



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Diligent Practice

We practice with diligence to free ourselves of errors and passions,
To understand the sublime divine world, we practice with determination,
Serene, we elevate ourselves, void of agitation,
Practicing with sincerity, we abandon our errors and passions.

Vi Kien

Baby Tam Talking To You

from 17 September 2000 to 23 September 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there any benefit when a meditation practitioner works for the common good and follows the common direction with a sincere heart?*
2. *Is there any benefit in devoting oneself to spiritual perfection with courage and determination?*
3. *Is it correct that a work schedule must indicate the time and hours?*
4. *What does it mean to have a pure heart and a wise mind?*
5. *How does compassionate love spread everywhere?*
6. *What is the proper way to express love and respect?*
7. *Why does only a loyal and trustworthy practitioner have the opportunity for selfawakening?*



<p>Atlantic City, 17 September 2000, 5:07 AM <i>Q: Is there any benefit when a meditation practitioner works for the common good and follows the common direction with a sincere heart?</i></p> <p>A: A meditation practitioner who works for the common good and follows the common direction will bring great benefits in the realization of the great common cause.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Developing our sincere nature, we advance every second, Thankful for the Divine Grace that helps us every day, We practice to progress in the sphere of energy, Loving and respecting the Lord and the Buddha, we practice to perfect ourselves steadily.</i></p>
<p>Atlantic City, 18 September 2000, 3:15 AM <i>Q: Is there any benefit in devoting oneself to spiritual perfection with courage and determination?</i></p> <p>A: To devote oneself to spiritual perfection with courage and determination will bring great benefits. One will naturally understand many matters of the past as well as of the future.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>We practice with courage and determination to attain clarity, Our wise mind understands the path of spiritual evolution, Thanks to the divine guidance, we practice easily, With an awakened consciousness and a pure heart, we progress with our own efforts.</i></p>
<p>Atlantic City, 19 September 2000, 3:40 AM <i>Q: Is it correct that a work schedule must indicate the time and hours?</i></p> <p>A: Yes, a work schedule must indicate the time and hours in order to maintain order.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>To succeed, we have to practice at the right time and hours, To advance with confidence, we have to follow the will of heaven and earth, Our consciousness will naturally comprehend the subtle pureness Receiving serene energy from the World Above, we build our spiritual foundation.</i></p>
<p>Atlantic City, 20 September 2000, 3:00 AM <i>Q: What does it mean to have a pure heart and a wise mind?</i></p> <p>A: To have a pure heart and a wise mind means that after the spiritual practice, we turn within to understand goodness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With a serene heart, we learn and practice to advance in the sphere of purity, Abandoning our differences, we work in unity, Releasing our impurities, we clearly understand the value of spiritual practice, Learning together, we direct our mind toward purity.</i></p>
<p>Atlantic City, 21 September 2000, 8:40 AM <i>Q: How does compassionate love spread everywhere?</i></p> <p>A: Compassionate love spreads everywhere through the consciousness of the meditation practitioner who has attained equilibrium.</p>	<p style="text-align: center;"><u>Psalm,</u></p> <p style="text-align: center;"><i>Love is inherent in the human being, Developing our mind and spiritual heart, we advance in a timely manner, Communicating with the divine love, we spread benevolent thoughts, Working for the common good, we learn and laugh together.</i></p>

<p>Atlantic City, 22 September 2000, 2:40 AM Q: <i>What is the proper way to express love and respect?</i></p> <p>A: The proper way to express love and respect is to love and respect the person's spiritual merit and noble sacrifices.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With a selfless spirit, we provide infinite guidance to humanity,</i> <i>With an awakened consciousness, we devote ourselves to spiritual perfection and release our worries,</i> <i>With a righteous knowledge, we practice without agitation,</i> <i>Practicing with diligence and a serene heart, we live in peace and harmony.</i></p>
<p>Atlantic City, 23 September 2000, 9:10 AM Q: <i>Why does only a loyal and trustworthy practitioner have the opportunity for self-awakening?</i></p> <p>A: Only a loyal and trustworthy practitioner has the opportunity for self-awakening, because only those with loyalty and trustworthiness will truly correct their mistakes and perfect their spiritual heart.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>A loyal and trusty practitioner corrects himself with a true heart,</i> <i>Learning with serenity, we'll return to our true origin,</i> <i>The divine principle is void of agitation,</i> <i>Practicing with a sincere heart, we abandon anger and passion.</i></p>



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date

Important Announcement about the VoVi Convention “ Courage and Practice” in 2001

Dear VoVi Friends,

During the VoVi Millennium celebration on Sunday November 5, 2000, Master Tam has stated that there will be a VoVi spiritual concert (Thien-Ca) with the theme “Courage and Practice” in 2001.

