



# The Life Energy Development Weekly

30 September, 2001

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Human Love

Human love provides the principle of righteous practice,  
With a clear and wise mind, we advance rapidly,  
Practicing with courage and determination, we return to our true origin,  
Perfecting ourselves spiritually, we turn within for self-analysis.

*Vi Kien*

## Baby Tam Talking To You

*from 29 July 2001 to 4 August 2001*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *What causes darkness in one's inner consciousness?*
2. *What will happen to humanity if they don't develop their spiritual mind through spiritual practice?*
3. *What is the purpose of the center of energy of the universe?*
4. *How does deep love arise?*
5. *What should we do to advance toward the sphere of spiritual energy?*
6. *Where does the holy eye come from?*
7. *How does our flow of spiritual energy commune with the divine energy and rise higher?*



<p><b>Atlantic City, 29 July 2001, 6:15 AM</b>  Q: <i>What causes darkness in one's inner consciousness?</i></p> <p>A: Darkness is caused by unrest and loss of equilibrium in one's inner consciousness.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>With an agitated heart and mind, we are loaded with worries,  Lacking the spiritual opportunity, we know no tranquility,  Unable to commune with the Lord, we grow more agitated,  With a closed mind, we can't understand our true nature.</i></p>
<p><b>Atlantic City, 30 July 2001, 6:15 AM</b>  Q: <i>What will happen to humanity if they don't develop their spiritual mind through spiritual practice?</i></p> <p>A: If humans don't develop their spiritual mind through spiritual practice, they will encounter a great spiritual loss.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Lacking spiritual practice, we are unable to develop our consciousness,  Without spiritual faith, our heart is full of sorrow,  Unable to advance spiritually, we become more agitated,  Causing trouble to ourselves, we remain restless.</i></p>
<p><b>Montreal, 31 July 2001, 7:35 AM</b>  Q: <i>What is the purpose of the center of energy of the universe?</i></p> <p>A: The center of energy of the universe is responsible for pulling our spiritual energy upward towards infinity. The spiritual adept will open up his spiritual consciousness wider each day, and he will be determined to detach himself of worldly attachments.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Returning to our true origin, we practice and advance together,  Practicing with determination, we are free of worries,  Developing our true soul, we understand the dharma clearly,  With sincerity, we practice to return to serenity.</i></p>
<p><b>Montreal, 1 August 2001, 5:20 AM</b>  Q: <i>How does deep love arise?</i></p> <p>A: Deep love arises when we are reunited.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>During our reunion, our clear mind becomes wise and understanding,  With a serene heart, we naturally attain self-knowledge,  Those who don't practice can't advance on the social and spiritual paths,  They will have difficulty to comprehend the spiritual opportunity and worldly attachments.</i></p>
<p><b>Montreal, 2 August 2001, 4:15 AM</b>  Q: <i>What should we do to advance toward the sphere of spiritual energy?</i></p> <p>A: In order to advance toward the sphere of spiritual energy, we must practice the Vo-Vi method with sincerity in order to attain serenity. If we practice with courage and determination, we will obtain good results.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Practicing with sincerity, we turn within for self-perfection,  Developing our spiritual consciousness, we dissipate our delusion,  Understanding the sphere of emptiness, we advance clearly on the spiritual path,  Turning to pureness, we attain harmony through self-perfection.</i></p>

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**Montreal, 3 August 2001, 7:00 AM**

Q: *Where does the holy eye come from?*

A: The holy eye comes from the development of wisdom and spiritual energy. When we direct our mind toward the World Above, our spiritual energy will unify with the celestial energy, and our mind will become clear and wise. A meditation practitioner has bright eyes and a joyous face. His soul is young and beautiful, and he can reach anywhere rapidly with his thoughts. He is lighter and purer than a profane person. The more we practice, the better results we will obtain both on the social and spiritual planes.

**Psalm**

*With a clear and wise mind, we advance on the spiritual path,  
Returning to emptiness, we are guided by the Lord and know no worries,  
With a serene heart, we help others infinitely and live in purity,  
Resolving our own problems, we live in peace and harmony.*

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**Montreal, 4 August 2001, 2:15 AM**

Q: *How does our flow of spiritual energy commune with the divine energy and rise higher?*

A: When we turn our mind toward the Lord, our flow of spiritual energy will rise higher and unify with the sphere of energy of the universe.

**Psalm**

*Spiritual communion happens through the universal energy,  
With a clear and wise mind, our thoughts are loving and affectionate,  
Both social and spiritual paths lead to the same unique origin,  
With a clear consciousness, we'll succeed and naturally show it to others.*



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Translated by Xuan Mai

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**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

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30 September 2001

Important News for VoVi Congress "COURAGE and PRACTICE", September 27 – November 3, 2001

Dear VoVi Friends,

In just a few weeks, VoVi friends from all around the world will be traveling to Orlando to attend the spiritual Congress "Courage and Practice". This is such an indescribable joy!

In order to facilitate your travel to the United States, we kindly remind you of the following important points:

- 1) After the tragic events of September 9, you will need more time for check-in at the airports:
  - If you travel within the United States, please arrive to the airport at least 2 hours in advance (domestic flights).
  - If you come to the United States from overseas (international flights), please arrive to the airport at least 3 hours in advance.
  - Please keep your carry-on luggage light and compact, and avoid carrying all sharp metal utensils, such as: knives (all kinds of knives, even plastic knives), scissors, knitting needles, nail sharpener, razors, etc, because these will be confiscated.
  - Please check the websites of your airlines or call your airlines directly before departure to verify your flight schedule.
  - Please note that your luggage allowance on the Disney Magic ship is one carry-on luggage and two pieces of baggage.
- 2) Please carry with you all necessary papers for embarkation at Port Canaveral (Please see your congress guide for more details).

Example: US or Canadian citizens should carry their passports, US Residents should carry their green cards, nationals from VietNam should have a valid passport with a multiple entry visa into the United States (B2-Visa) and the I-94 card that you receive upon entry into the US, nationals from European countries should have their passports and I-94 cards, etc.

3) Transportation:

Please notify the Organization Committee immediately in case you modify your flight schedule. If you have to cancel your trip at the last minute, please notify the Committee so that we do not need to worry about your safety, your transportation to the Hotel, or your arrival to Port Canaveral.

Currently, we have only received half of the notifications from our registered guests at the hotel for transportation (pick-up service). Please notify us as soon as possible about your arrival and departure date and time, your flight number, and your airline, so that we can arrange your transportation to the hotel.

Contact before October 18, 2001:

email: [maioro@yahoo.com](mailto:maioro@yahoo.com)

tel. 530-589-6972 or fax 530-589-1517

After October 20, 2001, please contact:

Andre Phan-Cao: Leave message at Renaissance Marriott (VoVi group) starting from 20 Oct. 01: (407)240-1000

or Mai Nguyen –cell phone (530)209-7090

Thank you for your attention,

The Organization Committee of VoVi International Conventions

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