



The Life Energy Development Weekly

6 January, 2002

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Published in concurrence with The Viet LED Weekly 340

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Wisdom

The wise mind clearly sees the path of spiritual progression,
When energy flows freely, our consciousness awakens and understands
quickly,
We should practice the righteous dharma with continuity,
Helping the soul, the dharma restores our tranquility.

Vi Kien

Baby Tam Talking To You

from 3 November 2001 to 9 November 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. : *Why does a human being experience union and death?*
2. *Where does compassion come from?*
3. *What generates love and spiritual virtue?*
4. *What is love?*
5. *What is karma?*
6. *What brings the return of human compassion?*
7. *What brings enlightenment?*



<p>Orlando, 3 November 2001, 7:40 AM Q: <i>Why does a human being experience union and death?</i></p> <p>A: A human being must experience union and death. This is the law of nature.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Humans must experience union and death, Through the constant transformations, the soul will advance- To develop itself infinitely on the path of evolution, Practicing the dharma with ease, we'll feel inner peace.</i></p>
<p>Orlando, 4 November 2001, 6:25 AM Q: <i>Where does compassion come from?</i></p> <p>A: Compassion comes from a sincere heart.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Achievement comes from true and sincere practice, With a peaceful mind and body, we advance more quickly, Returning to our true origin, we'll reach equilibrium, Awakening our consciousness, we turn toward serenity and pureness.</i></p>
<p>Atlantic City, 5 November 2001, 4:13 AM Q: <i>What generates love and spiritual virtue?</i></p> <p>A: We must practice with a sincere heart in order to develop love and spiritual virtue.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>We practice by our own efforts to develop our heart and mind, Returning to the heavenly sphere, we build the path of virtue, Receiving the brilliant light, we purify ourselves, We practice by our own efforts to bring peace to our body and mind.</i></p>
<p>Atlantic City, 6 November 2001, 9:10 AM Q: <i>What is love?</i></p> <p>A: Love is the flux of energy that flows harmoniously between people and reminds them of each other.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Spontaneously, their energies harmonize with each other, Remembering each other, they love each other and cherish their relation, Advancing together on the social and spiritual paths, They meditate to awaken their consciousness and to develop their spiritual foundation.</i></p>
<p>Atlantic City, 7 November 2001, 8:40 AM Q: <i>What is karma?</i></p> <p>A: Karma is generated by karmic relations and ties people together. They remain entangled in suffering and sink deeper in suffering.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Karmic relations cause suffering and mutual entanglements, Binding people to each other, they burden their mind and body, With blocked energy, spiritual philosophy can't prevail, Lacking a spiritual consciousness, they live without hope.</i></p>
<p>Atlantic City, 8 November 2001, 9:30 AM Q: <i>What brings the return of human compassion?</i></p> <p>A: Human compassion is restored through honesty and sincerity.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>A sincere soul goes through real transformations, Compassion returns with honesty and deep sincerity, The wise mind develops toward harmony and unity, Spreading compassionate love, we dissipate ignorance and blindness.</i></p>

Atlantic City, 9 November 2001, 8:25 AM

Q: *What brings enlightenment?*

A: Enlightenment comes from the equilibrium of the inner consciousness.

Psalm

*Equilibrium and enlightenment come from the soul,
Through spiritual awakening, wisdom, and knowledge, we
save ourselves,
Fully detached of worldly emotions, we avoid new debts,
With a serene heart, we maintain a balanced mind and
body.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
