



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.vovi.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Greediness and Lust

Greediness and lust cause unsolved debts and heavy karma,
In this universe, we must accept the law of temporariness,
Divine compassion guides us on the common path of progress,
Abandoning lust and greediness, we turn within for self-analysis.

Vi Kien

Baby Tam Talking To You

from 9 September 2001 to 15 September 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How does a deep love develop?*
2. *What benefits do we obtain when we practice with diligence and sincerity and serve humanity with true devotion?*
3. *How do we return to Heaven?*
4. *Does the law of karmic retribution exist on this earth?*
5. *Why does the center of energy of the universe get attacked?*
6. *Why does the energy of the spiritual adept become blocked?*
7. *Does it help to have a sincere heart and a good will for self-perfection?*



Atlantic City, 9 September 2001, 8:45 AM

Q: How does a deep love develop?

A: A deep love develops from good memories of the past.

Psalm

*With love and respect, we work for the common good at
our first encounter,
We enter the spiritual path by developing our spiritual
virtue,
Regaining serenity, we have the opportunity to meet the
Lord,
Building the spiritual path, we develop our deep affection.*

Atlantic City, 10 September 2001, 7:40 AM

Q: What benefits do we obtain when we practice with diligence and sincerity and serve humanity with true devotion?

A: There will be great benefits for all when we practice with diligence and sincerity and serve humanity with true devotion.

Psalm

*With a sincere heart, we practice to resolve adversities,
Our compassionate heart harmonizes with human needs
at each hour and minute,
With a wise mind, we practice the true dharma to liberate
ourselves,
Returning to serenity, we understand the divine
mechanism.*

Atlantic City, 11 September 2001, 9:00 AM

Q: How do we return to Heaven?

A: We must practice with diligence and great efforts to make progress and be able to travel to the sphere of lightness and purity and harmonize ourselves with the original principle of heaven and earth.

Psalm

*Practice with efforts and diligence to get results,
United with the heavenly sphere, we'll undergo
transformations,
Fulfilling both social and spiritual duties, we return to our
origin,
Understanding ourselves and others, we maintain our
strong faith.*

Atlantic City, 12 September 2001, 8:55 AM

Q: Does the law of karmic retribution exist on this earth?

A: Yes, the law of karmic retribution exists on earth. Therefore, the body must bear the consequences of the mind's actions.

Psalm

*With a restless mind and body, our mind is agitated,
In this earthly world, we keep holding to vain hopes,
To liberate ourselves, we must follow the divine law,
No one can escape the law of karmic retribution.*

Atlantic City, 13 September 2001, 9:10 AM

Q: Why does the center of energy of the universe get attacked?

A: The center of energy of the universe gets attacked when the spiritual adept is too greedy. As a consequence, his energy must be reduced to a lower level.

Psalm

*Taking in agitation, we only harm ourselves,
Refusing to turn toward pureness, we'll only harvest
impurities,
Following our greediness, we ignore the path of spiritual
progress,
Augmenting our suffering and hardship, we only harm
ourselves.*

Atlantic City, 14 September 2001, 9:55 AM

Q: Why does the energy of the spiritual adept become blocked?

A: The energy of the spiritual adept becomes blocked when his mind is excessively directed outward. Accumulating agitation within, he will have difficulty to practice and release the impure energy.

Psalm

*Agitation within hinders their spiritual practice,
Unable to develop their spiritual heart, their mind remains
impure,
Unaware of the spiritual opportunity, they can't reach
lightness and purity,
Lacking wisdom and clarity of mind, they practice with
difficulty.*

Atlantic City, 15 September 2001, 6:55 AM

Q: Does it help to have a sincere heart and a good will for self-perfection?

A: Those who have a sincere heart and a good will for self-perfection will achieve their goal.

Psalm

*With sincerity and courage, we'll reach our goal,
With a strong mind, the Lord will grant us serenity,
Advancing continuously, we'll be guided by the Lord,
Practicing with courage, we'll enter the spiritual sphere.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
