



# The Life Energy Development Weekly

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Email: [maioro@yahoo.com](mailto:maioro@yahoo.com)  
[www.vovi.org](http://www.vovi.org)

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Infinite Guidance

Thanks to the divine guidance, we reach equilibrium and spiritual awakening,  
With practice, we purify our energy and understand our true self,  
Looking at the noble Heaven, we strive to enlighten ourselves,  
Determined to advance spiritually, we turn within to perfect ourselves.

*Vi Kien*

## Baby Tam Talking To You

*from 3 December 2000 to 9 December 2000*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. Does a meditation practitioner need to be loyal and laborious?
2. Where does greediness reside?
3. Do we truly feel peace when our blood circulates in a regular manner?
4. How does a person form a habit of excessive sensuality?
5. Why does a person only develop his intelligence when being pushed to the extreme?
6. Where do anger and frustration originate?
7. Why is it very hard to break affectionate ties?



**Psalm**

*Practicing with diligence, we overcome all obstacles,  
Releasing our impure energy, we practice to attain  
righteous knowledge,  
Resolving our karma, we return to our true  
consciousness,  
Understanding both the pure and impure, our heart is at  
rest.*

**Atlantic City, 3 December 2000, 3:45 AM**

*Q: Does a meditation practitioner need to be loyal and laborious?*

*A: A meditation practitioner should practice with great diligence.*

**Psalm**

*Greedy desires arise from fearing poverty,  
Holding to their wealth, they keep running after material  
possessions,  
Unable to attain detachment, their mind is agitated,  
Blinded by their possessions, they wrongly believe to  
avoid poverty.*

**Atlantic City, 4 December 2000, 4:25 AM**

*Q: Where does greediness reside?*

*A: A person's greediness resides in his fear of poverty, which transforms into greediness .*

**Psalm**

*Balance and serenity bring true inner peace,  
Developing our consciousness, we turn within for self-  
analysis,  
With love, we remember The Lord who gives us the  
breath rhythm,  
With diligence and sincerity, we practice to swiftly  
disperse our blindness.*

**Atlantic City, 5 December 2000, 2:35 AM**

*Q: Do we truly feel peace when our blood circulates in a regular manner?*

*A: When our blood circulates in a regular manner, we truly feel peace.*

**Psalm**

*Lustful desires and attractions form a habit of  
sensuality,  
A spiritual adept is determined to turn toward purity,  
Having no regret for the lively romances,  
We turn toward serenity and maintain a pure heart and  
mind.*

**Atlantic City, 6 December 2000, 6:05 AM**

*Q: How does a person form a habit of excessive sensuality?*

*A: Unending desires result into a habit of sensuality.*

**Psalm,**

*Through patience and humility, we elevate ourselves  
higher,  
Through suffering and spiritual practice, we learn to  
harmonize with others,  
Unaffected by both external and internal challenges,  
Understanding our own self, with a serene heart, we  
advance.*

**Atlantic City, 7 December 2000**

*Q: Why does a person only develop his intelligence when being pushed to the extreme?*

*A: Only when a spiritual adept endures suffering and humiliation, will he accept to practice with courage to advance spiritually.*

**Psalm**

*Those who are filled with anger cannot practice self-  
perfection,  
Practice the righteous dharma to chase all delusion,  
The Lord gives us the opportunity to understand divine  
love,  
Determined to clear all attachments, we express the great  
vow for spiritual perfection.*

**Atlantic City, 8 December 2000, 8:10 AM**

*Q: Where do anger and frustration originate?*

*A: Anger and frustration originate from the heart. When one takes in the impurities, they transform into anger and frustration. Serenity will disperse anger, and those who practice by their own efforts will attain equilibrium.*

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**Atlantic City, 9 December 2000, 1:40 AM**

Q: *Why is it very hard to break affectionate ties?*

A: The ties of love predetermined by the Lord will last until death. They belong partly to the law of cause and effect. One cannot break these ties, even though one wants to get rid of them in a burst of anger.

