



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Straight Forward

Advancing straight forward, we understand the righteous path,
Practicing with efforts and sincerity, we develop our spiritual consciousness,
Returning to our origin, we comprehend the pure and sublime energy,
Thanks to the Divine Grace, we practice to develop our pure energy.

Vi Kien

Baby Tam Talking To You

from 5 November 2000 to 11 November 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. After watching the VoVi spiritual concert (Thien-Ca), and awakening from our dreams, do we still remember anyone?
2. What will happen to our spiritual energy when we lose our equilibrium?
3. What is the need for practicing the true dharma?
4. What is the deep and sublime spiritual love?
5. What does it mean to return to the true origin?
6. How does the spiritual consciousness relate with Heaven and Earth?
7. Is there any benefit for the soul when a healthy person helps handicapped people with devotion?



<p>Philadelphia, 5 November 2000 <i>Q: After watching the VoVi spiritual concert (Thien-Ca), and awakening from our dreams, do we still remember anyone?</i></p> <p>A: After watching the VoVi spiritual concert (Thien-Ca) and awakening from our dreams, we still see that life is meaningless with its fightings and rivalries.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With a restless mind and body, we lack harmony, Our mind is blurred and cannot resolve difficulties, Unable to bear life's burdens, we increase our karma, With a serene mind, we practice to restore harmony.</i></p>
<p>Atlantic City, 6 November 2000 <i>Q: What will happen to our spiritual energy when we lose our equilibrium?</i></p> <p>A: Those who lose their equilibrium cannot open their spiritual mind, and always feel irritated.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With lower spiritual energy, they lose their clear judgement, Deviating in both social and spiritual life, they only harm themselves, Unable to evolve, their soul becomes agitated, Lacking true compassion, they cannot gain a clear judgement.</i></p>
<p>Atlantic City, 7 November 2000 <i>Q: What is the need for practicing the true dharma?</i></p> <p>A: We practice the true dharma in order to understand that our soul is formed from supernature. We must practice a spiritual method in order to promptly return to our true origin.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With sincerity, we strive to return to our origin, Learning continuously, we advance rapidly through our own efforts, How pure and sublime is the return to our origin! Developing our sincere nature, we practice with our own efforts.</i></p>
<p>Atlantic City, 8 November 2000 <i>Q: What is the deep and sublime spiritual love?</i></p> <p>A: After many years of spiritual practice, we build a good habit of self-practice to perfect ourselves spiritually.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>We practice with diligence during our whole life without tardiness, Developing our sincere nature, we build our foundation of pureness, The soul and astral body unite to progress together, Returning to their true nature, they unite forever.</i></p>
<p>Atlantic City, 9 November 2000 <i>Q: What does it mean to return to the true origin?</i></p> <p>A: To return to the true origin means to return to our true nature. Only then, will we fully utilize the pure energy of Heaven and Earth in order to perfect ourselves spiritually.</p>	<p style="text-align: center;"><u>Psalm,</u></p> <p style="text-align: center;"><i>We practice with perseverance to return to emptiness, Once we discover our true origin, we'll advance naturally, Void of agitation, we release our anger and impure energy, Developing our sincere nature, we return to emptiness.</i></p>
<p>Atlantic City, 10 November 2000 <i>Q: How does the spiritual consciousness relate with Heaven and Earth?</i></p> <p>A: The spiritual consciousness relates with Heaven and Earth through the innate spiritual energy in our organism with its constant vibrations to help us evolve spiritually.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The mind is clear when we attain purity and lightness, Our spiritual energy develops as well as our spiritual consciousness, Our mind is determined to evolve continually, After awakening, we turn to the Lord and practice the dharma lovingly.</i></p>

Atlantic City, 11 November 2000

Q: Is there any benefit for the soul when a healthy person helps handicapped people with devotion?

A: It is very rare to see people who volunteer to serve handicapped people with dedication. Their soul will gain great benefit in the future.

Psalm

*We should love others like loving ourselves,
It is very important to develop the spiritual virtue granted
by the Lord,
Developing our spiritual foundation, we'll have the
opportunity to reach awakening,
With the spirit of selfless service, we'll develop a noble
mind and heart.*



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date
