



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Wisdom

With a thorough practice, we'll meet the Lord and the Buddha,
It is most important to perfect ourselves spiritually by our own efforts,
Developing our true soul without being agitated,
We practice and advance on our own, analyzing ourselves gradually.

Vi Kien

Baby Tam Talking To You

from 29 December 2001 to 4 January 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What is the Great Way of the Middle Path?*
2. *What does it mean to live in harmony?*
3. *What causes karmic debts and relations?*
4. *What is special in the sphere of celestial middle?*
5. *Where do spiritual opportunities find a stronghold?*
6. *Why do humans need to be loyal and honest?*
7. *What should we do in order to achieve great joy in both social and spiritual life?*



<p>Houston, 29 December 2001, 7:40 AM Q: <i>What is the Great Way of the Middle Path?</i></p> <p>A: To achieve the Great Way of the Middle Path means to be able to relate with the center of energy of the universe.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Advancing on the Middle Path, we progress incessantly, The Great Way shows the path of enlightenment clearly, As the soul develops infinitely, the consciousness awakens, Practicing the true dharma thoroughly, we turn within for self-study.</i></p>
<p>Louisiana, 30 December 2001, 5:05 AM Q: <i>What does it mean to live in harmony?</i></p> <p>A: To live in harmony means to achieve equilibrium in one's inner consciousness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>To live in harmony with Heavean and Earth, We awaken our mind and body, and vow to contribute our share, With a wise mind, we develop our spiritual potential, Gradually we analyze ourselves to enlighten our mind and perfect our character.</i></p>
<p>Louisiana, 31 December 2001, 7:00 AM Q: <i>What causes karmic debts and relations?</i></p> <p>A: Karmic debts and relations are accumulated from anterior lives. Therefore, they are called "karmic forces".</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Following karmic forces, they expose their greediness, We should turn inward and practice to see the attachments of our profane heart, It is indisputable that debts must be paid, One must accept what one has sowed in the past.</i></p>
<p>Houston, 1 January 2002, 6:45 AM Q: <i>What is special in the sphere of celestial middle?</i></p> <p>A: The sphere of celestial middle has light and pure sceneries.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>The sphere of the celestial middle is open and clear, In an orderly world, the pure and impure are obvious, In a clear manner, we unify with true divine love, Perfecting our spiritual mind, we are serene and free of illusions.</i></p>
<p>Houston, 2 January 2002, 6:55 AM Q: <i>Where do spiritual opportunities find a stronghold?</i></p> <p>A: Spiritual opportunities are formed in the sphere of celestial middle.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>The center of spiritual energy is void of delusion, Learning continuously, there is no lament, In the brilliant heavenly sphere, there is no agitation, Practicing with perseverance, we are free of delusion.</i></p>
<p>Houston, 3 January 2002, 2:55 AM Q: <i>Why do humans need to be loyal and honest?</i></p> <p>A: Humans need to be loyal and honest in order to establish order in society.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>It is essential to be honest and sincere, Learning incessantly, we perfect ourselves for self-advancement, To build our spiritual potential, we act kindly, With a sincere heart, we follow the divine guidance to return to our true position.</i></p>

Houston, 4 January 2002, 7:05 AM

Q: What should we do in order to achieve great joy in both social and spiritual life?

A: In order to achieve great joy in both social and spiritual life, we must practice the Vo-Vi method and cultivate a high spirit of service.

Psalm

*Practicing with diligence, we work for the great common
cause,
Seeking to release our impurities, we naturally return to
serenity,
Through a diligent practice, we awaken our true
consciousness,
Developing ourselves with a thorough practice, our
awakened soul overcomes all darkness.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
