



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

True Consciousness

When our true consciousness awakens, we practice thoroughly and
progress,
With positive thinking, we build unity and kindness,
Spiritual virtue helps our soul avoid decadence,
As our compassion develops, we naturally regain our benevolence.
Vi Kien

Baby Tam Talking To You

from 2 March 2002 to 8 March 2002

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *What is a branch of meditation?*
2. *What does it mean to have an opportunity for spiritual cultivation?*
3. *How does the law of cause and effect manifest itself?*
4. *How does one cure man's greediness?*
5. *Why do humans have to experience greediness and sensuality with their bodies?*
6. *Why do people always want to win?*
7. *Is there any benefit in wars and killings?*



Psalm

*Analyzing the principles of the method, we enlighten our mind,
Practicing with sincerity, we'll discover true compassion,
With a serene heart, we cultivate quietude to return to the true origin,
Developing true love, we'll truly comprehend the dharma.*

Monaco, 2 March 2002, 3:57 AM
Q: *What is a branch of meditation?*

A: A branch of meditation is characterized by the principles of that meditation method.

Psalm

*Tired of the old environment, we must turn to spiritual perfection,
Through spiritual awakening, we understand that the earthly world is imprisonment,
Due to agitation and errors, we lost control of our true soul,
Blinded by passions and errors, we remain ignorant.*

Monaco, 3 March 2002, 8:35 AM
Q: *What does it mean to have an opportunity for spiritual cultivation?*

A: To have an opportunity for spiritual cultivation means that the individual has encountered enough suffering to be tired of his old environment, and he wants to dedicate himself to spiritual perfection.

Psalm

*Cruelty brings unsettled consequences,
Ridden by disease, they cannot be cured and encounter accidents,
With an obscure soul and astral body, there is no way to escape,
As their body takes in impurities, their mind cannot think clearly.*

Monaco, 4 March 2002, 2:05 AM
Q: *How does the law of cause and effect manifest itself?*

A: The law of cause and effect manifests itself through unsettled consequences.

Psalm

*A greedy heart harms man's mind and spirit,
The body granted by the Lord does not enjoy vivacity,
With an agitated mind, one sows cruelty with one's own hands,
As greediness erupts, one no longer knows any joy.*

Monaco, 5 March 2002, 3:40 AM
Q: *How does one cure man's greediness?*

A: In order to control man's greediness, one must wait for transformations of the celestial mechanism. Only then will man have the opportunity to attain detachment and to cultivate himself spiritually through his own efforts.

Psalm

*Greediness and sensuality generate rebirths and karmic debts,
One must learn on earth the law of brother and sister,
Through spiritual achievement, we'll have the opportunity for infinite guidance,
Practicing with our own efforts, we learn from life's constant rebirths.*

Monaco, 6 March 2002, 2:55 AM
Q: *Why do humans have to experience greediness and sensuality with their bodies?*

A: The human body must accumulate greediness and sensuality in accordance with the law of constant rebirths.

Monaco, 7 March 2002, 9:25 AM

Q: *Why do people always want to win?*

A: People always want to win because their eyes look forward, while their mind and wisdom look for expansion.

Psalm

*With balance and harmony, we'll advance and overcome
all difficulties,
With a clear and wise mind, we'll feel inner harmony,
Balancing social and spiritual duties, we practice to
advance on the path,
The whole universe develops from close to afar.*

Monaco, 8 March 2002, 3:10 AM

Q: *Is there any benefit in wars and killings?*

A: Wars and killings have no material benefit. Wars only destroy both spiritual and material values.

Psalm

*Wars bring destruction everywhere,
Minds and bodies go against the divine will,
Causing suffering to each other, our hearts are deeply
touched,
Sorrow and worries shadow matters everywhere.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date
