



# The Life Energy Development Weekly

1 July, 2001

Email: [maioro@yahoo.com](mailto:maioro@yahoo.com)  
[www.vovi.org](http://www.vovi.org)

*Published in concurrence with The Viet LED Weekly 313*

*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## In a straight way

Advancing in a straight way without stumbling,  
We awaken our consciousness and develop our wisdom,  
Practicing in common, we reach harmony and progress together,  
Abandoning our greediness, we return to our true origin and order.

*Vi Kien*

## Baby Tam Talking To You

*from 29 April 2001 to 5 May 2001*

Copyright © 2001 by Luong Si Hang & VoVi Association of Canada. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### **Questions**

1. *Why do people rejoice when seeing each other again?*
2. *What causes a sorrowful mind?*
3. *Where does the Lord's will reside?*
4. *Does a spiritual adept need to cause additional disturbance in the spiritual community?*
5. *Is it true that wherever there is Light, the Lord is present?*
6. *Where does compassion originate?*
7. *How does the Lord's will cause transformations?*



<p><b>Montreal, 29 April 2001, 3:20 AM</b>  Q: <i>Why do people rejoice when seeing each other again?</i></p> <p>A: As spiritual adepts who practice the same method, we feel an even greater joy when seeing our fellow practitioners than seeing our relatives.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Thanks to the spiritual opportunity, we are reunited and practice within love and affection,  Clearly, we distinguish the pure and impure during our reunion,  Together, we build harmony and unity,  Loving and respecting the noble Lord, we naturally turn to purity.</i></p>
<p><b>Montreal, 30 April 2001, 7:35 AM</b>  Q: <i>What causes a sorrowful mind?</i></p> <p>A: When our consciousness loses its equilibrium, and our spiritual energy descends to a lower level, we will only see sadness in our surroundings.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Losing equilibrium, our mind and body are imbalanced,  Practicing with diligence and sincerity, we advance in silence,  Releasing our inner anger, our heart and mind brighten,  In spite of the tortuous path, we advance in silence.</i></p>
<p><b>Montreal, 1 May 2001</b>  Q: <i>Where does the Lord's will reside?</i></p> <p>A: The Lord's will resides in the center of energy of the universe.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The World Above is serene and pure,  Birthless and eternal, this world is immutable,  Advancing together, we reach purity and sublime energy,  Pure and light, the soul truly understands the value of spirituality.</i></p>
<p><b>Montreal, 2 May 2001, 7:30 AM</b>  Q: <i>Does a spiritual adept need to cause additional disturbance in the spiritual community?</i></p> <p>A: A meditation practitioner needs to maintain balance and serenity.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Practicing within serenity, we enlighten our mind,  Through meditation, every night, we develop our serenity,  Practicing and progressing on our own, we do not cause disturbances,  Awakening our consciousness, we develop ourselves with flexibility.</i></p>
<p><b>Montreal, 3 May 2001, 2:30 AM</b>  Q: <i>Is it true that wherever there is Light, the Lord is present?</i></p> <p>A: Wherever there is Light, the Lord is spreading His divine Grace.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The pure light shines everywhere,  Everywhere, the Lord sends the pure and sublime energy,  Originating from the same root, every color and nuance is defined clearly,  Pure and sublime, the divine light shines silently.</i></p>
<p><b>Montreal, 4 May 2001, 4:20 AM</b>  Q: <i>Where does compassion originate?</i></p> <p>A: Compassion originates from naturalness and spontaneity.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>In this earthly world, life and death alternate constantly,  In this profane world, turbulence occurs continuously,  Within life, there is death - let's return to the true origin,  Returning to emptiness, everywhere, we see self-awakening!</i></p>

---

**Montreal, 5 May 2001, 10:30 AM**

Q: *How does the Lord's will cause transformations?*

A: The Lord's will causes transformations in an unexpected manner.

**Psalm**

*Serenity brings harmony to the heart and mind,  
Divine energy opens the heart and brings enlightenment,  
Our consciousness awakens thanks to the divine  
guidance,  
With wisdom and serenity, we resolve all hindrance.*

---



Translated by Xuan Mai

Please contact **maioro@yahoo.com** if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date*

---