



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Self-Awakening

Through self-awakening, we understand ourselves and advance spiritually,
Vowing to contribute our share for the common good,
We work together to build the spiritual foundation,
Gradually perfecting ourselves, we calmly accept all adversities.

Vi Kien

Baby Tam Talking To You

from 15 July 2001 to 21 July 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What should we do to practice a righteous dharma?*
2. *What does it mean to return to inner awakening and spiritual knowledge?*
3. *What should we do to release our karma?*
4. *What does it mean to be passionate and intransigent?*
5. *What causes the greediness of humanity?*
6. *Why is the world becoming more agitated every day?*
7. *Why must a person with a high social status be greedy?*



<p>Atlantic City, 15 July 2001, 9:45 AM Q: <i>What should we do to practice a righteous dharma?</i></p> <p>A: In order to practice a righteous dharma, we must resolutely abandon all profane desires and passions, and free ourselves of all romantic ties.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With resolution, we practice with an awakened consciousness, Cultivating our serenity, we follow the Divine Guidance, Practicing in a righteous manner, we invoke the mantra Nam-Mo silently, Returning to our true soul, we see our evolution path clearly.</i></p>
<p>Atlantic City, 16 July 2001, 5:25 AM Q: <i>What does it mean to return to inner awakening and spiritual knowledge?</i></p> <p>A: To return to inner awakening and spiritual knowledge means to return to one's roots in order to truly comprehend the past and the future.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Through spiritual practice, we awaken ourselves and return to serenity, Detaching ourselves from worldly affairs, we acquire greater wisdom, In this temporary life, sincerely we practice to return to our true origin, Feeling the lively divine love, we reach self-understanding.</i></p>
<p>Atlantic City, 17 July 2001, 5:55 AM Q: <i>What should we do to release our karma?</i></p> <p>A: In order to release our karma, we should practice regularly the exercises of Vo-Vi meditation and the silent invocation of the mantra Nam-Mo-A-Di-Da-Phat.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practicing the true dharma, we dissolve our darkness, Resolute to perfect our spiritual mind, we dissipate our blindness, Freed of passion and agitation, our consciousness awakens, Releasing the impure energy, our soul is light and serene.</i></p>
<p>Atlantic City, 18 July 2001, 2:45 AM Q: <i>What does it mean to be passionate and intransigent?</i></p> <p>A: To be passionate and intransigent means that the person's mind is solely directed toward impurity.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Holding to their habit, they remain single-minded, Wrongly believing to find the truth, they ignore spiritual practice, With an obscure heart, they increase their superstition,, Causing suffering to themselves, they live in agitation.</i></p>
<p>Atlantic City, 19 July 2001, 7:10 AM Q: <i>What causes the greediness of humanity?</i></p> <p>A: Greediness of human beings is caused by the relationship of the earth's energy with the universal energy.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>As our energy develops, we progress continuously, Thanks to practicing the true dharma, our energy connects with the Lord and flows freely, We develop our inner meridians with pureness and clarity, Clearly understanding the social and spiritual worlds, we judge all matters quickly.</i></p>

<p>Atlantic City, 20 July 2001, 1:30 AM <i>Q: Why is the world becoming more agitated every day?</i></p> <p>A: The world is becoming more agitated every day because the greediness of human beings has not stopped. Humans do not know how to correct their mistakes and perfect themselves spiritually in order to attain true peace.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With divided minds, the world cannot reach harmony, Everybody wants to achieve his own success, Lacking wisdom, they only augment their cruelty, Killing each other within agitation, they cannot reach harmony.</i></p>
<p>Atlantic City, 21 July 2001, 2:35 AM <i>Q: Why must a person with a high social status be greedy?</i></p> <p>A: A person with a high social status must be greedy because they want to fortify their position.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Greediness and sensuous desires come from a greedy heart, To attain their goal, they accept all hardship, With an agitated mind, they carry many sorrows, Wanting to obtain possessions without working, they sink deeper in darkness.</i></p>



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.