

# The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

# **Universal Harmony**

Universal harmony will save the world – we turn within to analyze our own nature.

As our wisdom develops, peace prevails with the practice of the dharma, Understanding the spiritual path, we cut all our attachments, Developing our true spiritual heart, we attain peace with the dharma.

Vi Kien

# **Baby Tam Talking To You**

from 8 December 2001 to 14 December 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

#### **Questions**

- 1. Is there any harm when one is surrounded by dark energy?
- 2. Is there any benefit in thoroughly understanding astronomy and geomancy?
- 3. Is there any benefit in practicing the righteous dharma?
- 4. What does it mean when transformations are infinite?
- 5. What task is the main task?
- 6. Why will those who fail to perfect themselves spiritually eventually cause wars?
- 7. What should we do in order to practice in a correct way?



#### Atlantic City, 8 December 2001, 10:45 AM

Q: Is there any harm when one is surrounded by dark energy?

A: Being surrounded by dark energy can cause great harm.

#### **Psalm**

The blood circulation no longer flows harmoniously, It now generates dark energy,

The skin color changes and shows the lack of harmony, With internal conflicts, energy cannot flow harmoniously.

#### Atlantic City, 9 December 2001, 10:00 AM

Q: Is there any benefit in thoroughly understanding astronomy and geomancy?

A: A spiritual adept who thoroughly understands astronomy and geomancy will gain great benefits. He will clearly see his spiritual path.

#### **Psalm**

On the spiritual path, we awaken our consciousness and perfect ourselves,

Releasing our sorrow and worries, we attain selfknowledge,

With a wise mind, we clearly judge social and spiritual matters.

Developing our wisdom, we turn within for self-analysis.

# Atlantic City, 10 December 2001, 6:55 AM

Q: Is there any benefit in practicing the righteous dharma?

A: There are great benefits in practicing the righteous dharma.

#### **Psalm**

Practicing the righteous dharma, we enlighten our heart and mind.

Practicing meditation with diligence, we clearly see our progress,

As our spiritual heart develops, we encounter the wonderful divine opportunity,

Unifying true divine love, our mind keeps expanding.

# Atlantic City, 11 December 2001, 7:40 AM

Q: What does it mean when transformations are infinite?

A: Infinite transformations mean that there is no border.

# **Psalm**

Practicing with sincerity, we divide ourselves into numerous spiritual entities,

Balancing social and spiritual life, we advance gradually, Releasing passion and intransigence, we understand better spirituality,

Harmonizing with the heavenly scenes, we turn within for self-study.

# Atlantic City, 12 December 2001, 3:50 AM

Q: What task is the main task?

A: To develop ourselves spiritually is the main task.

# **Psalm**

Returning to our original and serene nature is the main path,

Awakening our consciousness, we enlighten our mind and correct our character,

Unifying with the pure energy, we reach self-awakening, Practicing with diligence and sincerity, we clearly see our path.

### Atlantic City, 13 December 2001, 6:25 AM

Q: Why will those who fail to perfect themselves spiritually eventually cause wars?

A: Those who fail to perfect themselves spiritually will fight against each other because of rivalries and intransigence about unnecessary matters.

#### **Psalm**

Those who practice with sincerity will progress and succeed,

On the contrary, they only harm each other for lack of wisdom.

With a difficult character, they complicate things and cause more agitation,

Those who perfect themselves with sincerity will gain spiritual energy.

# Atlantic City, 14 December 2001, 4:00 AM

Q: What should we do in order to practice in a correct way?

A: In order to practice in a correct way, we must practice with continuity.

#### **Psalm**

Practicing with diligence, we brighten our mind and spiritual heart,

Leaving the sphere of impurities, we advance steadily, Reaching enlightenment, we return to our true nature, Practicing diligently, we turn to the Lord with sincerity.



Translated by Xuan Mai

### Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.