



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Reunion

Brothers and sisters are reunited to return to the same origin,
We practice the true dharma without differentiating among rich and poor,
Harmonizing with all spheres, we advance together,
Returning to the same divine origin, we restore our kind heart and nature.

Vi Kien

Baby Tam Talking To You

from 4 March 2001 to 10 March 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. Which way is the way of a righteous dharma?
2. Where does the deep original principle reside?
3. What kind of task do we forget easily?
4. Where are we progressing?
5. What should a meditation practitioner do when he loses his equilibrium?
6. What should we do in order to fully achieve true love and compassion?
7. What should we do to release our karma?



<p>Monaco, 4 March 2001, 3:20 AM Q: <i>Which way is the way of a righteous dharma?</i></p> <p>A: The way that comes directly from the cranial psychic center is the way of a righteous dharma. Truth cannot be distorted.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Focusing on the center of energy of the universe, We dissipate our sorrow, worries, and blindness, With a clear determination, we advance together, Chasing our ignorance on the social and spiritual paths.</i></p>
<p>Monaco, 5 March 2001, 5:55 AM Q: <i>Where does the deep original principle reside?</i></p> <p>A: The deep original principle resides at the center of energy of the universe.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>In the heavenly sphere, the original principle shines brilliantly, Those who practice thoroughly will attain serenity, With a sincere heart, we advance among life's opportunities, To build the inner connection, we release our impurities and maintain our serenity.</i></p>
<p>Monaco, 6 March 2001, 3:05 AM Q: <i>What kind of task do we forget easily?</i></p> <p>A: We easily forget the task to help ourselves.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>As it becomes a habit, we no longer pay attention, Facing the reactions, we remember and understand accordingly, We now understand that we have progressed on our own, Loving The Lord and respecting others, we naturally regain serenity.</i></p>
<p>Monaco, 7 March 2001, 10:45 AM Q: <i>Where are we progressing?</i></p> <p>A: We are progressing towards self-achievement of greatest joy and happiness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>We practice to advance towards the pure and high spheres, We learn and practice to advance on our own within purity and lightness, Reaching self-awakening, we achieve serenity, Understanding the Lord and the Buddha, we chase our delusion.</i></p>
<p>Monaco, 8 March 2001, 2:35 AM Q: <i>What should a meditation practitioner do when he loses his equilibrium?</i></p> <p>A: A meditation practitioner loses his equilibrium because of excessive worries. He must practice the silent invocation of the mantra Nam Mo A Di Da Phat constantly, so that his head will return to calmness. He will be able to sleep with ease, and practice and meditate easily.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Losing our equilibrium, we must repent our mistakes, Turn within to invoke the mantra Nam-Mo silently, We devote ourselves to spiritual perfection with an awakened consciousness, How happy to reach equilibrium on our own!</i></p>
<p>Monaco, 9 March 2001, 8:35 AM Q: <i>What should we do in order to fully achieve true love and compassion?</i></p> <p>A: In order to fully achieve true love and compassion, we must practice the meditation method with diligence and perseverance in order to enter into the sphere of spiritual energy.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With perseverance, we will advance and understand compassion, With a wise mind, we will travel through all spheres, We remain faithful to our social and spiritual ties, Building love and spiritual virtue, we will strengthen the connections.</i></p>

Monaco, 10 March 2001, 3:37 AM

Q: *What should we do to release our karma?*

A: In order to release our karma, we must make sacrifices and help others with an infinite dedication. Only when our consciousness returns to emptiness, will we prove that we have released our karma.

Psalm

*We practice to release our impurities and attain wisdom,
Dissipating all worries, we save ourselves,
Awakened, the true soul avoids agitation,
Practicing with diligence and serenity, we naturally attain
wisdom.*



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc B̄ Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date
