Montreal, 26 August 2000, 3:17 AM**

Q: *When will the burning pain end?*

A: The burning pain in the body will end when the nerves are healed and connected to each other.

**Psalm**

*Thanks to the spiritual opportunity, we live in peace and  
harmony,  
With a healthy body, we appreciate even more spirituality,  
Our awakened consciousness holds to a strong  
philosophy,  
Repenting our mistakes, we advance steadily.*



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Translated by Xuan Mai

Please contact [maioro@yahoo.com](mailto:maioro@yahoo.com) if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date*

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# Congress Courage and Practice, Year 2001

Dear Vo-Vi Friends,

Every year, we have the good opportunity to have a spiritual congress, and as Master Tam said, we only have this opportunity once a year. Brothers and sisters meet each other within joy and happiness, to celebrate together the "Tet Vo-Vi"... "What is "Tet" (New Year's Festival)? - "Tet" means to enjoy the Pure Energy of the Lord and The Buddha. We cultivate our compassionate heart for the development of spirituality. This is a major task, not a small one!" (extract from the Lecture "Congress Serenity-2000")

Year 2001 announces a new millennium, and also marks our 20th International Vo-Vi Congress. For 20 years, our dear Father has given us spiritual guidance tirelessly and fearlessly. What a great joy! In 2001, the Vo-Vi Spiritual Congress will take place on the Disney Magic, sailing from Port Canaveral, Orlando, Florida, to let us explore the sunny and romantic islands of the Caribbean. During the 7-day night cruise, we will have the opportunity to attend the Spiritual Congress, celebrate the Birthday of Master Tam, and above all, we will be able to meditate together as a big Vo-Vi Family. We will also have the opportunity to visit the tropical islands St Marteen, St John/St Thomas, and an island dedicated to Disney, Castaway Cay.

Why did Master Tam name the Congress 2001 as the Congress "Courage and Practice"?

During the Congress Serenity in Prague, he explained:

"After attaining serenity, we realize that we want to abandon all karmic relations, in order to advance with courage and practice; we will be reunited among brothers and sisters, once a year."

At the end of the Congress Serenity, he added:

"In a short moment, we will say good bye to each other, and we will have a better opportunity next time. We will meet each other again on a boat to live together in peace and harmony, and we will overcome all obstacles that may hinder our inner consciousness. I declare the end of the Congress, and wish you all a good trip."

For your convenience, the Organization Committee has tried to get the most favorable pricing and proposed a 3-term payment plan (Please see the Registration Form for more details).

We hope that we will have the opportunity to meet each other again next year in an atmosphere of love, compassion, and pure energy,

## **The Organization Committee**

### *Some observations on the Vegetarian Diet during the Congress Serenity 2000*

*After the end of the Congress Serenity 2000, we had the opportunity to listen to the golden words of Master Tam about the vegetarian meals served during the 3 days of the Congress.*

*We all have one or more relatives who passed away, and we all have "ancestors". During the spiritual Congress, these beings were allowed by Master Tam to attend the Congress in order to learn about spirituality with us. At the recent Congress, Master Tam was very happy when we understood and chose the sacrifice of eating only vegetarian meals even though there were many temptations surrounding us in this modern country. When we eat vegetarian, Master Tam has to work less, and he can disperse our impure energy more easily. At that time, we will obtain a pure and compassionate energy, and our relatives or ancestors will communicate with us more easily. If we eat meat, they will have greater difficulty to communicate, and Master Tam will have to work harder and spend more efforts to release our impurities.*

*Here are Master Tam's words: "Those who still eat meat during the Congress will feel angry and heavy. They will not be able to build a luminous entity during this sacred spiritual event. If everyone in the Congress eats vegetarian, we will build a direct and continuous flux of energy which will form a luminous block. This energy will help our relatives who passed away to elevate themselves spiritually".*

*Because of these reasons, the Organization Committee has decided to provide vegetarian meals for the 3 days of Congress 2001, so that we will have the opportunity to pay our gratitude towards our ancestors, and in particular, to lessen the burden for Master Tam during these 3 precious spiritual days.*

*We hope for your understanding and thank you sincerely,*

*The Organization Committee*

# Registration Form

## Congress COURAGE and PRACTICE

On the Disney Magic, Orlando, Fla  
(Sailing from 15 December 2001 to 22 December 2001)

**(Please fill out a separate form for each person, including children)**

Full Name: \_\_\_\_\_  
 Street Address : \_\_\_\_\_  
 City \_\_\_\_\_ State : \_\_\_\_\_ Zip code: \_\_\_\_\_ Country: \_\_\_\_\_  
 Affiliated with VoVi Association/Group: \_\_\_\_\_

**FULL BIRTHDATE:**

Male  Female  Tel: \_\_\_\_\_ E- mail /Fax: \_\_\_\_\_

**NATIONALITY:**

**Important: The ship regulations require that every person (including children) gives their birthdate and nationality.**

**Registration Fees (incl. 7 night-cruise, VoVi Congress and Birthday celebration of Master Tam, Port Taxes, transportation from hotel or airport to Port Canaveral). Not included: 75 USD gratuities that each person (adult or child) has to pay on last day of cruise to the cruise staff.**

**You can choose among 3 categories as follows:**

- **Category 11:** 184 sq feet cabin. One bath. Maximum occ.: 4 people.
  - **Category 10:** 214 sq. ft. cabin. Split bath, privacy divider, maximum occ.: 4 people.
  - **Category 9:** 214 sq. ft. cabin. Split bath, privacy divider, ocean view, maximum occ.: 4 people
- (If you wish to reserve higher categories like cat. 8 (oceanview) or 7 (private verandah), please contact the Organization Committee before 31 Dec. 2000 for pricing and availability. We cannot guarantee availability of these categories after this date).

