



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Self Awakening

Seeing our true soul, we strive to regain serenity and spiritual energy,
Understanding both social and spiritual life, we return to our true nature,
Judging clearly between the pure and impure, we keep improving ourselves,
Determined to attain full detachment, our soul regains inner peace.

Vi Kien

Baby Tam Talking To You

from 1 December 2001 to 7 December 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there any benefit in helping our spiritual progression?*
2. *How do we realize our hope for good results?*
3. *Where does affection come from?*
4. *What does it mean to practice meditation to perfect ourselves?*
5. *Is there any benefit in understanding thoroughly astronomy and geomancy?*
6. *Is there any harm when one lacks clarity of mind?*
7. *How do we transform our karmic forces?*



Atlantic City, 1 December 2001, 3:00 AM

Q: *Is there any benefit in helping our spiritual progression?*

A: It is very beneficial to help our spiritual progression.

Psalm

*With a serene mind, we maintain our will for self-perfection,
With an awakened consciousness, we dissipate our blindness,
Returning to our true soul, we advance heartily,
Developing wisdom and clarity of mind, we turn within for self-perfection.*

Atlantic City, 2 December 2001, 8:20 AM

Q: *How do we realize our hope for good results?*

A: In order to realize our hope for good results, we must practice with diligence and great efforts.

Psalm

*We practice to develop our potential of wisdom,
Opening up our compassionate heart, we see our true nature,
Freed of passion and delusion, we generate good relations,
Practicing meditation with diligence, we are saving ourselves.*

Atlantic City, 3 December 2001, 1:05 AM

Q: *Where does affection come from?*

A: Affection and attachment come from the heart.

Psalm

*Unending affection comes from the heart,
Affectionate habits are caused by the heart's attachments,
Facing our own challenges, we should awaken our consciousness,
Keeping a profane heart will inevitably create new karmic relations.*

Atlantic City, 4 December 2001, 1:10 AM

Q: *What does it mean to practice meditation to perfect ourselves?*

A: By practicing meditation with diligence, we enable our soul to evolve further.

Psalm

*Releasing our sorrow and worries, we evolve further,
Returning to our spiritual level, we brighten our spirit,
Attaining equilibrium, we are reborn into a new life,
Freed of agitation, our mind is discerning and flexible.*

Atlantic City, 5 December 2001, 11:20 AM

Q: *Is there any benefit in understanding thoroughly astronomy and geomancy?*

A: To understand astronomy and geomancy thoroughly is very beneficial for the meditation practitioner.

Psalm

*By developing our spiritual mind, we naturally attain wisdom,
Advancing on the social and spiritual paths, we work for our spiritual salvation,
Awakening our true soul, we gain true knowledge,
With a balanced social and spiritual life, we thoroughly understand our true nature.*

Psalm

*Without a clear mind, they ignore the path of true knowledge,
Inflicting suffering upon themselves, they are unable to turn within for self-analysis,
Encountering adversities on the social path, their mind becomes wicked,
Burdened by suffering, their mind cannot analyze things clearly.*

Atlantic City, 6 December 2001, 9:30 AM
Q: *Is there any harm when one lacks clarity of mind?*

A: In this earthly world, to lack clarity of mind can cause great harm.

Psalm

*The law of cause and effect generates karmic forces,
Those who stagnate in their spiritual practice only suffer with their mind and body,
Causing evil and harm to others, they cannot make progress,
Failing to develop themselves spiritually, their mind stays obscured.*

Atlantic City, 7 December 2001, 10:30 AM
Q: *How do we transform our karmic forces?*

A: Karmic forces are hidden in the soul and astral body.



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Questions and Answers about the 2002 VoVi International Congress "Weapon of Love"

1) *What kind of sightseeing is there in Houston?*

In the city of Houston, you can visit the NASA Space Center, the Galleria Shopping center, many museums, the Houston Zoo etc. In Galveston, which is about 1 hour 45 minutes drive from Houston, you can visit the Moody Gardens with the Aquarium, the IMAX theatre, and even go to the beach if the weather is warm.

Houston also has a large Chinatown area (HongKong4) about 45 minutes from the Hotel. This Chinatown is as large as the Bolsa area in Los Angeles with many restaurants where you can taste authentic Vietnamese cuisine. There is also an old Vietnamese quarter with street names like Nguyen Hue, Ham Nghi, etc, which will remind you of the city of Saigon.

2) *Do the Registration Fees for the VoVi Congress include meals?*

The registration fees cover 12 meals as follows:

- On the 3 days of VoVi Congress: 31 Oct, 1-Nov and 2-Nov: 3 meals per day at the Hotel (breakfast, lunch and dinner)
- 3-November: Spiritual concert day: Breakfast will be served at the Hotel We currently plan to transport people to the Chinatown area, where you can have meals on your own. Details to be specified later in the Congress guide.
- 4-November: The celebration of the birthday of Master Tam. Breakfast and dinner will be provided. Lunch will be on your own.

Note: Those who book for early arrival before 31 October or who stay after 4-November: The hotel prices include room charges and taxes only, without breakfast.

3) *If there are no more executive king suites, will there still be rooms for quadruple occupancy?*

In order to provide greater comfort to our VoVi friends, we have suggested that you register early and select the Executive King Suite which include 1 King sized bed and 1 full size Sofa bed for triple or quadruple occupancy. However, the remaining rooms are Standard Double rooms with 2 full size beds and can still accommodate 4 people (if they are not too large).

Many thanks for your attention,

The Organization Committee for International VoVi Congresses