**Psalm**

*The family ties are determined by Heaven and cannot be separated,  
Lacking spiritual practice in previous lives, now it's hard to reach higher spheres,  
Failing in both social and spiritual domains, one only causes more complications,  
With a strong faith and determination, one will gradually enter the spiritual sphere.*



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Translated by Xuan Mai

Please contact [maioro@yahoo.com](mailto:maioro@yahoo.com) if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking V6-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date*

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## **Important Announcements for VoVi Convention and Spiritual Concert "Courage and Practice"**

Dear Friends,

Thanks to your strong support, we were able to negotiate with Disney Cruise Line for an extension of the registration as follows:

- (1) We have reserved an additional number of cabins for all three categories: 11, 10 and 9 (oceanview), and we can hold these cabins until 1 April 2001 without penalty.
- (2) Therefore, you can continue to select among these three categories, and if you register before 1 April 2001, we will be able to waive the penalty of 50 USD for late registration. Please register early and pay 600 USD per person for your first deposit (see registration form for details) before 1 April 2001.
- (3) Because of the size of the VoVi group, the Cruise Line has requested that we collect the 75 USD tip payment in advance. Therefore, this amount is now included with the last payment (to be made before 15 July 2001).
- (4) We have selected the Renaissance Marriott Hotel near Orlando Airport for your stay before and after the cruise. If you wish to stay additional nights (beyond the 4-night time period), please contact our Organization Committee as soon as possible for arrangement.
- (5) Since all practitioners must leave for Port Canaveral on Saturday morning, 27 October 2001, our Organization Committee will only provide transportation from the Orlando airport to the hotel on Thursday, 25 October, and Friday, 26 October. Please plan to arrive at least one day early (Fri, 26 October). The Organization Committee is not responsible in case of delays and late arrivals.
- (6) Spiritual Concert "Courage and Practice": During the Chinese New Year, Master Tam has visited Orlando and selected the Hard Rock Drive theater at the Universal Studio for the performance of the Spiritual Concert "Courage and Practice" in the evening of Saturday, 3 November 2001. We hope for your strong support so that we will be able to contribute our share in the mission of introducing the spiritual teachings of Master Tam into social life through musical performances.

Please see the attached registration form for more details.

Sincerely,

The Organization Committee for International Vo-Vi Conventions

# Registration Form

## Congress **COURAGE** and **PRACTICE**

On the Disney Magic, Orlando, Fla  
(Sailing from 27 October 2001 to 3 November 2001)

and **Spiritual Concert COURAGE and PRACTICE**  
at Hard Rock Live, Universal Studio (Saturday evening 3 Nov. 2001)  
*(Please fill out a separate form for each person, including children)*

Full Name:

Street Address :

City

State :

Zip code:

Country:

Affiliated with VoVi Association/Group:

**FULL BIRTHDATE:**

Male  Female  Tel:

E- mail /Fax:

**NATIONALITY:**

**Important: The ship regulations require that every person (including children) gives their birthdate and nationality.**

**Registration Fees (incl. 7 night-cruise, VoVi Congress and Birthday celebration of Master Tam, Port Taxes, and 75 USD Tips to the cruise staff )**

**You can choose among 3 categories as follows:**

- **Category 11:** 184 sq feet cabin. One bath. Maximum occ.: 4 people.
- **Category 10:** 214 sq. ft. cabin. Split bath, privacy divider, maximum occ.: 4 people.
- **Category 9:** 214 sq. ft. cabin. Split bath, privacy divider, ocean view, maximum occ.: 4 people

**Note Fees cannot be refunded in case of cancellation. Deadline for registration is 1 July, 2001.**

**1) Registration Fees for Adults:** The 3-term deposit plan is provided for your convenience. Registration is only valid when all fees are paid. All registrations must be done through the Organization Committee. We cannot accept registrations for the Disney Cruise done through outside travel agencies.

Adult	Deposit # 1 Before 31Dec 2000	Deposit # 2 Before 1 April 2001	Deposit # 3 Before 15 July 2001(incl. 75\$ tip)	Registration fees		Total
Quadruple/ per person	200 USD	400 USD	310 USD	910 USD	Cat. 11	
			335 USD	935 USD	Cat. 10	
			395 USD	995 USD	Cat. 9	
Triple/ per person	200 USD	400 USD	375 USD	975 USD	Cat. 11	
			405 USD	1005 USD	Cat. 10	
			495 USD	1095 USD	Cat. 9	
Double/ per person	200 USD	400 USD	475 USD	1075 USD	Cat. 11	
			515 USD	1115 USD	Cat. 10	
			605 USD	1205 USD	Cat. 9	
Single	400 USD	600 USD	755 USD	1755 USD	Cat. 11	
			835 USD	1835 USD	Cat. 10	
			995 USD	1995 USD	Cat. 9	
				<b>GRAND TOTAL:</b>		

