



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Clarity of Mind

Reaching equilibrium, our mind is clear and wise,  
We practice to return to our true nature, and see our path clearly,  
Avoiding agitation, we devote ourselves to release our karmic adversities,  
Returning to our true origin, we understand our true soul clearly.

*Vi Kien*

## Baby Tam Talking To You

*from 6 May 2001 to 12 May 2001*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### **Questions**

1. *Why do humans have to evolve along with the transformations of the celestial mechanism?*
2. *What is the proper way for the soul to turn to the Lord?*
3. *Where does the aura around the head come from?*
4. *Where does the foundation of spiritual virtue reside?*
5. *Where does the energy of purification come from?*
6. *Where do needs arise?*
7. *Why do we help each other out of love and compassion?*



<p><b>Montreal, 6 May 2001, 6:35 AM</b>  Q: <i>Why do humans have to evolve along with the transformations of the celestial mechanism?</i></p> <p>A: Humans live in accordance with the original energy of Heaven and Earth. Therefore, they must also bear the effects of the transformations of the original energy of Heaven and Earth.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Through actions and reactions, our soul evolves accordingly,  Resolving our own difficulties, we reach self-awakening,  Through personal progress, we return to our true origin,  Thanks to the Divine Love, we advance accordingly.</i></p>
<p><b>Montreal, 7 May 2001, 4:55 AM</b>  Q: <i>What is the proper way for the soul to turn to the Lord?</i></p> <p>A: The soul must have a direction to go, which is the divine direction.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Turned to the Lord, the soul ascends to higher spheres,  We have the freedom to develop ourselves and purify our body,  On the infinite path, we must return to spirituality,  After the profound transformations, we enter the spiritual sphere naturally.</i></p>
<p><b>Montreal, 8 May 2001, 3:15 AM</b>  Q: <i>Where does the aura around the head come from?</i></p> <p>A: The aura around the head comes from a perseverant and diligent spiritual practice.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>We develop our head with a clear mind and wise heart,  Through spiritual commitment and serenity, we gain a thorough knowledge,  With an enlightened mind, we return to serenity,  Awakening our consciousness, our wise mind understands the divine subtleties.</i></p>
<p><b>Montreal, 9 May 2001, 6:25 AM</b>  Q: <i>Where does the foundation of spiritual virtue reside?</i></p> <p>A: The foundation of spiritual virtue resides in the inner consciousness of each individual.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The origin of equilibrium resides in the human's consciousness,  There lies the original principle of earth and heaven,  Purifying ourselves gradually, we release passion and intransigence,  Dedicated to spiritual perfection, we turn within for self-knowledge.</i></p>
<p><b>Montreal, 10 May 2001, 4:35 AM</b>  Q: <i>Where does the energy of purification come from?</i></p> <p>A: The energy of purification comes from the sphere of serenity.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>From within, our energy develops and reaches the sphere of serenity,  Returning to the true origin, we separate ourselves from impurities,  With a wise and open mind, we understand the spiritual teachings,  Pure and subtle, spiritual transformations happen everywhere.</i></p>
<p><b>Montreal, 11 May 2001, 4:45 AM</b>  Q: <i>Where do needs arise?</i></p> <p>A: Needs arise from one's greediness.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Fearing poverty, our mind becomes restless and greedy,  Living in constant turmoil, we never end our worries,  In spite of numerous adversities, we never attain our goal,  Failing to success, we follow our greedy plans blindly.</i></p>

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**Montreal, 12 May 2001, 4:05 AM**

Q: *Why do we help each other out of love and compassion?*

A: Karmic relationships are pre-arranged by Heaven and Earth.

**Psalm**

*Mistakes hinder our spiritual progress and serenity,  
Due to karmic entanglements, we practice in uncertainty,  
Lacking a clear direction, we augment our agitation,  
Causing suffering to ourselves, we never satisfy our  
expectations.*

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Translated by Xuan Mai

Please contact **maioro@yahoo.com** if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

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