



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.vovi.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Clarity of Mind

With a clear mind, we perfect ourselves and use this precious body for
spiritual practice,
Releasing all worries, we'll advance rapidly,
Understanding the spiritual value, we are determined to practice
To dissipate passion and intransigence, and return to purity.

Vi Kien

Baby Tam Talking To You

from 21 January 2001 to 27 January 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spirituaconsciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What causes natural disasters like storms and floods?*
2. *Why do all things fall in place when the spiritual opportunity arrives?*
3. *How does a profane heart differ from the heart of a true spiritual adept?*
4. *Why are there good and evil people?*
5. *Is the opportunity to meet each other again an arrangement determined by the Lord and the Buddha?*
6. *Why do we have a reunion once a year?*
7. *Is it true that the sublime pureness of Heaven and Earth has turned into an idealism?*



Psalm

*Agitated motion causes imbalance,
Water flows incessantly, bringing new earth formations,
Calamities disturb the harmonious energy vibrations,
The earth has no peace, losing its good motion.*

Atlantic City, 21 January 2001, 7:44 AM

Q: What causes natural disasters like storms and floods?

A: Natural disasters result from the imbalance of the planet earth.

Psalm

*With a sincere heart, we come here to meet each other,
Welcoming the opportunity to save our soul,
We devote ourselves to spiritual cultivation without
tardiness,
With a peaceful mind and body, our spirit is fearless.*

Orlando, 22 January 2001, 4:10 AM

Q: Why do all things fall in place when the spiritual opportunity arrives?

A: From the material plane to the spiritual plane, everything follows the divine destiny and will happen at the right time.

Psalm

*The awakened spiritual adept realizes the way of goodness,
Seeing the path clearly, he regains his calmness,
Appreciating the divine love, he learns patience and resignation to elevate himself,
Opening his spiritual mind, he naturally returns to kindness.*

Orlando, 23 January 2001, 4:15 AM

Q: How does a profane heart differ from the heart of a true spiritual adept?

A: The profane person is always full of desires, and fears poverty. He is more agitated than a person devoted to spiritual training and development.

Psalm

*Lacking wisdom and kindness, they are restless,
Mind and body loaded with passion and intransigence,
they feel sadness,
With a blinded heart, they know no compassion,
Full of impure energy, they turn to wickedness.*

Orlando, 24 January 2001, 2:05 AM

Q: Why are there good and evil people?

A: There are good and evil people because of the lack of equilibrium. Those whose Yin and Yang energies are well-balanced are more compassionate than those who have lost their equilibrium.

Psalm

*Unplanned events are divine opportunities,
A true spiritual adept can perceive immediately,
Understanding both social and spiritual matters thoroughly,
We learn with a serene heart to regain our harmony.*

Atlantic City, 25 January 2001, 7:15 AM

Q: Is the opportunity to meet each other again an arrangement determined by the Lord and the Buddha?

A: The opportunity to meet each other again comes from the divine Grace.

Psalm

*With the inner revolution, we return to our origin for our self-salvation,
Practicing love and forgiveness, we release our impure energy to attain wisdom,
Our spiritual heart develops with the divine compassion,
With a clear mind, we perfect our character to advance on the spiritual path.*

Atlantic City, 26 January 2001, 7:15 AM

Q: Why do we have a reunion once a year?

A: Human life must follow the original energy of Heaven and Earth with the distinct four seasons. All living beings develop themselves in accordance with this evolution cycle.

Atlantic City, 27 January 2001, 8:05 AM

Q: Is it true that the sublime pureness of Heaven and Earth has turned into an idealism?

A: The sublime pureness of Heaven and Earth belongs to a supernatural knowledge. One must practice a spiritual method to enlighten one's spiritual mind in order to understand this matter.

Psalm

*Practice to develop your true nature and gain happiness,
With a sincere heart, we perfect ourselves to fulfill our
spiritual destiny,
Agitation only hinders spiritual development,
Practice with sincerity to advance and achieve oneness.*



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date
