



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Compassion

With compassion we build a common path of spiritual progression,
Releasing our impurities, we return to our true nature and transform our
evolution,
Sincere with ourselves, we return to the unique origin,
Developing wisdom and clarity of mind, we dissolve all impurities.

Vi Kien

Baby Tam Talking To You

from 24 November 2001 to 30 November 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What makes up the weapon of love?*
2. *Do transformations in the world have any influence upon the center of energy of the universe?*
3. *Is there any benefit in turning our minds toward the Lord?*
4. *Is there any benefit to return to serenity and spiritual energy?*
5. *What are the benefits of being loyal and trustworthy?*
6. *Is there any benefit for the VoVi practitioner in keeping a serene mind?*
7. *What should we do in order to progress with knowledge and wisdom?*



<p>Atlantic City, 24 November 2001, 5:35 AM Q: <i>What makes up the weapon of love?</i></p> <p>A: The weapon of love is composed of the pure energy of Heaven and Earth which evolves incessantly.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The weapon of love opens its path readily, Let's devote ourselves to spiritual perfection to inspire a fine example, In spite of transformations, the divine energy abounds, Through existence and non-existence, we develop the path of spiritual progression.</i></p>
<p>Atlantic City, 25 November 2001, 8:10 AM Q: <i>Do transformations in the world have any influence upon the center of energy of the universe?</i></p> <p>A: Transformations in the world also influence the center of energy of the universe.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Everywhere, energy reigns in the earthly world, Through the flow of pure energy, we turn within for self-analysis, With an awakened consciousness, we practice calmly to develop a pure body, With a sincere heart, we practice and turn within for self-analysis.</i></p>
<p>Atlantic City, 26 November 2001, 8:30 AM Q: <i>Is there any benefit in turning our minds toward the Lord?</i></p> <p>A: To turn our minds toward the Lord greatly benefits the common cause.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practicing with sincerity, we release our impurities inward and outward, In spite of upheavals, we maintain an unfaltering will, Developing our wise mind, we are determined to study by our own efforts, With a sincere heart, we release our impurities and easily commune with the Lord.</i></p>
<p>Atlantic City, 27 November 2001, 8:10 AM Q: <i>Is there any benefit to return to serenity and spiritual energy?</i></p> <p>A: To return to one's true nature of serenity and one's true nature of spiritual energy means to abandon all intransigence and rivalry in social life and practice the middle path to enter the sphere of energy. Only then will we develop ourselves toward infinity and reach serenity.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Developing our cranial psychic center, our heart and mind are clear and wise, We calmly accept all adversities and sufferings, Thinking of the Buddha and the Lord, we practice without tardiness, Returning to serenity and spiritual energy, we purify our consciousness.</i></p>
<p>Atlantic City, 28 November 2001, 9:00 AM Q: <i>What are the benefits of being loyal and trustworthy?</i></p> <p>A: Loyalty and trustworthiness are essential in order to work for the common benefit.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Those who practice with faith and loyalty advance easily, Social and spiritual matters are judged wisely, Returning to our true origin, we unify our consciousness, Freed of agitation, we turn within for self-analysis.</i></p>

Atlantic City, 29 November 2001, 2:45 AM

Q: *Is there any benefit for the VoVi practitioner in keeping a serene mind?*

A: To keep a serene mind is very beneficial for the VoVi practitioner.

Psalm

*Practicing with diligence, we maintain a serene mind,
Practicing the righteous dharma, we naturally regain our
wisdom,
Advancing on the clear spiritual path, we return to
meditative knowledge,
Helping our soul, we search the path of spiritual progress.*

Atlantic City, 30 November 2001, 2:55 AM

Q: *What should we do in order to progress with knowledge and wisdom?*

A: To progress with knowledge and wisdom, we must truly see ourselves.

Psalm

*Through meditative knowledge, we see our true heart and
true nature,
Returning to true knowledge, we analyze our progression,
Practicing with order and discipline, we advance steadily,
Understanding our soul means to understand our true
nature.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
