



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Detachment

Abandoning our profane heart, we release all greediness,  
It's invaluable to develop a compassionate heart,  
With spiritual wisdom, we appreciate life and cultivate our sincere nature,  
Practicing with diligence and serenity, we truly understand the spiritual path.

*Vi Kien*

## Baby Tam Talking To You

*from 15 October 2000 to 21 October 2000*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *Is there any benefit in turning one's mind toward Heaven, and expressing one's love and affection?*
2. *Why do we feel a constant affection and never forget our spiritual friends?*
3. *What will happen when we work with dedication and selflessness for the common good?*
4. *When will those who like lengthy and rebellious arguments change their character?*
5. *Why do people have to encounter sufferings in life?*
6. *What is human love?*
7. *What's new when the weather changes?*



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| <p><b>Atlantic City, 15 October 2000</b><br/> Q: <i>Is there any benefit in turning one's mind toward Heaven, and expressing one's love and affection?</i></p> <p>A: Only the spiritual adepts who practice with a sincere heart can truly gain a benefit when turning their mind toward Heaven, and expressing their love and affection. They will be able to unify their spiritual energy with the divine energy during the joyful days of reunion.</p> | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>With a sincere heart, we turn toward heaven and progress<br/> in silence,<br/> Wishing our Master a long life, we release our inner<br/> worries,<br/> We truly appreciate the Grace of the Lord and the divine<br/> love,<br/> Expressing our love and affection during our reunion, our<br/> heart feels great peace.</i></p> |
| <p><b>Atlantic City, 16 October 2000</b><br/> Q: <i>Why do we feel a constant affection and never forget our spiritual friends?</i></p> <p>A: We feel a constant affection and never forget our spiritual friends, because we all advance on the same path of spiritual evolution.</p>  | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Advancing together, we harmonize with each other,<br/> Building affectionate ties, we live in peace and harmony,<br/> Following the righteous path, we never change our mind,<br/> Advancing on the same spiritual path, we overcome our<br/> own difficulties.</i></p>   |
| <p><b>Atlantic City, 17 October 2000</b><br/> Q: <i>What will happen when we work with dedication and selflessness for the common good?</i></p> <p>A: When we work with dedication and selflessness for the common good, all things will be accomplished successfully.</p>  | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>To work in harmony for the common good means<br/> success,<br/> With a positive spirit, we will cooperate easily,<br/> Working for the common good, we elevate ourselves to<br/> higher spheres,<br/> Keeping a clear mind, we release our sorrow and worries.</i></p>  |
| <p><b>Atlantic City, 18 October 2000</b><br/> Q: <i>When will those who like lengthy and rebellious arguments change their character?</i></p> <p>A: Those who like lengthy and rebellious arguments will only change their character when encountering adversities in their life.</p>   | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Talking in an disorderly manner only leads to suffering<br/> and ignorance,<br/> With their rebellious arguments, they do not distinguish<br/> between spirituality and imprisonment,<br/> Their crazy mind cannot see the path of evolution,<br/> Like blind people, they live in ignorance and agitation.</i></p>             |
| <p><b>Atlantic City, 19 October 2000</b><br/> Q: <i>Why do people have to encounter sufferings in life?</i></p> <p>A: People have to encounter sufferings in life because of the karma they have accumulated from many lifetimes.</p>   | <p style="text-align: center;"><b><u>Psalm,</u></b></p> <p><i>Throughout life, the soul encounters many sufferings,<br/> This follows the just law of cause and effect for<br/> everybody,<br/> Now we accept to practice during our whole lifetime,<br/> Without spiritual perfection, one increases suffering and<br/> sadness only.</i></p>   |
| <p><b>Atlantic City, 20 October 2000</b><br/> Q: <i>What is human love?</i></p> <p>A: Human love comes from the compassionate heart of each individual who expresses the vow to practice charitable deeds.</p>  | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Developing our compassionate heart, we advance on the<br/> same common path,<br/> Helping needy people to alleviate their sorrow,<br/> We sympathize with their deprivations,<br/> Throughout our lifetime, we cultivate goodness and<br/> develop our compassion.</i></p>  |

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**Atlantic City, 21 October 2000**

Q: *What's new when the weather changes?*

A: When the weather changes, we can breathe more easily and lightly.

