

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Thorough understanding

Closing our eyes and listening, we advance on the spiritual path,
Harmonious and lively, our mind and body become compassionate,
Performing our social and spiritual duties, we advance with a wise mind,
Releasing sorrow and worries, we understand instantly.

Vi Kien

Baby Tam Talking To You

from 5 January 2002 to 11 January 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1. How does the weapon of love evolve?
- 2. Is there any benefit to spread love everywhere in the world?
- 3. Why is a meditation practitioner still unable to detach himself?
- 4. What creates compassion?
- 5. Is it true that we'll be able to resolve all matters through love and forgiveness?
- 6. What does it mean to achieve pureness and the sublime?
- 7. What does it mean to develop our mind and wisdom?



Louisiana, 5 January 2002, 6:04 AM

Q: How does the weapon of love evolve?

A: The weapon of love evolves from the supernatural.

Psalm

The weapon of love exists within ourselves, Through lessons in this earthly world, we practice humbleness.

Everybody in this world has greedy desires, Through constant rebirths, we evolve in the peaceful world.

Houston, 6 January 2002, 4:50 AM

Q: Is there any benefit to spread love everywhere in the world?

A: Humanity will gain great benefits when love is spread out everywhere in the world.

Psalm

Love is spread out everywhere in the world, Eradicating greediness and anger, we help everywhere, In this temporary world, we accept to practice within suffering,

Through practice, we advance and ascend in silence.

Houston, 7 January 2002, 4:00 AM

Q: Why is a meditation practitioner still unable to detach himself?

A: A meditation practitioner is still unable to detach himself because he is still attached to worldly matters.

Psalm

Why do they meditate without being able to detach themselves.

Attached to the earthly world, they like discussions, Failing to fulfill the great vow, their mind is agitated, With a sincere heart, we release our impurities to overcome inner and outer obstacles.

Dallas, 8 January 2002, 3:05 AM

Q: What creates compassion?

A: Love and forgiveness generate compassion.

Psalm

Learning compassion and practicing compassion, We understand heaven and earth, and turn within for selfstudy.

With our innate kindness, we advance spiritually, Learning continuously, we are free of worries.

Dallas, 9 January 2002, 5:10 AM

Q: Is it true that we'll be able to resolve all matters through love and forgiveness?

A: Love and forgiveness are the roots for building our compassion.

Psalm

Love and forgiveness are the root of compassion, Advancing toward purity and lightness, we persevere and observe.

The path of progression is clearly defined, Achieving pureness and the sublime, we turn within for self-study.

Dallas, 10 January 2002, 4:25 AM

Q: What does it mean to achieve pureness and the sublime?

A: To achieve pureness and the sublime means to liberate oneself from earthly attachments.

Psalm

The soul leaving the body, we keep practicing with diligence,

With an awakened consciousness and a wise mind, we advance on our own,

As our mind enlightens, we silently awaken our consciousness,

With a light and pure soul and astral body, we reach the sphere of the supernatural.

Dallas, 11 January 2002, 8:10 AM

Q: What does it mean to develop our mind and wisdom?

A: To develop our mind and wisdom means that we'll be able to understand many matters thoroughly.

Psalm

To advance with steadiness, we must develop our mind and wisdom,

Developing our soul, we help ourselves to regain compassion,

With clarity of mind, we resolve both social and spiritual duties.

Achieving lightness and purity, our soul and astral body live in serenity.



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.