



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Clarity of Mind

A lucid mind sees the path of spiritual progression clearly,
Thanks to the dharma, we dissipate our sorrow and surmount all obstacles,
The sphere of emptiness provides salvation and purifies the soul,
Practicing the true dharma with sincerity, we seek the spiritual opportunity.

Vi Kien

Baby Tam Talking To You

from 27 October 2001 to 2 November 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *How does pure energy circulate and shine?*
2. *Is there any benefit in loving and respecting the noble Heaven?*
3. *How can we return to our true origin?*
4. *How can we return to the origin?*
5. *Is there any benefit when strong people oppress weak ones?*
6. *What is the weapon of love?*
7. *How does one change and awaken the spiritual consciousness?*



<p>Disney Cruise, 27 October 2001, 3:00 AM Q: <i>How does pure energy circulate and shine?</i></p> <p>A: Pure energy shines in every place as rays of compassionate light. This is called "infinite guidance".</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The energy of great compassion shines everywhere, With infinite guidance, our souls advance timely, Through purification, our mind and body shine harmoniously, Returning to the original serene nature, the soul and astral body leave the physical body.</i></p>
<p>Disney Cruise, 28 October 2001, 7:30 AM Q: <i>Is there any benefit in loving and respecting the noble Heaven?</i></p> <p>A: We build a good habit by loving and respecting the noble Heaven.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Turning to the Lord, we return to true divine love, Releasing sorrow and worries, we advance toward harmony, Our wise mind continuously sows good thoughts, Practicing with sincerity, we advance toward harmony.</i></p>
<p>Disney Cruise, 29 October 2001, 2:45 AM Q: <i>How can we return to our true origin?</i></p> <p>A: In order to return to the true origin, we must direct our mind toward the World Above and practice meditation to develop ourselves spiritually.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With full detachment, our mind and body feel very light, Developing our spiritual mind, we practice with sincerity, Advancing on both social and spiritual paths, we return to the origin, Practice meditation with diligence to obtain good results.</i></p>
<p>Disney Cruise, 30 October 2001, 4:35 AM Q: <i>How can we return to the origin?</i></p> <p>A: In order to return to our origin, we must practice with righteousness in order to return to our origin by our own efforts. Only then will we truly repent our mistakes.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Returning to emptiness, we are light, pure, and all equal, Accepting worldly agitation, we must advance on our own, Silently, we rejoice in regaining our true compassion, Cultivating love and spiritual virtue, we treat everyone as equal.</i></p>
<p>Disney Cruise, 31 October 2001, 1:15 AM Q: <i>Is there any benefit when strong people oppress weak ones?</i></p> <p>A: There is no benefit when strong people oppress weak ones. They will only encounter harmful effects in the future.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Thanks to their good fortune, God has granted them plenty, Refusing to help others, they generate storms and rains, With an unkind heart and mind, they work in agitation, Not knowing how to expose the weapon of love.</i></p>
<p>Disney Cruise, 1 November 2001, 3:15 AM Q: <i>What is the weapon of love?</i></p> <p>A: The weapon of love is a heart filled with compassion and forgiveness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Compassion develops and shines upon the mind and body, Study your own nature to discover the sublime philosophy, Fulfilling our social and spiritual duties, we perfect ourselves to advance gradually, With love and forgiveness, understanding comes easily.</i></p>

Orlando, 2 November 2001, 8:10 AM

Q: How does one change and awaken the spiritual consciousness?

A: One changes and awakens the spiritual consciousness by returning to serenity.

Psalm

*To change and awaken the spiritual consciousness, we
must practice,
Directing our mind toward serenity, we harmonize with the
pure energy,
Advancing together, we practice with sincerity,
As our consciousness evolves infinitely, we live in
tranquility.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
