

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Coming From Emptiness

Our soul comes from emptiness and will eventually return to emptiness, Void of needs, our wise mind has no expectations,

To preserve the spiritual opportunity, we always aim at emptiness,

Practicing the true dharma, we develop ourselves with dedication.

Vi Kien

Baby Tam Talking To You

from 3 June 2001 to 9 June 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Geat Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1. Why does the celestial mechanism change in an unexpected way?
- 2. Is there any benefit in being loyal and honest?
- 3. Why is the true heart never changing?
- 4. Do actions and reactions bring any benefit to a meditation practitioner?
- 5. Why is the human nature fundamentally cruel?
- 6. How does the original principle of Heaven and Earth provide constructive help?
- 7. Why do profane people try to mediate forever without any success?



Montreal, 3 June 2001, 6:50 AM

Q: Why does the celestial mechanism change in an unexpected way?

A: The celestial mechanism cannot be discussed in advance. Changes can occur at any time.

Psalm

The celestial mechanism brings changes everywhere, The weather determines the evolution path clearly, Realizing our true soul, we return to our true origin, Evolving together, we are progressing steadily.

Montreal, 4 June 2001, 12:10 AM

Q: Is there any benefit in being loyal and honest?

A: To be loyal and honest is very beneficial for the meditation practitioner. He will be able to understand the principle of Heaven and Earth.

Psalm

United, the soul and astral body understand the principle of equilibrium,

Progressing infinitely, we advance in all spheres,
Our spiritual level is granted by the Lord with compassion,
Guiding others with sincerity, we turn within for a fine
example.

Montreal, 5 June 2001, 5:20 AM

Q: Why is the true heart never changing?

A: When we talk of Truth, it is always constant.

<u>Psalm</u>

With faith and determination, our spiritual will is unchanging,

Inspired by spirituality, our wise mind avoids all cruelty, Spreading good thoughts, we don't cause destruction, Understanding our true soul, we advance towards our true position.

Montreal, 6 June 2001, 8:45 AM

Q: Do actions and reactions bring any benefit to a meditation practitioner?

A: Actions and reactions are of great benefit to a meditation practitioner, so that he can turn within to judge his own serenity.

Psalm

Eventually, we must return to serenity to awaken our consciousness,

In silence, we advance with a thorough knowledge, Progress comes when the mind understands the divine subleties.

Detaching ourselves of all argumentation, we turn within for self-analysis.

Montreal, 7 June 2001, 10:40 AM

Q: Why is the human nature fundamentally cruel?

A: The human nature must be cruel and greedy.

<u>Psalm</u>

Fearing hunger, they are full of greedy and sensuous desires.

Looking for possesssions, eluding emptiness, they ignore their true nature,

Learning pain and suffering, they must return to the same origin,

Those who help the purification of their body will avoid falling into errors.

Montreal, 8 June 2001, 9:45 AM

Q: How does the original principle of Heaven and Earth provide constructive help?

A: The original principle of Heaven and Earth provides constructive help through non-violence.

Psalm

With spiritual practice, we renew our energy continuously, Abandoning passion and intransigence, we achieve selfawakening,

The abundant divine principle guides us on the spiritual path,

Serenely, we learn to resolve our own lessons.

Montreal, 9 June 2001, 9:50 AM

Q: Why do profane people try to mediate forever without any success?

A: Profane people try to mediate forever without any success because they have slandered each other so deeply that there is no more a way for them to reconcile and restore the past. They have destroyed the law of naturalness and spontaneity, and lost all their natural love and compassion.

Psalm

Having destroyed the love of Earth and Heaven, They lose all compassion and live aimlessly, Without a peaceful port, they augment their agitation, With increasing problems, they isolate themselves deeply.



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date

5-August-2001

Important News for VoVi Congress "COURAGE and PRACTICE", September 27 – November 3, 2001

Dear Vo-Vi Friends,

We have started to mail our Congress guides to our participants. We kindly remind you about the following news:

- 1) Please review the guide and check that your printed name matches with the name in your passport or green card (for US Permanent Residents). Your name as listed in the guide will be used in your cruise ticket and for hotel check-in.
- 2) Please contact the Organization Committee immediately in case of any errors (up to September 8, 2001). After September 8, 2001, all name corrections must be charged a penalty fee of 25 USD per person.
- 3) A few VoVi practitioners have registered for the Congress without specifying their birthdate and nationality. Please send the missing information to our Organization Committee, so that we can complete your registration.
- 4) We will send the Congress guides first to all participants who have paid the full registration fees. Please remember to pay your fees in full before August 10, 2001 (final deadline), so that we can send you the guide in a timely manner.

Many thanks for your attention.

The Organization Committee for International Vo-Vi Conventions

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