Since Master Tam would like that the VoVi spiritual concert, VoVi convention, and his birthday celebration take place during the same time period, we have worked intensively with the Disney Cruise Line to move the Convention dates as follows:

Departure date: Disney Magic ship leaving Port Canaveral on Saturday, 27 October, 2001.

Returning to Port Canaveral in the morning of Saturday, 3 November, 2001.

In case you would like to attend the VoVi spiritual concert, it will take place in the evening of Saturday, 3 November, 2001, in Orlando, and details will be announced later by the organization committee responsible for the spiritual concert. Hotel prices for extended stay before the convention and for the night of the spiritual concert will also be announced later.

In the contract signed for December, the cruise line has miscalculated their prices, and therefore, we had very good prices for the cabins of Category 9. After moving the dates to November, these prices are no longer valid, and prices for the Category 9 (Oceanview) will have to increase by 30 USD per person.

Please see the attached registration form for more information.

In case you have registered for Category 9 during Master Tam's birthday celebration in Philadelphia, and wish to change categories due to the price increase, please contact our organization committee as soon as possible for adjustment.

We hope that you will have the opportunity to attend the VoVi convention next year, and remind you that the first deposit should be made before 31 December 2000. After 31 December 2000, there will be a late registration fee of 50 USD on the total price for each person, and rooms will be assigned based on availability.

Many thanks for your attention,

The Organization Committee for VoVi Conventions

Contact information for registration

xuaân mai, tel 530-589-6972, email: maioro@yahoo.com or mnguyen@apple.com, fax: 530-589-1517.

Phan Cao Thaêng, tel. 514-362-0259, email aphancao@videotron.ca, fax 514-362-8036

Dominique Santelli, tel. (0)(4) 50708355, email santelli.dominique@wanadoo.fr

Questions and answers about VoVi Convention "Courage and Practice" in 2001:

Important papers

Canadian or US Citizens need to have a valid passport. Children accompanying their parents must have their names listed in their parents' passports.

US Residents (Permanent residents with a green card) should bring their green card and a valid passport (Re-entry permit).

European citizens who do not need a visa for the United States should have a valid passport.

Citizens of Vietnamese nationality (who are not permanent residents of the United states) should have a valid passport and a visa for the United States (Please ask for a multiple entry visa, because the ship will leave the US territory during the cruise).

Citizens of Australia should have a valid passport and a visa for the United States (Multiple entry visa).

A valid passport should be valid for at least 6 months starting from the date of ship departure (i.e., the passport should not expire before 1 May, 2002).

Cabin of 4 people

A cabin of 4 people has one Queen bed (for 2 people) or two Twin beds adjacent to each other, one sofa bed (for the third person) and a bunk bed pulled down from the ceiling (for the fourth person).

Those of you who have Internet access can go to the Disney website www.disney.com for further information (select Disney Cruise).

Registration Form

Congress COURAGE and PRACTICE

On the Disney Magic, Orlando, Fla
(Sailing from 27 October 2001 to 3 November 2001)
(Please fill out a separate form for each person, including children)

Full Name: _____
 Street Address : _____
 City _____ State : _____ Zip code: _____ Country: _____
 Affiliated with VoVi Association/Group: _____

FULL BIRTHDATE:

Male Female Tel: _____ E- mail /Fax: _____

NATIONALITY:

Important: The ship regulations require that every person (including children) gives their birthdate and nationality.

Registration Fees (incl. 7 night-cruise, VoVi Congress and Birthday celebration of Master Tam, Port Taxes, transportation from hotel or airport to Port Canaveral). Not included: 75 USD gratuities that each person (adult or child) has to pay on last day of cruise to the cruise staff.

