



The Life Energy Development Weekly

26 November, 2000

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Published in concurrence with The Viet LED Weekly 282

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Union

Unifying with the sphere of purity, we understand spirituality,
With determination, we practice to advance with the spiritual opportunity,
Unifying with the sphere of energy, we return to oneness,
Understanding ourselves and others, our heart naturally attains tranquility.

Vi Kien

Baby Tam Talking To You

from 24 September 2000 to 30 September 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there any benefit in practicing the true dharma with diligence?*
2. *Will one succeed in attaining enlightenment if one still holds on to greediness?*
3. *What should one do to attain loyalty and righteousness?*
4. *The human mind is limited, so where will it go if it keeps trying to search deeper?*
5. *Do greediness and carnal desires have any harmful consequences?*
6. *Why does the meditation practitioner feel lonely?*
7. *Is there any benefit in dissecting the affairs of others to find their flaws?*



| | |
|---|--|
| <p>Atlantic City, 24 September 2000, 4:30 AM Q: <i>Is there any benefit in practicing the true dharma with diligence?</i></p> <p>A: To practice the true dharma with diligence means to build for oneself the good habit of abandoning all greediness and carnal desires.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practicing with sincerity, we strive to return to our true nature, With a true determination, our mind is very serene, Avoiding turning outward and causing worries, We develop our compassion and live within peace.</i></p> |
| <p>Atlantic City, 25 September 2000, 7:40 AM Q: <i>Will one succeed in attaining enlightenment if one still holds on to greediness?</i></p> <p>A: Those who devise plots and cause disturbances will not succeed in attaining enlightenment. They will increase their greediness and inflict suffering to both their mind and body.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The path of agitation is a failing path, The awakened mind is not greedy and knows the right path, We practice in joy and harmony and develop our spiritual consciousness, With diligence and sincerity, we practice to reach self-knowledge.</i></p> |
| <p>Atlantic City, 26 September 2000, 8:35 AM Q: <i>What should one do to attain loyalty and righteousness?</i></p> <p>A: In order to attain loyalty and righteousness, one should serve humanity with a sincere heart.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>A true spiritual adept loves and respects people, Serving others with a sincere heart, we are free of passion and blindness, Our great mind develops as we advance spiritually, Releasing all sorrow, our mind is free of worries.</i></p> |
| <p>Atlantic City, 27 September 2000, 2:10 AM Q: <i>The human mind is limited, so where will it go if it keeps trying to search deeper?</i></p> <p>A: When one understands that the human mind is limited, one should accept the path of spiritual evolution. To return to naturalness and spontaneity is a more worthy endeavor.</p> | <p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>By releasing our impurities, we will enlighten the soul, We will then easily overcome suffering and adversity, The heart laden with karma knows no way to escape, The Way will open to those with compassion, patience, and humility.</i></p> |
| <p>Atlantic City, 28 September 2000, 2:30 AM Q: <i>Do greediness and carnal desires have any harmful consequences?</i></p> <p>A: Those who are greedy and follow their carnal desires will harm their nervous system, and their body can easily become paralyzed in old age.</p> | <p style="text-align: center;"><u>Psalm,</u></p> <p style="text-align: center;"><i>They persevere in their passion and errors with a restless mind and body, Even with a paralyzed body, their mind refuses to awaken, They refuse to improve themselves and deny the principle of Heaven, Harvesting suffering and hardship, they will complain silently.</i></p> |

Psalm

*Developing ourselves, we advance on the spiritual path,
Our clear and wise mind clearly sees the path of
evolution,
Serenely, we contemplate the profane world without any
regret,
Practicing with sincerity, we naturally attain self-
knowledge.*

Atlantic City, 29 September 2000, 3:10 AM
Q: *Why does the meditation practitioner feel lonely?*

A: A meditation practitioner feels lonely because he does not mingle with worldly affairs, and he is determined to elevate himself through spiritual cultivation.

Psalm

*Burdening their mind and body, their head remains
obscure,
Holding to their greediness, they keep fighting,
Seeking self-interest, their mind is loaded with wicked
plans,
Lacking the spiritual depth, they only face worries.*

Atlantic City, 30 September 2000, 7:50 AM
Q: *Is there any benefit in dissecting the affairs of others to find their flaws?*

A: Those who devote themselves to finding flaws in others are wasting a lot of time. They only harm their mind and body. Eventually, they will be subject to an incurable disease without receiving help from anyone.



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking V6-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date

QUESTIONS and ANSWERS about the VoVi Congress "Courage and Practice" from 27 October, 2000 to 3 November, 2001

(1) What are the rules for late registration and when is the registration deadline for late applications?

