



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Love and Affection

We all have the same root of peaceful and serene energy,
Everywhere, the Lord spreads His compassionate Light,
A world of great harmony has the same origin of serenity,
With spiritual practice, we help each other and develop ourselves positively.

Vi Kien

Baby Tam Talking To You

from 22 April 2001 to 28 April 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What does it mean to rejoice within serenity?*
2. *What will happen when we want to help others but God does not help them?*
3. *Does it harm the mind and body when one takes in too much yang energy?*
4. *Why does the original principle of Heaven and Earth remain unchanged?*
5. *Is the Truth round or distorted?*
6. *Where do spontaneity and naturalness reside?*
7. *Is there any benefit when all beings live together?*



Monaco, 22 April 2001, 3:15 AM

Q: *What does it mean to rejoice within serenity?*

A: To rejoice within serenity means to have a clear mind and a wise heart.

Psalm

*With wisdom and clarity of mind, we advance on the path,
Loving and respecting the Lord and the Buddha,
everywhere we progress,
With a clear and wise mind, our soul awakens without
tardiness,
Practicing with diligence and sincerity, we turn toward the
Lord and the Buddha.*

Monaco, 23 April 2001, 4:20 AM

Q: *What will happen when we want to help others but God does not help them?*

A: When we want to help people, but God does not help them, they would have to accept the law of cause and effect.

Psalm

*Do not depend on others in your spiritual practice,
Practice with efforts to advance on your own,
The Lord bestows the righteous energy of purity and
lightness,
Purifying ourselves, we reach self-balance and self-
consciousness.*

Monaco, 24 April 2001, 4:10 AM

Q: *Does it harm the mind and body when our energy becomes too Yang?*

A: The mind and body benefit greatly from an increase of Yang energy.

Psalm

*With yang energy and serenity, we reach the lighter
sphere,
When the mind and body are pure and light, we develop
greater compassion,
With a harmonious mind and heart, our soul awakens,
Learning continuously, we constantly expand our spiritual
knowledge.*

Monaco, 25 April 2001, 8:30 AM

Q: *Why does the original principle of Heaven and Earth remain unchanged?*

A: The truth is the truth, and it never changes.

Psalm

*Truth is permanent and penetrates all things,
Eternal and unchanged, it is free of entanglements,
Returning to our true origin within serenity,
We awaken our true nature and perfect ourselves.*

Monaco, 26 April 2001, 2:20 AM

Q: *Is the Truth round or distorted?*

A: The Truth is always round.

Psalm

*The original principle of energy builds a circular aura,
Traveling intimately everywhere, it remains permanent,
Advancing equally on the social and spiritual paths,
We release our sorrow and worries for a better survival.*

Monaco, 27 April 2001, 3:30 AM

Q: *Where do spontaneity and naturalness reside?*

A: Spontaneity and naturalness reside in the depth of spiritual consciousness.

Psalm

*Learning continuously, our consciousness awakens
quickly,
Returning to our true origin, we understand the root of all
things,
Void of inner anger, we gain a thorough knowledge,
How sublime is the truth when understanding social and
spiritual life thoroughly.*

Monaco, 28 April 2001, 4:00 AM

Q: *Is there any benefit when all beings live together?*

A: There is great benefit when all beings live together.

Psalm

*Living together, we develop our mind and affection,
Thankful for the opportunity of reunion, we awaken
ourselves,*

*Love and compassion shine within serenity and respect,
Releasing our impurities, we rejoice together and reach
inner harmony.*



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date
