



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.vovi.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Attachment

As our consciousness evolves, we see our attachment to social life,
When social and spiritual matters are clearly resolved, we understand
instantly,
Awakening our heart and spirit, we dedicate ourselves to the dharma,
Awakening our mind and body, we have the opportunity for infinite guidance.
Vi Kien

Baby Tam Talking To You

from 26 January 2002 to 1 February 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is it true that light will project out when the mind is serene?*
2. *What will happen as the whole world undergoes transformations?*
3. *What causes a degradation of the spiritual mind?*
4. *Is there any benefit to repent one's mistakes and to perfect oneself spiritually?*
5. *What does it mean "to be demoted"?*
6. *What does it mean when the strong tiger cannot conquer a troop of foxes?*
7. *What forms the weapon of love?*



Psalm

*Light comes naturally when one reaches serenity,
With one's own efforts, one achieves the state of
pureness,
Clearly balancing social and spiritual life, one advances
on the bright path,
Harmonizing with heaven and earth, good opportunities
will abound.*

Atlantic City, 26 January 2002, 5:20 AM

Q: Is it true that light will project out when the mind is serene?

A: When the mind is serene, light will project out and the eyes will be bright.

Psalm

*The flow of energy is uneven because of disharmony,
The whole world worries for lack of agreement,
Agitation increases with conflicting thoughts,
Unable to practice, they can't reach the goal with their
unbalanced energy.*

Atlantic City, 26 January 2002, 6:00 AM

Q: What will happen as the whole world undergoes transformations?

A: The whole world undergoes transformations because the energy flow is irregular.

Psalm

*Agitation reduces the clarity of the spiritual mind,
Without a clear understanding of the spiritual path, it is
difficult to practice righteously,
When spiritual practice does not unblock the energy, we
gain no result and lack knowledge and wisdom,
In order to dissipate worries and sorrow, we have to
detach ourselves from profane emotions.*

Atlantic City, 27 January 2002, 8:50 AM

Q: What causes a degradation of the spiritual mind?

A: The spiritual mind degrades to a lower level because of agitation.

Psalm

*Turned within, we see our consciousness and repent our
mistakes,
Releasing our sorrow and worries, we save ourselves,
Sufferings are now gone, and we can save ourselves,
Practicing the true dharma, we now understand true love.*

Atlantic City, 28 January 2002, 12:00 AM

Q: Is there any benefit to repent one's mistakes and to perfect oneself spiritually?

A: To repent one's mistakes and to perfect oneself spiritually brings great benefits, and one will be able to save oneself.

Psalm

*When the energy is low, both mind and body are restless,
They practice the true dharma without any understanding,
Unable to progress on the spiritual path, they encounter
more sufferings,
Hindered on the spiritual path, they only harm themselves.*

Atlantic City, 30 January 2002, 12:30 AM

Q: What does it mean "to be demoted"?

A: To be demoted means the energy of our head becomes lower each day, and more and more worries are assailing us.

<p>Atlantic City, 31 January 2002, 6:15 AM <i>Q: What does it mean when the strong tiger cannot conquer a troop of foxes?</i></p> <p>A: The strong tiger cannot conquer a troop of foxes means that no power can overcome the great majority.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>A strong tiger cannot conquer a troop of agitated foxes, The world is limited and we must accept the laws, Everybody must follow the path of evolution, Whether social or spiritual matters, with the dharma, we'll be able to resolve everything.</i></p>
<p>Atlantic City, 1 February 2002, 12:10 AM <i>Q: What forms the weapon of love?</i></p> <p>A: The weapon of love is formed by patience and humbleness, and sacrifice.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>We clearly see the original principle of service and sacrifice, The Lord grants us His Blessings so we can contribute our part, We now have the good opportunity to learn, Subject to the law of birth and reincarnation, we must accept the cycle of suffering.</i></p>



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.