Since we need to reserve space early and pay the deposit to the cruise line, we strongly encourage that you register early and pay the first deposit before 31 December, 2000.

After 31 December 2000, the registration fees will increase by 50 USD for each person as follows:

Late registration fees per person (including transportation to Port Canaveral)

Quadruple occupancy:

Total fees: Cat. 11: 885 USD(for adult), 785 USD (for child)
Cat. 10: 910 USD(for adult), 810 USD (for child)
Cat. 9: 970 USD(for adult), 870 USD (for child)

Triple occupancy:

Total fees: Cat. 11: 950 USD(for adult), 850 USD (for child)
Cat. 10: 980 USD(for adult), 880 USD (for child)
Cat. 9: 1070 USD(for adult), 970 USD (for child)

Double occupancy (adult only):

Total fees: Cat. 11: 1050 USD
Cat. 10: 1090 USD
Cat. 9: 1180 USD

Single occupancy (adult only):

Total fees: Cat. 11: 1730 USD
Cat. 10: 1810 USD
Cat. 9: 1970 USD

*For late registration after 31 December 2000 and before 1 April 2001, please pay as follows:
Before 1 April 2001: 650 USD deposit and the remaining balance before 15 July 2001.*

For late registration after 1 April 2001, please pay full registration fees in one payment.

The deadline for late registration is **1 July 2001**, or earlier if we are fully booked. Late registrants will be assigned rooms based on space availability.

(2) What are the differences between category 11, category 10, and category 9?

Category 11 does not mean that the cabins are located on Deck 11, or category 9 does not mean that the cabins are located on Deck 9. Deck and cabin assignments will be made by the cruise ship later on.

Category 11 cabins are smaller than cabins of category 10 or 9, because the bathroom is smaller. All three types of cabins include a bathroom. However, the bathroom in category 10 and 9 is a split bath, i.e., there is a separate room for the tub/shower and wash basin, and a second bathroom for toilet and wash basin. Cabins of Category 10 and 9 have more closets. In addition, category 9 has an oceanview.

(3) How big is the Disney Magic?

The Disney Magic has about 85,000 gross tonnage and the ship length is 964 feet. Passenger capacity is from 1750 to 2400 passengers. There is a multinational crew of 950 people.

(4) What is the itinerary of the Disney Magic?

The Disney Magic will stop at three different islands: St Marteen, a Dutch/French island, well-known for its white sand beaches and blue waters, St Thomas/St John, a shopping paradise with hundreds of duty free shops. The ship will also stop at Disney private island "Castaway Cay". In addition, there are numerous entertainment programs for all ages provided on the ship, Broadway style shows in the evening and a Disney theatre with Disney movies.

(5) When will we know the price for hotel stay before and after the Vo-Vi Convention?

Since we have moved the dates of the Vo-Vi Convention to end of October and beginning of November, 2001, we are still negotiating prices with the hotels and looking for a good location. We will announce the prices on the LED Weekly by the end of January, 2001.

The Organization Committee of Vo-Vi Convention 2001

Registration Form

Congress COURAGE and PRACTICE

On the Disney Magic, Orlando, Fla

(Sailing from 27 October 2001 to 3 November 2001)

(Please fill out a separate form for each person, including children)

Full Name:

Street Address :

City

State :

Zip code:

Country:

Affiliated with VoVi Association/Group:

FULL BIRTHDATE:

Male

Female

Tel:

E- mail /Fax:

NATIONALITY:

Important: The ship regulations require that every person (including children) gives their birthdate and nationality.

Registration Fees (incl. 7 night-cruise, VoVi Congress and Birthday celebration of Master Tam, Port Taxes, transportation from hotel or airport to Port Canaveral). Not included: 75 USD gratuities that each person (adult or child) has to pay on last day of cruise to the cruise staff.

