



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Development

Opening our spiritual mind, we practice and advance with clarity,
Releasing our impure energy, we gain self-knowledge and compassion,
Practicing by our own efforts, we awaken our consciousness for further
elevation,
With wisdom and clear judgement, we realize the spiritual opportunity.

Vi Kien

Baby Tam Talking To You

from 12 November 2000 to 18 November 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What should we do to advance rapidly?*
2. *Where does the supernatural part of the brains reside?*
3. *Why is it a good opportunity to help people lacking spiritual understanding with a thorough spiritual discussion?*
4. *What benefits do humans gain when they are willing to cultivate themselves spiritually?*
5. *Why can't one understand how to love oneself?*
6. *What does it mean when the flood waters bring rich sediments to the earth?*
7. *What should we do to advance on the infinite path?*



Psalm

*The Grace of the Lord and the Buddha awakens our
spiritual mind,
Seeing our profane heart, we turn within to improve
ourselves,
Releasing anger and impurities, we achieve spiritual
balance,
Naturally compassionate, we love and respect all living
creatures.*

Atlantic City, 12 November 2000

Q: What should we do to advance rapidly?

A: In order to advance rapidly on the spiritual path, we must practice extreme patience and humility.

Psalm

*Once the energies in the body are unified, they can reach
higher planes,
Returning to the pure origin, we achieve spiritual balance,
United with the center of energy of the universe,
We have a strong faith and practice with perseverance.*

Atlantic City, 13 November 2000

Q: Where does the supernatural part of the brains reside?

A: The supernatural part of the brains resides in the ray of energy at the center of the brains, and can relate with the whole universe.

Psalm

*Serving others with sincerity helps our spiritual
development,
With diligence, we learn to grow our compassion,
Sincerely, we help those who lack spiritual understanding,
Learning continuously, we turn within for self-
improvement.*

Atlantic City, 14 November 2000

Q: Why is it a good opportunity to help people lacking spiritual understanding with a thorough spiritual discussion?

A: When we help people lacking spiritual understanding, we will develop our spiritual mind in a constructive manner.

Psalm

*We practice to progress spiritually and release our
worries,
The deep and sublime divine principle brings peace to
our lives,
Releasing our karma, we seek self-salvation and practice
with courage,
Returning to our origin, we achieve peace and harmony.*

Atlantic City, 15 November 2000, 4:20 AM

Q: What benefits do humans gain when they are willing to cultivate themselves spiritually?

A: Those who are willing to cultivate themselves spiritually will be able to release the karma of their heart. Their soul will reach clarity, purity, and lightness.

Psalm,

*We live without understanding our own agitation,
Lacking a spirit of courage, we are unable to evolve
spiritually,
Failing on both social and spiritual paths, our heart is
heavy,
The mind blinded by delusion, we wait and hope
needlessly.*

Atlantic City, 16 November 2000, 3:55 AM

Q: Why can't one understand how to love oneself?

A: If we hold to our greedy and lustful nature, we will only harm ourselves unknowingly.

<p>Atlantic City, 17 November 2000, 4:43 AM Q: <i>What does it mean when the flood waters bring rich sediments to the earth?</i></p> <p>A: Divine destiny cannot be predicted. The work of Heaven and Earth will bring good changes to the earth in the future. A spiritual adept will see the true divine love in the work of Heaven and Earth, and he will devote himself to spiritual practice in order to develop his serene heart.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>After the upheaval, equilibrium returns and brings tranquility, As people's hearts change, everywhere is harmony, With love, they will build social and spiritual opportunities, With the practice of meditation, the whole country will advance spiritually.</i></p>
<p>Atlantic City, 18 November 2000, 8:55 AM Q: <i>What should we do to advance on the infinite path?</i></p> <p>A: The infinite path is the path of great serenity. We should detach ourselves of all things in order to truly attain serenity.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>Practicing with sincerity, we abandon our errors and passions, With the constant invocation of Nam-Mo, our mind enters the sublime spiritual sphere, Cultivating our spiritual mind daily with the Nam-Mo principle, We aim for the Truth, and improve ourselves with the deep vibrations.</i></p>



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date