**Fees for Children (Max 2 children per cabin, must stay with parents):**

*Note: Only adults can stay in double or single cabins.*

Children (3 to 17 yrs )	<u>Deposit # 1</u> Before 31Dec 2000	<u>Deposit # 2</u> Before 1 April 2001	<u>Deposit # 3</u> Before 15 July 2001 (incl. 75\$ tip)	Registration Fees		Total	
Quadruple/ per child	100 USD	400 USD	310 USD	810 USD	Cat. 11		
			335 USD	835 USD	Cat. 10		
			395 USD	895 USD	Cat. 9		
Triple/ per child	100 USD	400 USD	375 USD	875 USD	Cat. 11		
			405 USD	905 USD	Cat. 10		
			495 USD	995 USD	Cat. 9		
Infants under 3 years: 119 USD (port taxes) + 75 USD Tips – Please pay in full at registration						194 USD	
<b>GRAND TOTAL</b>							

**2) HOTEL STAY before and after the VoVi Convention: Renaissance Marriott Hotel – Orlando Airport  
(same price for adults and children)**

	Night 25-Oct-01	Night 26-Oct-01	Night 3-Nov-01	Night 4-Nov-01	TOTAL
Quadruple/ per person	25 USD	40 USD	40 USD	25 USD	
Triple/per person	35 USD	45 USD	45 USD	35 USD	
Double/per person	50 USD	60 USD	60 USD	50 USD	
Single	95 USD	110 USD	110 USD	95 USD	
<b>GRAND TOTAL</b>					

**NOTES:** Night 26-Oct-01: includes breakfast and transportation from hotel to Port Canaveral on 27-Oct- 2001.

Night 3-Nov-01: includes transportation from hotel to Universal Studio (Thien-Ca).

**Please deposit 40 USD for hotel reservation before 15-May-2001 and pay full balance before 15-August-2001.**

**Roommates requested : (if no roommate is specified, the Organization Committee will select for you)**

- 1)
- 2)
- 3)

**3) Transportation**

*Note: The Organization Committee will provide transportation from the airport to the hotel on 25 October and 26 October 2001 only, because all practitioners must leave for Port Canaveral on Saturday morning 27 October 2001.*

**Arrival to ORLANDO International Airport (MCO). Please travel in groups to facilitate transportation to hotel:**

Arrival date:                      Arrival time:                      Airline:                      Flight Number:  
Departure date:                      Departure time:                      Airline:                      Flight Number:

**Payable in US DOLLARS only via:** international money order                       or    postal money order   
or cashier's check (for practitioners residing in the USA)

Please send registration form and payment to:

USA, Australia, and Asia:

Money order or Cashier's check payable to:  
VoVi Friendship Association of Northern California  
Mail to: Mai Nguyen  
P.O. Box 5234  
Oroville, CA 95966-0234, USA

Europe and Canada:

Money order payable to:  
VOVI ASSOCIATION OF CANADA  
Mail to: Phan Cao Thang  
2922 Jolicoeur St. MONTREAL -  
QUEBEC - H4E 1Z3 CANADA

Contact information:

USA, Australia, and Asia:

xuân mai, tel. (530) 589-6972, email: [maioro@yahoo.com](mailto:maioro@yahoo.com)

Canada:

Phan Cao Thang, tel (514)362-0259 email: [aphancao@videotron.ca](mailto:aphancao@videotron.ca)

Europe:

Dominique Santelli, tel (0)(4) 50708355 email: [santelli.dominique@wanadoo.fr](mailto:santelli.dominique@wanadoo.fr)

#### **4) Registration for Spiritual Concert(THIEN-CA) Courage and Practice**

*Please select :*

*VIP Seating : ..... (donation) add dinner : 10 USD per person*  
*or*

Seating for all categories: 75 USD / per person  
add dinner at **Hard Rock Live, Universal Studio**: 10 USD per person

**Please make Check or Money Order for concert ticket and dinner payable to:  
VO VI DALLAS/FORT WORTH Friendship Association**

(For convenience, please send all checks and money orders to:  
Mai Nguyen, P.O. Box 5234, Oroville, CA 95966, USA)