**Note: We only have a limited number of Category 11 cabins. Priority will be given to those who register early. If your selection for Cat. 11 is no longer available, you will be reassigned to Cat. 10 or Cat. 9 depending on availability and will have to pay the price difference.**

**Registration Fees for Adults:** The 3-term deposit plan is provided for your convenience. Registration is only valid when all fees are paid. Fees cannot be refunded in case of cancellation. All registrations must be done through the Organization Committee. We cannot accept registrations for the Disney Cruise done through outside travel agencies.

ADULT	Deposit#1 – before 31 December 2000	Deposit#2 - before 1 April 2001	Deposit#3 before 15 July 2001	Total price
Quadruple/ per person	200 USD	400 USD	235 USD	835 USD (Cat. 11)
			260 USD	860 USD (Cat. 10)
			290 USD	890 USD (Cat. 10)
Triple / per person	200 USD	400 USD	300 USD	900 USD (Cat. 11)
			330 USD	930 USD (Cat. 10)
			390 USD	990 USD (Cat. 9)
Double / per person	200 USD	400 USD	400 USD	1000 USD (Cat. 11)
			440 USD	1040 USD (Cat. 10)
			495 USD	1095 USD (Cat. 9)
Single	400 USD	600 USD	680 USD	1680 USD (Cat. 11)
			760 USD	1760 USD (Cat. 10)
			890 USD	1890 USD (Cat. 10)
<b><u>Extra hotel nights (Max. 2 nights before and 2 nights after cruise)</u></b>		Extra night 13 Dec/01		
25 USD/quadruple/per person		Extra night 14 Dec/01		
30 USD/triple/ per person		Extra night 22 Dec/01		
45 USD/double/ per person		Extra night 23 Dec/01		
90 USD/single				
<b><u>(incl. hotel taxes, no breakfast)</u></b>				

**Fees for Children (Max 2 children per cabin, must stay with parents):**

*Note: Infants under 3 years old must pay 119 USD port taxes and 75 USD gratuities.  
Only adults can stay in double or single cabins.*

Children (3 – 17 years)	Deposit#1 – before 31 December 2000	Deposit#2 - before 1 April 2001	Deposit#3 before 15 July 2001	Total price
Quadruple/ per child	100 USD	400 USD	235 USD	735 USD (Cat. 11)
			260 USD	760 USD (Cat. 10)
			290 USD	790 USD (Cat. 9)
Triple / per child	100 USD	400 USD	300 USD	800 USD (Cat. 11)
			330 USD	830 USD (Cat. 10)
			390 USD	890 USD (Cat. 9)
Extra hotel nights (Max. 2 nights before and 2 nights after cruise) 25 USD/quadruple/per person 30 USD/triple/ per person <u>no breakfast</u>		Extra night 13 Dec/01		
		Extra night 14 Dec/01		
		Extra night 22 Dec/01		
		Extra night 23 Dec/01		

**Payable in US DOLLARS only via:** international money order  or postal money order   
or cashier's check (for practitioners residing in the USA)

Please send registration form and payment to:

USA, Australia, and Asia:

Money order or Cashier's check payable to:  
VoVi Friendship Association of Northern California  
Mail to: Mai Nguyen  
P.O. Box 5234  
Oroville, CA 95966-0234, USA

Europe and Canada:

Money order payable to:  
VOVI ASSOCIATION OF CANADA  
Mail to: Phan Cao Thang  
2922 Jolicoeur St. MONTREAL-  
QUEBEC - H4E 1Z3 CANADA

**Deadline for first deposit: 200 USD before 31 December 2000**

**2<sup>nd</sup> Deposit: 400 USD before 1 April 2001**

**Remaining balance: before 15 July 2001**

**Please plan to arrive before 11AM on Saturday, 15 Dec. 2001 and depart after 12 (noon) on Sunday, 22 Dec. 2001 to have sufficient time for transit from airport to Port Canaveral and embarkation/debarcation procedures.**

**Arrival to ORLANDO International Airport (MCO). Please travel in groups to facilitate transportation to hotel:**

Arrival date:                      Arrival time:                      Airline:                      Flight Number:  
Departure date:                      Departure time:                      Airline:                      Flight Number:

**Roommates requested : (if no roommate is specified, the Organization Committee will select for you)**

1)

Contact information:

USA, Australia, and Asia:

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