



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Blissful Energy

Thanks to the divine love with its blissful energy, we are able to comprehend
all spheres,
Through self-awakening, we gain clear and deep knowledge,
Divine opportunity and spiritual love are closely connected,
Awakening our consciousness, we cultivate our serenity to gain a deep
knowledge.

Vi Kien

Baby Tam Talking To You

from 17 June 2001 to 23 June 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How does our spiritual energy get released?*
2. *What is the Great Doctrine of the Mean?*
3. *What does it mean to love and respect the Great Spiritual Way?*
4. *What does it mean to have a scattered mind?*
5. *What does it mean when the omnipresent divine energy covers everywhere?*
6. *Does the past and present differ from each other?*
7. *Is there any benefit in loving and respecting the Lord?*



<p>Montreal, 17 June 2001, 4:15 AM <i>Q: How does our spiritual energy get released?</i></p> <p>A: Our spiritual energy releases from the central top of our head, which is related with the center of universal energy.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>From the cranial psychic center, we regain the pure energy, With clarity and wisdom, we release our karma silently, Learning continuously, we awaken our consciousness, To avoid errors, we perfect ourselves to see our true character.</i></p>
<p>Montreal, 18 June 2001, 4:50 AM <i>Q: What is the Great Doctrine of the Mean?</i></p> <p>A: The Great Doctrine of the Mean means to lean neither to the right nor to the left, and to keep advancing straight ahead.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Advancing with the great doctrine of the mean, We develop our wisdom and advance in harmony, Understanding the great spiritual way, we unite our energies, Reaching equilibrium, we attain self-awakening to enter the sphere of energy.</i></p>
<p>Montreal, 19 June 2001, 3:00 AM <i>Q: What does it mean to love and respect the Great Spiritual Way?</i></p> <p>A: To love and respect the Great Spiritual Way means to advance with one's own efforts.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>To love and respect the Great Way means to advance on our own, Building our center of energy, we naturally return to kindness, Returning to our true origin with contemplative meditation, we attain peace and calmness, With a serene heart, our awakened consciousness analyzes the invisible world.</i></p>
<p>Montreal, 20 June 2001, 4:05 AM <i>Q: What does it mean to have a scattered mind?</i></p> <p>A: To have a scattered mind means to pay attention to the external world, instead of focusing our energy within.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Turning outward, we become agitated and obscure our mind, With a full breathing cycle, we learn continuously, Scattering our mind, we become agitated, Not knowing how to progress, we go in circles.</i></p>
<p>Montreal, 21 June 2001, 10:45 AM <i>Q: What does it mean when the omnipresent divine energy covers everywhere?</i></p> <p>A: The omnipresent divine energy represents the principle of naturalness and spontaneity.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>At birth, the soul is by nature kind hearted, Those who love and respect others live in harmony, With a mother's love, we always serve others, Treating each other with sincerity, we love and respect the kind hearted.</i></p>

Psalm

*Realizing that without the past there is no present,
We clearly understand the alternation of existence and
non-existence,
All paths lead to progress without stopping,
Working on perfecting ourselves, we reach wisdom and
spiritual awakening.*

Montreal, 22 June 2001, 3:25 AM

Q: Does the past and present differ from each other?

A: Past and present are different, but without the past, there is no present. Therefore, the archeologists need to utilize the present in order to rediscover the past.

Psalm

*Loving and respecting the Lord, we open up our mind,
With His spiritual guidance, we develop our wisdom,
Through the karmic lessons of the earthly world, we reach
awakening,
Receiving the constant flow of energy, we turn ourselves
towards purity.*

Montreal, 23 June 2001, 2:20 AM

Q: Is there any benefit in loving and respecting the Lord?

A: Those who love and respect the Lord obtain great spiritual benefits.



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Important News for VoVi Congress "COURAGE and PRACTICE", September 27 – November 3, 2001

Dear Vo-Vi Friends,

We have finished mailing all Congress guides to our participants, except for a small number of people who have not paid the full balance of the registration fees. Please remember to pay as soon as possible, so that we can complete your registration.

We kindly remind you of the following:

- 1) If you have paid the full registration fees, but have not received the Congress guide by September 1, 2001, please contact the Organization Committee immediately, so that we can send you the guide in a timely manner.
- 2) If your name as printed in the guide has changed (in case of naturalization) or does not match your passport or green card (for US Permanent Residents), please contact us immediately for correction. All correction requests after **September 8, 2001** will require a fee of 25 USD per person.
- 3) **August 15, 2001** was the deadline to pay in full the reservation fees for hotel rooms before and after the Congress. We are sorry that we won't be able to refund any hotel reservation fees after this date.
- 4) If you still need to reserve a hotel room, please contact the Organization Committee as soon as possible to check for availability and make arrangements before **September 8, 2001**.

Many thanks for your attention.

The Organization Committee for International Vo-Vi Conventions

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