



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Divine Principle

The noble principle shines everywhere for spiritual guidance,
Silently, we commune with the Lord and understand more with serenity,
Returning to meditative knowledge, we now have good spiritual
opportunities,
As our consciousness regains its equilibrium, we build our sublime virtue.

Vi Kien

Baby Tam Talking To You

from 6 October 2001 to 12 October 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is it true that we cannot predict the divine blessings?*
2. *What is knowledge through spiritual awakening?*
3. *What does it mean to have a dim consciousness?*
4. *Is there any benefit in practicing with sincerity?*
5. *Is there any benefit to have a serene mind and heart?*
6. *What should we do to unite with the pure divine light?*
7. *Why do humans think about oppressing others and using violence and cruelty?*



<p>Atlantic City, 6 October 2001, 5:10 AM Q: <i>Is it true that we cannot predict the divine blessings?</i></p> <p>A: Divine blessings cannot be known in advance. They occur suddenly, and are therefore called “spiritual opportunities”.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Spiritual opportunities abound everywhere to guide humanity, We practice and progress in accordance with our spiritual virtue, Developing ourselves infinitely, we reach self-awakening, Building a virtuous life, we rejoice innerly.</i></p>
<p>Atlantic City, 7 October 2001, 7:00 AM Q: <i>What is knowledge through spiritual awakening?</i></p> <p>A: To gain knowledge through spiritual awakening means that we will understand many right and wrong issues after encountering strong clashes.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Through conflicts, we understand our own mistakes, Turned within, we clearly see the harmful path, We create our own path of wickedness, Helping ourselves, we awaken our righteous heart.</i></p>
<p>Atlantic City, 8 October 2001, 9:00 AM Q: <i>What does it mean to have a dim consciousness?</i></p> <p>A: To have a dim consciousness means that our serene mind lacks brightness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Darkness comes from ignorance in social and spiritual life, With a weak mind and heart, we feel isolated, Lacking understanding, we are neither pure nor light, As our spiritual evolution slows, we remain blinded.</i></p>
<p>Atlantic City, 9 October 2001, 7:35 AM Q: <i>Is there any benefit in practicing with sincerity?</i></p> <p>A: To practice with sincerity is very beneficial for the Vo-Vi practitioner.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With sincerity, we practice to perfect ourselves, Awakening our consciousness, we remain serene to dissipate our blindness, As our mind awakens, we practice and generate good thoughts, With serenity, we learn to soon return to our origin.</i></p>
<p>Atlantic City, 10 October 2001, 7:45 AM Q: <i>Is there any benefit to have a serene mind and heart?</i></p> <p>A: There are great benefits in having a serene mind and heart.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Greater wisdom comes from a serene mind and heart, It is most important to practice to generate good spiritual opportunities, Following the divine transformations, we evolve infinitely, Understanding both social and spiritual duties, we vow to contribute our part.</i></p>
<p>Atlantic City, 11 October 2001, 8:05 AM Q: <i>What should we do to unite with the pure divine light?</i></p> <p>A: In order to unite with the pure divine light and to commune with the Lord and Buddha, we need to practice with discipline and righteousness. We must attain full detachment in order to enlighten our cranial psychic center. Only at that time will we have the opportunity to unite with the Lord, and our heart and mind will always be light and pure.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practicing with dedication, we unite with the Lord and feel inner peace, The principle of the noble heaven provides infinite guidance, Overcoming the sphere of forms and colors, we advance positively, Returning to meditative knowledge, we feel inner peace.</i></p>

Atlantic City, 12 October 2001, 7:40 AM

Q: Why do humans think about oppressing others and using violence and cruelty?

A: Humans think about oppressing others and using violence and cruelty because inventions of the material world lead to bad habits. People always want to oppress others. Only after violent conflicts will they accept to repent their mistakes.

Psalm

*Regretting that our mind has not yet awakened,
We strive for the sphere of emptiness to lighten our
worries,*

*An obscure mind cannot evolve spiritually,
Practice to awaken your consciousness and release your
sorrowful heart.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