You can choose among 3 categories as follows:

- **Category 11:** 184 sq feet cabin. One bath. Maximum occ.: 4 people.
- **Category 10:** 214 sq. ft. cabin. Split bath, privacy divider, maximum occ.: 4 people.
- **Category 9:** 214 sq. ft. cabin. Split bath, privacy divider, ocean view, maximum occ.: 4 people

Note: We only have a limited number of Category 11 cabins. Priority will be given to those who register early. If your selection for Cat. 11 is no longer available, you will be reassigned to Cat. 10 or Cat. 9 depending on availability and will have to pay the price difference. **Late Registration Fees after Dec. 31, 2000: Please add 50 USD to total price for each person.**

Registration Fees for Adults: The 3-term deposit plan is provided for your convenience. Registration is only valid when all fees are paid. Fees cannot be refunded in case of cancellation. All registrations must be done through the Organization Committee. We cannot accept registrations for the Disney Cruise done through outside travel agencies.

Adult	Deposit # 1 Before 31Dec 2000	Deposit # 2 Before 1 April 2001	Deposit # 3 Before 15 July 2001	Registration fees		Total
Quadruple/ per person	200 USD	400 USD	235 USD	835 USD	Cat. 11	
			260 USD	860 USD	Cat. 10	
			320 USD	920 USD	Cat. 9	
Triple/ per person	200 USD	400 USD	300 USD	900 USD	Cat. 11	
			330 USD	930 USD	Cat. 10	
			420 USD	1020 USD	Cat. 9	
Double/ per person	200 USD	400 USD	400 USD	1000 USD	Cat. 11	
			440 USD	1040 USD	Cat. 10	
			530 USD	1130 USD	Cat. 9	
Single	400 USD	600 USD	680 USD	1680 USD	Cat. 11	
			760 USD	1760 USD	Cat. 10	
			920 USD	1920 USD	Cat. 9	
Hotel: Prices to be announced later.		Extra night 25-10-20001 [] Night 26-10-2001 []				
		Extra night 3-11-20001 [] Night 4-11-2001 []				
GRAND TOTAL:						

Fees for Children (Max 2 children per cabin, must stay with parents):

Note: Infants under 3 years old must pay 119 USD port taxes and 75 USD gratuities.

Only adults can stay in double or single cabins.

Children (3 to 17 yrs)	Deposit # 1 Before 31Dec 2000	Deposit # 2 Before 1 April 2001	Deposit # 3 Before 15 July 2001	Registration Fees		Total
Quadruple/ per child	100 USD	400 USD	235 USD	735 USD	Cat. 11	
			260 USD	760 USD	Cat. 10	
			320 USD	820 USD	Cat. 9	
Triple/ per child	100 USD	400 USD	300 USD	800 USD	Cat. 11	
			330 USD	830 USD	Cat. 10	
			420 USD	920 USD	Cat. 9	
Hotel: Prices to be announced later.		Extra night 25-10-2000 []		Night 26-10-2001 []		
		Extra night 3-11-2000 []		Night 4-11-2001 []		
Grand Total						

Payable in US DOLLARS only via: international money order or postal money order
or cashier's check (for practitioners residing in the USA)

Please send registration form and payment to:

USA, Australia, and Asia:

Money order or Cashier's check payable to:
VoVi Friendship Association of Northern California
Mail to: Mai Nguyen
P.O. Box 5234
Oroville, CA 95966-0234, USA

Europe and Canada:

Money order payable to:
VOVI ASSOCIATION OF CANADA
Mail to: Phan Cao Thang
2922 Jolicoeur St. MONTREAL-
QUEBEC - H4E 1Z3 CANADA

Deadline for first deposit: 200 USD before 31 December 2000

2nd Deposit: 400 USD before 1 April 2001

Remaining balance: before 15 July 2001

LATE REGISTRATION FEES: add 50 USD to total price for registration after 31 December 2000.

Please plan to arrive before 11AM on Saturday, 27 Oct. 2001 and depart after 12 (noon) on Saturday, Nov. 3, 2001 to have sufficient time for transit from airport to Port Canaveral and embarkation/debarcation procedures. Please note that this does not apply to those who will attend the VoVi Spiritual Concert on Nov.3, 2001.

Arrival to ORLANDO International Airport (MCO). Please travel in groups to facilitate transportation to hotel:

Arrival date: Arrival time: Airline: Flight Number:
Departure date: Departure time: Airline: Flight Number:

Roommates requested : (if no roommate is specified, the Organization Committee will select for you)

- 1)
- 2)
- 3)

Contact information:

USA, Australia, and Asia:

xuân mai, tel. (530) 589-6972, email: maioro@yahoo.com

Canada:

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