



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Shining With Brilliance

During our meditative contemplation, moon and stars shine brilliantly,
In a serene state, our enlightened mind sees the path clearly,
Working constructively, we return to inner peace,
With a sincere practice, we get good results and mind's clarity.

Vi Kien

Baby Tam Talking To You

from 8 April 2001 to 15 April 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Why are weaker people often bullied by the stronger ones?*
2. *What does it mean when the heart and mind gain a thorough understanding?*
3. *Why is it harmful when the human body receives too much?*
4. *Why is the human being subject to three main functions?*
5. *Where do toxins accumulate?*
6. *Why do people have difficulty in following the path of spiritual perfection?*
7. *Why does everyone possess a pearl of compassion?*



<p>Monaco, 8 April 2001, 8:30 AM <i>Q: Why are weaker people often bullied by the stronger ones?</i></p> <p>A: The majority do not understand and respect themselves. How would they know how to love others? Lacking a compassionate heart, the strong always oppress the weak.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>On earth, they oppress each other for lack of understanding, Bearing the consequences, they entangle themselves in karmic bonds, Ignoring the harmful results, they remain agitated, Lacking compassion, they are full of expectations.</i></p>
<p>Monaco, 9 April 2001, 10:40 AM <i>Q: What does it mean when the heart and mind gain a thorough understanding?</i></p> <p>A: When the heart and mind gain a thorough understanding, one has attained equilibrium.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Respecting the equilibrium principle, we serve others with sincerity, We feel pureness when our mind understands clearly, Knowing the divine principle, we correct our profane heart, With sincerity and diligence, we practice to attain self-knowledge.</i></p>
<p>Monaco, 10 April 2001, 3:40 AM <i>Q: Why is it harmful when the human body receives too much?</i></p> <p>A: The human body follows the law of living force. Too little is not enough, but too much will cause overflow.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Excessive greediness only causes numerous illnesses, We truly save ourselves by remaining frugal, Heavy illness results from the overuse of fortifiers, We destroy our body because of our ignorance.</i></p>
<p>Monaco, 11 April 2001, 4:05 AM <i>Q: Why is the human being subject to three main functions?</i></p> <p>A: The human being must perform three main functions: eating, sleeping, and eliminating waste. We clearly see that any intake must eventually be eliminated.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Any food intake will result in eliminated waste, Within love, compassion, and justice, we make spiritual progress, Our wise mind clearly understands the elimination process, With a serene heart, we can see the instant law of cause and effect</i></p>
<p>Paris, 12 April 2001, 3:20 AM <i>Q: Where do toxins accumulate?</i></p> <p>A: Toxins accumulate after many days and cause illness. Blood will no longer circulate freely, and trouble occurs everywhere, similar to the Lord's rains and storms.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Irregular blood circulation results in restlessness, Suffering from incurable illnesses, they hope in vain, Lacking wisdom, they cannot understand the divine love, With blocked energy, they only fail inward and outward.</i></p>
<p>Paris, 13 April 2001, 4:25 AM <i>Q: Why do people have difficulty in following the path of spiritual perfection?</i></p> <p>A: People have difficulty in following the path of spiritual perfection because they need to satisfy their hunger.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The best meals come with harmony and agreement, Agitated people can't eat properly and are wicked, Angered and frustrated, they only harm themselves, With a sincere heart, we practice meditation for our spiritual development.</i></p>

Paris, 14 April 2001, 4:32 AM

Q: *Why does everyone possess a pearl of compassion?*

A: Everybody possesses a pearl of compassion of varying size which has formed since many months and years.

Psalm

*Our pearl shines from the compassionate energy,
Forming after many days through our spiritual practice,
Dissipating our karma, we are no longer blinded,
With an awakened consciousness, we chase our
ignorance.*



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date

10-June-2001

Important News for VoVi Convention "COURAGE and PRACTICE", September 27 – November 3, 2001

Dear Vo-Vi Friends,

We kindly remind you about the following news:

1) Registering for Hotel stay before and after the Vo-Vi Convention

Please register for hotel stay before and after the Vo -Vi Convention as soon as possible, since our Organization Committee cannot guarantee the special pricing if you register too late. When booking hotel rooms, please notify us via email, fax, or phone so that we can complete your advance reservation.

Hotel prices are listed in the registration form. Please make check or money order payable to:
VoVi Friendship Association of Northern California,
address: P.O. Box 5234, Oroville, CA 95966.

2) Transportation before and after the Vo-Vi Convention

If you have bought your airline ticket, please notify the Organization Committee about your flight arrival and departure (day/time/airline/flight number) so that we can arrange for transportation. Email: maioro@yahoo.com or write to: Mai Nguyen, P.O. Box 5234, Oroville, CA 95966-0234, or contact the phone numbers listed in the registration form.

Note: *The transportation team can only provide pick-up service on Thursday, October 25, and Friday, October 26, 2001. From 23-October to 24-October, and from 4-November to 5-November, our guests at the Renaissance Marriott Hotel can use a free hotel shuttle to the airport. Please notify us in advance so that we can make proper arrangement with the Hotel.*

Many thanks for your attention

The Organization Committee for International Vo -Vi Conventions

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