



The Life Energy Development Weekly

24 March, 2002

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Published in concurrence with The Viet LED Weekly 351

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Harmonization

Uniting mind and body, we return to purity and lightness,
Turned to the Lord, all spheres harmonize their colors and nuances,
Unified with our true soul, we return to our origin,
Understanding our soul and astral body, we know no more suffering.
Vi Kien

Baby Tam Talking To You

from 19 January 2002 to 25 January 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What should we do to reach the sphere of Buddha?*
2. *Is spiritual reunion beneficial?*
3. *Does a spiritual adept gain any benefit from nurturing his sensuous character?*
4. *What does "pure and pure" mean?*
5. *Is there any benefit in being loyal and trustworthy?*
6. *Does development of the earth fluctuate?*
7. *Where does light shine from?*



<p>Houston, 19 January 2002, 4:00 AM Q: <i>What should we do to reach the sphere of Buddha?</i></p> <p>A: To reach the sphere of Buddha, we must practice the spiritual method with diligence and perseverance.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With diligence and perseverance, we practice thoroughly, When the righteous energy flows freely, we are free of disturbances, Ascending higher, we develop the righteous path, Practicing continuously, we purify our own energy.</i></p>
<p>Dallas, 20 January 2002, 9:20 AM Q: <i>Is spiritual reunion beneficial?</i></p> <p>A: Spiritual reunion has great benefits for all.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With a sincere heart, we respect those who have faith in the Lord, Everywhere, we have the opportunity to resolve social and spiritual matters, As faith develops, we return to our true origin, Understanding both social and spiritual life, we turn within for self-analysis.</i></p>
<p>Dallas, 21 January 2002, 10:10 AM Q: <i>Does a spiritual adept gain any benefit from nurturing his sensuous character?</i></p> <p>A: A meditation practitioner who nurtures his sensuous character will only harm himself and hinder his spiritual progress.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Spiritual adepts who give in to sensuality only harm themselves, With an obscure mind, they become more agitated, Blinded by passions, they keep developing their ignorance, With a restless mind, they run in circles.</i></p>
<p>Dallas, 22 January 2002, 9:00 AM Q: <i>What does "pure and pure" mean?</i></p> <p>A: "Pure and pure" means a brilliant sky.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>The sky is clear, pure, serene and bright, The wind blows breezily, the moon is bright, while we perform the cyclical breathing, The air is pure and filled with calmness, Well-balanced, we feel lightness and purity inward and outward.</i></p>
<p>Dallas, 23 January 2002, 7:15 AM Q: <i>Is there any benefit in being loyal and trustworthy?</i></p> <p>A: Being loyal and trustworthy is very beneficial for all.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Loyal and trustworthy, we build unity to advance together, With warmth and love, we return to our true origin, It is essential to practice with diligence and sincerity, With a clear and wise mind, we turn within for self- analysis.</i></p>

<p>Atlantic City, 24 January 2002, 10:00 AM <i>Q: Does development of the earth fluctuate?</i></p> <p>A: The development of the earth fluctuates with the directions determined by Heaven and Earth.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Relations among heaven and earth require harmony, Solving matters with clarity, we see our progress clearly, It is essential to keep our great vow, Perfecting ourselves spiritually, we help to purify our heart.</i></p>
<p>Atlantic City, 25 January 2002, 3:05 AM <i>Q: Where does light shine from?</i></p> <p>A: Light shines from the sphere of serenity.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Light shines from the sphere of serenity, With true compassion, social and spiritual matters are resolved thoroughly, We return to our true origin from the sphere of emptiness, When serenity prevails, the true dharma appears.</i></p>



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.