You can choose among 3 categories as follows:

- **Category 11:** 184 sq feet cabin. One bath. Maximum occ.: 4 people.
- **Category 10:** 214 sq. ft. cabin. Split bath, privacy divider, maximum occ.: 4 people.
- **Category 9:** 214 sq. ft. cabin. Split bath, privacy divider, ocean view, maximum occ.: 4 people

Note: We only have a limited number of Category 11 cabins. Priority will be given to those who register early. If your selection for Cat. 11 is no longer available, you will be reassigned to Cat. 10 or Cat. 9 depending on availability and will have to pay the price difference. **Late Registration Fees after Dec. 31, 2000: Please add 50 USD to total price for each person.**

Registration Fees for Adults: The 3-term deposit plan is provided for your convenience. Registration is only valid when all fees are paid. Fees cannot be refunded in case of cancellation. All registrations must be done through the Organization Committee. We cannot accept registrations for the Disney Cruise done through outside travel agencies.

| Adult | Deposit # 1 Before 31Dec 2000 | Deposit # 2 Before 1 April 2001 | Deposit # 3 Before 15 July 2001 | Registration fees | Total |
|--|-------------------------------------|---------------------------------------|------------------------------------|---------------------|---------|
| Quadruple/ per person | 200 USD | 400 USD | 235 USD | 835 USD | Cat. 11 |
| | | | 260 USD | 860 USD | Cat. 10 |
| | | | 320 USD | 920 USD | Cat. 9 |
| Triple/ per person | 200 USD | 400 USD | 300 USD | 900 USD | Cat. 11 |
| | | | 330 USD | 930 USD | Cat. 10 |
| | | | 420 USD | 1020 USD | Cat. 9 |
| Double/ per person | 200 USD | 400 USD | 400 USD | 1000 USD | Cat. 11 |
| | | | 440 USD | 1040 USD | Cat. 10 |
| | | | 530 USD | 1130 USD | Cat. 9 |
| Single | 400 USD | 600 USD | 680 USD | 1680 USD | Cat. 11 |
| | | | 760 USD | 1760 USD | Cat. 10 |
| | | | 920 USD | 1920 USD | Cat. 9 |
| Hotel: Prices to be announced later. | | Extra night 25-10-20001 [] | Night 26-10-2001 [] | | |
| | | Extra night 3-11-20001 [] | Night 4-11-2001 [] | | |
| | | | | GRAND TOTAL: | |

Fees for Children (Max 2 children per cabin, must stay with parents):

*Note: Infants under 3 years old must pay 119 USD port taxes and 75 USD gratuities.
Only adults can stay in double or single cabins.*

| Children (3 to 17 yrs) | Deposit # 1 Before 31Dec 2000 | Deposit # 2 Before 1 April 2001 | Deposit # 3 Before 15 July 2001 | Registration Fees | | Total |
|---|-------------------------------------|---------------------------------------|------------------------------------|-------------------|---------|-------|
| Quadruple/ per child | 100 USD | 400 USD | 235 USD | 735 USD | Cat. 11 | |
| | | | 260 USD | 760 USD | Cat. 10 | |
| | | | 320 USD | 820 USD | Cat. 9 | |
| Triple/ per child | 100 USD | 400 USD | 300 USD | 800 USD | Cat. 11 | |
| | | | 330 USD | 830 USD | Cat. 10 | |
| | | | 420 USD | 920 USD | Cat. 9 | |
| Hotel: Prices to be announced later. | | Extra night 25-10-2000 [] | Night 26-10-2001 [] | | | |
| | | Extra night 3-11-2000 [] | Night 4-11-2001 [] | | | |
| Grand Total | | | | | | |

Payable in US DOLLARS only via: international money order or postal money order
or cashier's check (for practitioners residing in the USA)

Please send registration form and payment to:

USA, Australia, and Asia:

Money order or Cashier's check payable to:
VoVi Friendship Association of Northern California
Mail to: Mai Nguyen
P.O. Box 5234
Orville, CA 95966-0234, USA

Europe and Canada:

Money order payable to:
VOVI ASSOCIATION OF CANADA
Mail to: Phan Cao Thang
2922 Jolicoeur St. MONTREAL-
QUEBEC - H4E 1Z3 CANADA

Deadline for first deposit: 200 USD before 31 December 2000

2nd Deposit: 400 USD before 1 April 2001

Remaining balance: before 15 July 2001

LATE REGISTRATION Deadline: 1 July 2001, or earlier if we are fully booked.

Please plan to arrive before 11AM on Saturday, 27 Oct. 2001 and depart after 12 (noon) on Saturday, Nov. 3, 2001 to have sufficient time for transit from airport to Port Canaveral and embarkation/debarcation procedures. Please note that this does not apply to those who will attend the VoVi Spiritual Concert on Nov.3, 2001.

Arrival to ORLANDO International Airport (MCO). Please travel in groups to facilitate transportation to hotel:

Arrival date: Arrival time: Airline: Flight Number:
Departure date: Departure time: Airline: Flight Number:

Roommates requested : (if no roommate is specified, the Organization Committee will select for you)

- 1)
- 2)
- 3)

Contact information:

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