



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

True Nature

A true practitioner remains calm in face of good opportunities,
Returning to emptiness, we cultivate our serenity,
Controlling our greediness, we prevent it from growing,
Awakening ourselves, we release our impurities.

Vi Kien

Baby Tam Talking To You

from 27 May 2001 to 2 June 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *When does a human start showing greedy desires?*
2. *How far will human's greediness go?*
3. *What should we do to enlighten our mind and perfect our character?*
4. *Why does a spiritual adept need to remain serene?*
5. *What does it mean to have an enlightened mind and a wise heart?*
6. *What does it mean to pay back the karmic debts from previous lifetimes?*
7. *Why is it called a unique opportunity?*



Montreal, 27 May 2001, 3:50 AM

Q: *When does a human start showing greedy desires?*

A: A human starts showing greedy desires at birth.

Psalm

*At birth, they already eat and sleep greedily,
Learning suffering, they demand and cry, saddened by
unsatisfied needs,
Bound to the karmic relation, their parents care for them
lovingly,
Helping their child eat and sleep through his early age.*

Montreal, 28 May 2001, 8:35 AM

Q: *How far will human's greediness go?*

A: Human's greediness is infinite.

Psalm

*Bound by karmic forces, their soul evolves constantly,
Acting in an agitated manner, they hold to their fallacies,
Trying to return to their origin, they follow the erroneous
path,
To return to their original nature, they must perfect mind
and body.*

Montreal, 29 May 2001, 5:55 AM

Q: *What should we do to enlighten our mind and perfect our character?*

A: In order to enlighten our mind and perfect our character, we must practice the exercise of continuous breathing in cycles regularly in order to illuminate our heart and mind. Only then will we clearly see our mistakes and be able to perfect ourselves spiritually.

Psalm

*Practicing the true dharma, we open our spiritual mind,
Loving and respecting the noble Lord, we advance
spiritually,
Practicing with our own efforts, we need to perfect
ourselves,
Returning to our true origin, we achieve true spirituality.*

Montreal, 30 May 2001, 10:10 AM

Q: *Why does a spiritual adept need to remain serene?*

A: A spiritual adept needs to remain serene and discard all gossip. One should ignore rumors and avoid generating agitation in one's spiritual consciousness.

Psalm

*Reaching equilibrium, we purify our mind,
Adapting to circumstances, our awakened consciousness
cultivates spiritual virtue,
We must work to achieve good habits,
Practice with serenity in order to see your true soul.*

Montreal, 31 May 2001, 1:45 AM

Q: *What does it mean to have an enlightened mind and a wise heart?*

A: To have an enlightened mind and a wise heart means to understand quickly and with sincerity.

Psalm

*Reaching balance, our wise mind releases all impurities,
Our enlightened mind provides us constant guidance,
Our heart aims at emptiness without disturbance,
Avoiding all delusion, we advance with sincerity.*

<p>Montreal, 1 June 2001, 1:55 AM Q: <i>What does it mean to pay back the karmic debts from previous lifetimes?</i></p> <p>A: To pay back the karmic debts from previous lifetimes means to perform charitable deeds in this lifetime to encounter good fortune in the future.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Now we have the good opportunity to pay our debts, Learning continuously, we develop our compassion, This world is full of karmic debts and karmic relations, With meditation, we release our karma to achieve purity and compassion.</i></p>
<p>Montreal, 2 June 2001, 1:05 AM Q: <i>Why is it called a unique opportunity?</i></p> <p>A: To have a unique opportunity means to work for charity without receiving any personal profit.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With a compassionate heart, we help others and advance accordingly, With our savings, we help others and attain tranquility, Void of calculations, our heart is serene and happy, Practicing the true dharma, we keep learning continuously.</i></p>



Translated by Xuan Mai

Please contact maioro@yahoo.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date

29-July-2001

Important News for VoVi Congress "COURAGE and PRACTICE", September 27 – November 3, 2001

Dear Vo-Vi Friends,

The VoVi Congress is only 3 months away. We kindly remind you about the following news:

- 1) Up to this date, we still have not received the payment for deposit 3 from a number of VoVi friends. Please contact the Organization Committee to notify us of the delay. **We can only hold your cruise reservation until August 10, 2001, at the latest.**
- 2) The payment for Deposit 3 (VoVi Congress) also includes 75 USD gratuities for the cruise staff. Gratuities should be paid by every person (incl. children and infants).
Please remember to include the gratuities in your last payment (as explained in the newest registration form).
- 3) If you have bought your airline ticket, please send the airline, flight number, arrival and departure times so that we can make arrangement for your transportation from airport to hotel (arrival on Oct. 25 and Oct. 26).

Contact for VoVi Congress and Hotel registration:

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