



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Insolence

Insolence only hurts oneself and causes an agitated mind,  
With evil thoughts and selfishness, there is no inner peace.  
Practice to release your impure energy and return to an empty mind,  
With wisdom flowing in your clear mind, you'll feel true inner peace.

*Vi Kien*

## Baby Tam Talking To You

*from 16 September 2001 to 22 September 2001*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

1. *Where will compassion appear?*
2. *How does the light of compassion shine?*
3. *What will happen once the law of karmic retribution has been applied?*
4. *Why are humans often impatient and take the wrong decisions?*
5. *What benefits do we obtain from life's actions and reactions?*
6. *Will the determination to cause evil and harm others succeed?*
7. *What is the law of supernature?*



**Psalm**

*The principle of compassion arises naturally,  
Understanding the noble heaven, we express the vow to  
bear suffering,  
Releasing intransigence and passion, we enter the  
spiritual sphere,  
United with the universal energy, we harmonize with the  
moon and stars.*

**Atlantic City, 16 September 2001, 8:35 AM**

*Q: Where will compassion appear?*

A: Compassion will appear when the heart is touched.

**Psalm**

*Equilibrium and serenity produce a bright aura,  
Dissolving our worries, we develop our inner light,  
Wisdom and equilibrium augment our clarity of mind,  
Practicing with sincerity, we regain our inner peace.*

**Atlantic City, 17 September 2001, 7:15 AM**

*Q: How does the light of compassion shine?*

A: The light of compassion shines in serenity.

**Psalm**

*Lacking wisdom, they are unfocused and unable to fulfill  
their hopes,  
To destroy the lives of others, they live in constant alert,  
Our mind is determined to follow spontaneity and  
naturalness,  
With sincerity, we vow to release our impure energy within  
and outward.*

**Atlantic City, 18 September 2001, 10:10 AM**

*Q: What will happen once the law of karmic retribution  
has been applied?*

A: Once the law of karmic retribution has been applied,  
we'll have the opportunity to make new arrangements  
based on order and discipline.

**Psalm**

*Traversing difficulties in their own hearts,  
They encounter constant adversities and develop evil  
thoughts,  
After failing their battles, they have to awaken their  
consciousness,  
Compassion and understanding will show them the true  
path.*

**Atlantic City, 19 September 2001, 7:45 AM**

*Q: Why are humans often impatient and take the wrong  
decisions?*

A: Human beings are often impatient and take the  
wrong decisions because they wrongly believe that they  
are fully capable, but they don't understand the law of  
karmic retribution for their own souls.

**Psalm**

*Facing multiple reactions, our consciousness increases,  
Whether good or evil, we must return to the spiritual path,  
Let's practice to cultivate our true nature,  
Understanding our mistakes, we'll soon reach self-  
awakening.*

**Atlantic City, 20 September 2001, 2:15 AM**

*Q: What benefits do we obtain from life's actions and  
reactions?*

A: Life's actions and reactions show the law of cause  
and effect clearly, and we must pay the karmic debts on  
our own.

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| <p><b>Atlantic City, 21 September 2001, 5:45 AM</b><br/> Q: Will the determination to cause evil and harm others succeed?</p> <p>A: Those who are determined to cause evil and harm others will encounter obstacles and not succeed easily. The law of karmic retribution does not allow their success.</p> | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Without a compassionate heart, there is only stagnation,<br/> Killing humans sows more evilness,<br/> Facing multiple obstacles, they know no mutual understanding,<br/> Practicing patience and resignation, we dissolve our internal difficulties.</i></p> |
| <p><b>Atlantic City, 22 September 2001, 9:30 AM</b><br/> Q: What is the law of supernature?</p> <p>A: The law of supernature is formed from the sphere of emptiness.</p>  | <p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Supernature is formed from the higher spheres,<br/> Descending on earth, humans create loving relations,<br/> Understanding that we have no way to escape,<br/> With serenity, we learn to purify our mind and body.</i></p>                                 |



Translated by Xuan Mai

**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date*