



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Perseverance

Practicing with diligence and perseverance, we understand the sublime
dharma,
Heaven gives us the original principle to evolve spiritually,
Acquiring wisdom and self-knowledge, we learn continuously,
Practicing with diligence and perseverance, we see our path clearly.

Vi Kien

Baby Tam Talking To You

from 13 October 2001 to 19 October 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Does a spiritual adept get any benefits from practicing faithfully and serving others with sincerity?*
2. *Is there any benefit in repenting one's mistakes?*
3. *What does it mean to return to our original serenity?*
4. *Why don't we see the Divine Grace even though we have practiced for a long time?*
5. *How are we born and how do we die on earth?*
6. *How can we achieve peace on earth?*
7. *What causes upheavals in the world?*



<p>Atlantic City, 13 October 2001, 7:30 AM Q: <i>Does a spiritual adept get any benefits from practicing faithfully and serving others with sincerity?</i></p> <p>A: Vo-Vi practitioners will gain great benefits from practicing faithfully and serving others with sincerity. They will have the opportunity to return to emptiness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practice with righteousness to return to emptiness, Perform your breathing with sincerity and be free of expectations, With an awakened consciousness, we develop ourselves, As our energy flows freely, we'll advance on our own without slowness.</i></p>
<p>Atlantic City, 14 October 2001, 8:40 AM Q: <i>Is there any benefit in repenting one's mistakes?</i></p> <p>A: Repentance for past mistakes is very beneficial for both mind and body.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Repenting our mistakes is very beneficial, We'll work toward regaining our true nature, Developing ourselves spiritually, we'll return to our origin gradually, Practicing with diligence and sincerity, we'll slowly attain purity.</i></p>
<p>Atlantic City, 15 October 2001, 8:30 AM Q: <i>What does it mean to return to our original serenity?</i></p> <p>A: When the flow of energy of our spiritual heart unifies with the divine and pure energy, we'll return to our original serenity. We'll have a bright mind and a wise heart.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With serenity, our heart is clear and our mind shines brilliantly, Awakening our true consciousness, we turn toward Heaven, With a peaceful mind and body, we advance with confidence, Awakening our consciousness, we practice with tranquility.</i></p>
<p>Atlantic City, 16 October 2001, 8:35 AM Q: <i>Why don't we see the Divine Grace even though we have practiced for a long time?</i></p> <p>A: Spiritual opportunities cannot be known in advance.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Spiritual opportunities are spread everywhere, The Lord provides the clear and bright energy, With serenity, we'll understand the connection path, The Lord grants His noble love without talk.</i></p>
<p>Atlantic City, 17 October 2001, 8:40 AM Q: <i>How are we born and how do we die on earth?</i></p> <p>A: On earth, we are born and die by ourselves.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Traveling through reincarnation cycles, we learn suffering through our body, Facing the worldly transformations, we turn within to open our mind, Now, we accept our own sorrow and suffering, Perfecting our mind and body, we enter the sphere of spirituality.</i></p>

Atlantic City, 18 October 2001, 3:15 AM

Q: How can we achieve peace on earth?

A: We must practice a spiritual method to correct our mistakes and perfect ourselves in order to achieve peace on earth.

Psalm

*Peace only comes with a tranquil mind and body,
Through ignorance, humans are bound to suffering,
Overfilled with greediness and desires, their heart cannot
be freed,
Practicing with serenity to perfect ourselves, we see the
path clearly.*

Atlantic City, 19 October 2001, 4:30 AM

Q: What causes upheavals in the world?

A: Upheavals in the world are caused by the dispersion of the original energy, and leads to transformations of the whole world.

Psalm

*People lack the sincere desire for self-perfection,
Stepping on each other, they follow their greediness and
agitation,
Returning to the same origin, our heart remains agitated,
Filled with suspicions, we keep blaming each other.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
