



The Life Energy Development Weekly

12 August, 2001

Email: maioro@yahoo.com
www.vovi.org

Published in concurrence with The Viet LED Weekly 319

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Awakening our Consciousness

How fortunate is the opportunity to awaken our consciousness,
Practicing with sincerity, we return to our true origin,
Resolving both social and spiritual matters, we attain equilibrium,
Developing ourselves infinitely, we advance with timeliness.

Vi Kien

Baby Tam Talking To You

from 10 June 2001 to 16 June 2001

Copyright © 2001 by Luong Si Hang & VoVi Association of Canada. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there any benefit in maintaining a strong faith towards Heaven and Earth?*
2. *What causes the weakening of the spleen?*
3. *Why do we need to help each other when loving each other?*
4. *Why does the planet Earth become hotter?*
5. *Does the energy of the earth do any work?*
6. *Is a resolute mind capable of judging social matters with clarity?*
7. *What does it mean to perfect ourselves spiritually with a resolute mind?*



<p>Montreal, 10 June 2001, 6:15 AM Q: <i>Is there any benefit in maintaining a strong faith towards Heaven and Earth?</i></p> <p>A: The meditation practitioner will gain great benefit in his spiritual practice when maintaining a strong faith towards Heaven and Earth.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Keeping a strong faith and a pure mind, we advance on our own, Practicing together to attain true consciousness, we develop good opportunities, Tirelessly, we strive to return to our true origin, With persistence, our wise mind will attain purity.</i></p>
<p>Montreal, 11 June 2001, 4:22 AM Q: <i>What causes the weakening of the spleen?</i></p> <p>A: The spleen is weak because it is related to the five internal organs which are also weak.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With a poor circulation, our body makes no progress, Blocked and unfocused, we obtain no success, With a slow mind, we are unable to discard our impurities, With a sluggish flow of energy, everything is blocked.</i></p>
<p>Montreal, 12 June 2001, 2:55 AM Q: <i>Why do we need to help each other when loving each other?</i></p> <p>A: It's a necessary task to help each other when loving each other.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Loving and respecting each other, we develop a kind heart, We should forgive each other when truly loving each other, Developing ourselves spiritually, we progress together towards a common origin, With a compassionate heart, we guide others infinitely and love the Lord.</i></p>
<p>Montreal, 13 June 2001, 1:40 AM Q: <i>Why does the planet Earth become hotter?</i></p> <p>A: The planet Earth has accumulated heat from humans burning fuel for many years; therefore, it will become hotter each day.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Overflowing with heat, the earth lost its equilibrium, Years of accumulation has its consequences, The vegetation can barely survive, and the minds are obscured, Lacking balance in social and spiritual matters, we lose our harmony.</i></p>
<p>Montreal, 14 June 2001, 2:00 AM Q: <i>Does the energy of the earth do any work?</i></p> <p>A: The energy of the earth will work once it becomes overabundant.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>The earth's energy brings purification and equilibrium, Its free evolution helps us to see our path clearly, Returning to our origin, we need to reach higher, Resolving social and spiritual matters, we truly understand equilibrium.</i></p>

<p>Montreal, 15 June 2001, 2:15 AM <i>Q: Is a resolute mind capable of judging social matters with clarity?</i></p> <p>A: Yes, a resolute mind is capable of judging social matters with clarity.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>Suffering from our own greediness, we bend under the heaviness of worldly matters, After the material evolution, we eventually return to the earthly grave, Now, we must bear the consequences of our own excesses, In an agitated world, we ony sink deeper.</i></p>
<p>Montreal, 16 June 2001, 8:20 AM <i>Q: What does it mean to perfect ourselves spiritually with a resolute mind?</i></p> <p>A: To perfect ourselves spiritually with a resolute mind means to develop the center of energy in our body.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>As our mind brightens, we see the path clearly, Building up our center of energy, we think with clarity, Advancing on the spiritual path continuously, We know our progress and understand the sphere of energy.</i></p>



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.