



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Focus to Advance

Returning to our true soul, we practice to progress on our own,
Developing our true nature, we judge things wisely,
Spiritual and earthly matters are mixed without a clear distinction,
With an awakened and serene consciousness, we'll understand the Lord's
pure will clearly.

Vi Kien

Baby Tam Talking To You

from 12 February 2001 to 18 February 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why are humans subject to mercy and retaliation?*
2. *What will happen to a spiritual adept who vows to the Lord and the Buddha to devote himself to spiritual perfection for his whole life, but abandons his resolution halfway through?*
3. *What should we do when our nervous system lacks equilibrium?*
4. *What did the meditation practitioner see in his inner consciousness in order to attain serenity?*
5. *Why can't a human being refrain himself from crying when his parents die?*
6. *Why does the karma of killing perpetuate through many lifetimes?*
7. *Where does wisdom develop?*



Atlantic City, 12 February 2001, 7:46 AM

Q: *Why are humans subject to mercy and retaliation?*

A: Humans are born through parents and are subject to the law of constant births and rebirths. When there is action, there must be reaction. We must practice a spiritual method in order to liberate ourselves.

Psalm

*Facing challenges, we will develop our wisdom,
Devoted to spiritual perfection, we cultivate sincerity and
harmony,
Without resting, we learn continuously,
Our soul evolves towards infinity and surmounts all
difficulties.*

Atlantic City, 13 February 2001, 1:50 AM

Q: *What will happen to a spiritual adept who vows to the Lord and the Buddha to devote himself to spiritual perfection for his whole life, but abandons his resolution halfway through?*

A: Those who vow with the Lord and the Buddha to devote themselves to spiritual perfection but then abandon their resolution will be demoted. Their energy flow will direct towards sexuality and greedy desires. Their mind will lose its clarity, they like to criticize others and cause agitation in their brain and nervous system. They wrongly believe to be enlightened and better than others. Karmic forces will entangle their lives, and they will eventually lose their sanity and mental health.

Psalm

*Lacking a sincere practice, we only fall into errors,
Without wisdom, our mind and thoughts are entangled by
karma,
We cannot be good students with agitation and insolence,
Without spiritual practice, we only cause turbulence.*

Atlantic City, 14 February 2001, 6:47 AM

Q: *What should we do when our nervous system lacks equilibrium?*

A: When our nervous system lacks equilibrium, we should rest and abandon all worldly matters to devote ourselves to a diligent practice of the Vo-Vi method.

Psalm

*Practicing the righteous dharma, our heart is sincere,
We practice on our own to release inner worries,
Void of passion and intransigence, we don't cause new
sufferings,
Achieving a true spiritual mind, we turn toward purity.*

Atlantic City, 15 February 2001, 5:30 AM

Q: *What did the meditation practitioner see in his inner consciousness in order to attain serenity?*

A: The meditation practitioner has seen the inner power of serenity. Therefore, he turns within to learn the original principle of Heaven and Earth, and practices with his own efforts in order to develop himself towards infinity.

Psalm

*Our inner consciousness harmonizes with spiritual love,
We now enter the sphere of clarity and righteousness,
Practicing with diligence, we understand the supernatural
structure,
With a serene heart, we learn about our inner universe.*

<p>Atlantic City, 16 February 2001, 6:45 AM Q: <i>Why can't a human being refrain himself from crying when his parents die?</i></p> <p>A: A human lives within the love and affection of his parents. At the moment of departure, the survivor must cry because of his strong attachment. On the other hand, a meditation practitioner who loves and respects his parents should send them wishes for a peaceful voyage.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Life and death cause physical separation, Understanding existence and non-existence, we vow to contribute our share, Now is the time for the souls to evolve further, With love and respect, we should wish them spiritual development.</i></p>
<p>Atlantic City, 17 February 2001, 10:25 AM Q: <i>Why does the karma of killing perpetuate through many lifetimes?</i></p> <p>A: Because of the needs of living, the animals must sacrifice their lives as an offering to humans. Life means progress. Spiritual energy develops constantly.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>To return to the true origin, we practice with a sincere heart, With a sincere heart, all spheres turn toward purity, The awakened consciousness respects the noble Heaven, Understanding the divine principle, we practice with a sincere heart.</i></p>
<p>Atlantic City, 18 February 2001, 7:40 AM Q: <i>Where does wisdom develop?</i></p> <p>A: Wisdom develops at the cranial psychic center which relates with the center of energy of the universe.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The Heavenly Spring bestows blessings upon our mind and heart, Everywhere, nature develops in a multitude of colors, The cycle of births and rebirths never ends, Remaining serene, we'll understand with depthness.</i></p>



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date