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**Psalm**

*With the pure and light air, it's easy to meditate,  
We can meditate a long time and keep a serene mind,  
Changing our character, we no longer hold to passions  
and agitation,  
Practicing with diligence and serenity, we are no longer  
aimless.*

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Translated by Xuan Mai

Please contact [maioro@yahoo.com](mailto:maioro@yahoo.com) if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date*

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**Important Notes about the VoVi Congress "Courage and Practice" from 27 October, 2000 to 3 November, 2001**

**Currently, we have filled up almost all of the Category 9's and Category 11's cabins. If you register after 17 December 2000, please understand in case we need to place you into Category 10's cabins, if your choice of cabin is no longer available.**

**Important papers for embarkation at Port Canaveral:**

- (1) Vo-Vi friends with a Canadian or US Citizenship need to have a passport valid for 6 months at least since the date of embarkation, i.e., valid until May, 2002, at the minimum.
- (2) Vo-Vi friends with the following nationalities: France, Germany, Australia, Belgium, Denmark, Italy, Japan, Luxembourg, Monaco, Norway, Singapore, Switzerland, United Kingdom, can visit the United States without a visa **in case you stay less than 90 days in the US and you will be able to visit the islands during the cruise without a visa.**

Please remember that you will need to present the following papers at embarkation time:

- A passport valid until May 2002 at the minimum.
- Your roundtrip airline ticket (roundtrip air back to your country of residence)
- The **I-94W** form that the Immigration officer gives to you upon entry into the US.

- (3) Vo-Vi friends with a green card and a permanent resident status in the United States need to bring their Green Card and Re-entry permit, valid until May 2002 at the minimum. Please remember to apply for your Re-entry permit in a timely manner so that you don't jeopardize your participation at the VoVi Congress.
- (4) Vo-Vi friends who reside outside the United States and hold a Vietnamese passport must contact the local American Consulate or American Embassy to apply for a Multiple Entry visa into the US. You also need to inquire at the local Consulate whether you will need a visa to enter a third country, which is the US VIRGIN ISLANDS (St Thomas/St Marteen) and THE BAHAMAS (Disney Island). Departure point is Port Canaveral/Orlando, and Destination is St Thomas, St Marteen and the Bahamas.

If you need help to get a proof of your future participation at the Vo-Vi Congress, please contact:

- In the USA: xuan-mai, email [maioro@yahoo.com](mailto:maioro@yahoo.com)
- Canada: Andre Phan-Cao, email [aphancao@videotron.ca](mailto:aphancao@videotron.ca)
- Europe: Dominique Santelli, email [santelli.dominique@wanadoo.fr](mailto:santelli.dominique@wanadoo.fr)

**Please remember that you are responsible for getting the necessary papers for embarkation, and the Organization Committee will not be able to prevent the due departure of the ship on 27 October 2001.**

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NOTE: From 17 December to 25 December, for questions about registration, please contact:  
xuanmai, email [maioro@yahoo.com](mailto:maioro@yahoo.com) or fax: 530-589-1517 (no phone during this period)  
Andre Phan-Cao Tel. 514-362-0259, Dominique 33(04)50708355  
email: [aphancao@videotron.ca](mailto:aphancao@videotron.ca), [santelli.dominique@wanadoo.fr](mailto:santelli.dominique@wanadoo.fr)

Our deadline for early registration is 31 December 2000, according to the postmarked stamp.

After 31 December 2000, the registration fees will increase by 50 USD for each person, or the price may need to be adjusted to the current market prices, in case we have no more cabins and need to negotiate for a new allocation.

Many thanks for your attention,

The Organization Committee for VoVi International Convention