



The Life Energy Development Weekly

11 February, 2001

Email: maioro@yahoo.com
www.vovi.org

Published in concurrence with The Viet LED Weekly 293

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Divine Connection

Connected to the Lord, both mind and spirit advance,
Serving others selflessly, we understand social and spiritual matters,
Compassionate towards social and spiritual issues, we understand each
other,
Innerly, we wish to return to emptiness, lightness, and purity.

Vi Kien

Baby Tam Talking To You

from 10 December 2000 to 16 December 2000

Copyright © 2000 by Lương Sĩ Hằng & VoVi Association of Canada. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there any benefit for humans to encounter lessons from love, money, and karmic relations?*
2. *Why do spiritual adepts who follow the same spiritual path often think of each other?*
3. *Why do humans have to become greedy and lustful?*
4. *Does one encounter any hardship when one is determined to work for the common good?*
5. *How should we practice in order to reach equilibrium?*
6. *How can we make spiritual progress?*
7. *How can we release the karma of the physical body?*



Psalm

*Spiritual advancement is hindered by unending karmic relations,
Awakening our consciousness, we restore the divine connection,
Practicing with sincerity, we advance bravely on both social and spiritual paths,
Returning to inner peace, our heart is void of delusion.*

Atlantic City, 10 December 2000, 1:10 AM

Q: Is there any benefit for humans to encounter lessons from love, money, and karmic relations?

A: Love, money, and karmic relations can provide useful lessons when needed, but the karma will drag on forever, and make a human life miserable.

Psalm

*Advancing on the same path, we invoke the mantra Nam-Mo mentally,
Thinking affectionately of each other, we aim to return to pureness,
After the spiritual awakening, our consciousness advances steadily,
Progressing on the same path, we naturally turn to goodness.*

Atlantic City, 11 December 2000, 1:50 AM

Q: Why do spiritual adepts who follow the same spiritual path often think of each other?

A: Spiritual adepts who practice the same spiritual method remember each other with great affection.

Psalm

*Descending on earth, the soul feels helpless and unhappy,
Living a random life, they are unaware of their soul and astral body,
Now they have to pay for the debts formed in life,
Greedy and lustful, they create new relations continuously.*

Atlantic City, 12 December 2000, 4:45 AM

Q: Why do humans have to become greedy and lustful?

A: Humans have a secret and obscure body. Looking outward, they see that the external light is more attractive. Therefore, they have to become greedy and lustful, since they feel helpless innerly.

Psalm

*People's ungratefulness and disloyalty cause many failures,
Causing destruction and chaos, they want to harm others,
Thanks to the divine Grace, we advance with flexibility,
With an awakened consciousness, we resolve our difficulties smilingly.*

Atlantic City, 13 December 2000, 8:12 AM

Q: Does one encounter any hardship when one is determined to work for the common good?

A: Those who are determined to work for the common good will always encounter obstacles, but they will be able to overcome them.

Psalm,

*Thanks to the divine opportunity, we practice to purify our mind,
Adopting the dharma, we practice with sincerity to reach awakening,
The great vow for spiritual cultivation roots deeply in our origin,
With the infinite guidance, we elevate ourselves through the pure energy.*

Atlantic City, 14 December 2000, 3:05 AM

Q: How should we practice in order to reach equilibrium?

A: We should practice with a sincere heart in order to attain equilibrium and develop ourselves spiritually.

Psalm

*With a positive mind, we engage ourselves to practice the spiritual teachings,
Attaining wisdom and clear judgement, we advance gradually,
Every day, we perfect ourselves to receive the Lord's blessings,
Practicing the righteous dharma, we will harmonize with the sphere of purity.*

Atlantic City, 15 December 2000, 2:20 AM

Q: How can we make spiritual progress?

A: We must look at spiritual cultivation from a practical point of view, i.e., we must perfect our spirit and improve our character. Then, everything will succeed.

Psalm

*With a permanent vegetarian diet, we avoid the karma of killing,
We can now release toxins from the physical body,
Suffering never ends in a body nourished by animals,
Blood does not flow freely, and the body lacks purity.*

Atlantic City, 16 December 2000, 3:55 AM

Q: How can we release the karma of the physical body?

A: In order to release the karma of the physical body, we should eat a vegetarian diet, so that we can avoid the karma caused by the killing of animals.



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date

